

# UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

# SYLLABUS DEL CORSO

# Standard Europei per le Midwifery Units

2526-1-K0101D209

#### **Aims**

The aim of the course is to analyze the MIDWIFERY UNIT STANDARDS document by promoting active reflection for the optimization of clinical and organizational professional skills that support the implementation of organizational models associated with optimal outcomes such as the midwifery management of units, in accordance with recent national and regional regulations.

#### Specifically:

# Knowledge and Understanding

The student gets a comprehensive knowledge of the Midwifery Unit Standards, including their principles, aims, and structural, organizational, and care criteria. The student will understand the national and regional guidelines pertaining to the establishment of Midwifery Units in Italy, concerning maternal and neonatal health outcomes and the improvement of maternity care pathways.

#### Applied Knowledge and Understanding

The student will apply acquired knowledge to critically evaluate the implementation of Midwifery Units in Italy, identifying factors that facilitate the adoption of organizational models focused on midwifery-led care and consistent with international standards, thus enhancing quality and safety in maternity care.

#### **Independent Judgment**

The student develops the capacity to critically assess evidence pertaining to the outcomes linked to Midwifery Unit models, articulating well-founded judgments concerning the suitability of these organizational models across various care environments and in relation to available resources, thereby facilitating evidence-based and regulation-informed professional decision-making.

#### **Communication Skills**

The student will effectively communicate with the multidisciplinary team, women, and

families, clearly conveying the significance of Midwifery Unit models and their standards, while facilitating the dissemination of organizational decisions intended to improve care quality and respect maternal preferences.

#### **Learning Skills**

The student will acquire the capacity to autonomously refocus their understanding of standards and evidence pertinent to Midwifery Units, synthesizing theoretical knowledge with case analysis and practical experiences, thereby augmenting organizational and clinical competencies to facilitate the adoption of innovative midwifery-led care models within healthcare services.

#### **Contents**

Definition of Midwifery Unit. Midwifery care philosophy. European standards and their use.

# **Detailed program**

Themes and Standards of the Midwifery Units. Definition of Midwifery Units. European standards. Description of the 10 themes that make up the Standards. Methodology for the creation of Midwifery Units Standards.

#### **Prerequisites**

none

# **Teaching form**

Lectures are conducted mainly in lecture mode (frontal lectures) with the inclusion of some interactive activities (individual and/or group exercises, teaching videos, guided discussions). Lectures are held in presence.

#### Textbook and teaching resource

Midwifery Unit Network. Standard Europei per le Midwifery Units. European Midwives Association

#### **Semester**

annuale

# **Assessment method**

Frequency

# Office hours

In agreement with the lecturer

# **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY