



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Stage 3

2526-3-I0301D016

Aims

The student should learn:

- Assist the colleagues or the dental personnel
- describe the dental chair and prepare it,
- sterilize the instruments and give the instruments required for the hygienical performance
- Fill in the clinical folder/charting and PS , under the supervision of an upper-level colleague or tutors
- Recognise the instruments for the hygienical performance
- Approaching to the patient
- Maneuvers of prevention and maintenance of orala hygiene

Programming a plan of treatment

Contents

The student should learn:

- The contents of a medical record and how to fit it
- Assist the colleague during the maneuvers of hygiene

- Ergonomics practical and theory
- Manual instrumentation for mechanical therapy (not surgical)
- To check the oral cavity of the patient (dental elements, mucosa)
- To perform a periodontal examination
- To draw up a plan of treatment
- To communicate with the patient, educate and motivate him on a proper home oral hygiene
- Execution protocol of debridement
- Execution protocol of root planing
- Execution protocol of dental sealing
- Execution protocol of application of fluoridated gel
- Protocol of treatment of periodontal diseases
- Guidelines of oral hygiene in surgical, orthodontic, pediatric, geriatric and special-needs patient

To alongside colleagues in the first year and to educate them on the approach to the patient and on the filling in of medical record

Detailed program

At the end of the third year of the course the student must be able to:

FIRST SEMESTER

- demonstrate progressive autonomy in managing the oral hygiene therapeutic plan;
- demonstrate progressive autonomy in instrumentation;
- recognize risk factors in patients undergoing oral hygiene therapy;
- know the care plans relating to the various systemic pathologies with impairment of the oral cavity;
- apply suitable pre- and post-surgical therapies (implantology, maxillofacial, oral surgery)
- demonstrate progressive autonomy in the realization of professional skills regarding the prevention of oral cancer;
- demonstrate progressive autonomy in carrying out oral hygiene counselling;
- know how to evaluate the effectiveness of the care provided;
- identify the contextual situations that may constitute the object of interest for research in the dental hygienist profession.

SECOND SEMESTER

- acquire full autonomy for the profession of dental hygienist;
- know how to program oral hygiene reminder intervals based on the patient's needs;
- know the legal and administrative requirements regarding the profession as an employee or freelancer;
- know how to prepare a correct and complete CV.

Prerequisites

Teaching form

The practical lessons are followed by tutors or dental personnel. Cases of patients are discussed during the briefing

Textbook and teaching resource

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

Wilkins Esther, Clinical Practice of Dental Hygienist PICCIN

Semester

Single year (october- september)

Assessment method

Written, oral and practical

Office hours

Tuesday and Friday from 8.30 A.M. to 12.00 A.M. sending email to fix the appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
