



UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA

## **COURSE SYLLABUS**

### **Psychomotor Therapy Group**

2526-3-I0202D025

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#### **Aims**

Provide students with knowledge of the methods of group formation, structure of setting and on leading a group in group neuropsychomotor therapy

#### **Contents**

Methodology of forming therapy groups. Setting and methodology in group psychomotor therapy

#### **Detailed program**

The formation of groups. The importance of functional diagnosis and defining the developmental level in forming therapy groups. Methodology in group therapy.

#### **Prerequisites**

Internship experience of the 2nd year and the first part of the 3rd year

Contents of the Psychomotor and Rehabilitation Sciences exam 2

Know how to draw up a neuropsychomotor evaluation protocol and an individual rehabilitation program

## **Teaching form**

The course is divided into 2 meetings of 2 hours and 1 meeting of 4 hours. The lessons take place both in didactic mode (frontal lessons) and in interactive mode (viewing of video-recorded material, interactive group work, final group discussion).

## **Textbook and teaching resource**

G.P. Quaglini, S. Casagrande, A. Castellano, Gruppo di lavoro lavoro di gruppo, Raffaello Cortina Ed.

Donatella Valente a cura di, Fondamenti della Riabilitazione in Età Evolutiva, Carocci Ed.

La Rocca, Pedagogia Speciale, Erickson Ed.

## **Semester**

Third year second semester

## **Assessment method**

Frequency

## **Office hours**

The teacher receives by appointment  
e-mail address: [alessandra.provasoli@unimib.it](mailto:alessandra.provasoli@unimib.it)

## **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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