

SYLLABUS DEL CORSO

Approccio Riabilitativo al Paziente Emiplegico Adulto. Concetto Bobath

2526-3-I0201D023

Aims

To introduce students in a neurological rehabilitation perspective, where the therapeutic goal is to optimize the function through the selective recovery of movement and postural control. To learn new techniques and hone the skill to facilitate such recovery

Contents

The course will present the Bobath concept applied in stroke patient assessment and treatment

Detailed program

Introduction to the Bobath concept. Central mechanisms of postural control. Principles of treatment: facilitation, placing, guiding, key points. References to the sequences of movement in the normal range. Acute phase: the concept of the 24 hours treatment. Considerations on the trunk and research activities of selective upper and lower trunk. Step supine / seated and work on the trunk in a sitting position. Steps wheelchair bed and sitting standing. Standing and walking. Encourage the recovery of arm and hand while minimizing associated reactions: activity in closed and open kinetic chain.

Prerequisites

No

Teaching form

Frontal teaching 2h
interactive teaching - clinical practice activity 4h

Textbook and teaching resource

Handouts and slides

Semester

Second semester

Assessment method

Group Project work

Office hours

by appointment
antonella.martinelli@unimib.it

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY
