

## UNIVERSITÀ DEGLI STUDI DI MILANO-BICOCCA

### SYLLABUS DEL CORSO

# Laboratorio per la Prova Finale - Turno A - Sostenibilità e Futuro del Lavoro Sociale

2526-2-F8701N033-F8701N023M-TA

#### Learning objectives

The workshop aims to explore the relationship between the theoretical and operational framework of sustainability and social work, fostering a multidisciplinary approach and the adoption of new strategies for social work practice.

With reference to the Dublin Descriptors:

Knowledge and Understanding: Students will gain insight into ongoing social transformations and the key challenges they pose to social work, with a focus on sustainability and innovation in professional practices. The relevance of a multidisciplinary and holistic approach—both in problem analysis and intervention planning—will be emphasized, particularly through the lens of the Sustainable Development Goals (SDGs).

Applied Knowledge and Understanding: Through discussions with instructors and hands-on group activities, students will develop skills in using sustainability assessment and design tools adapted to professional contexts, bridging theory and practice. They will also familiarize themselves with data collection/sharing platforms and key databases.

Independent Judgment: The workshop encourages critical reflection, enabling students to autonomously analyze social change dynamics and their implications for professional social work. Group work will help students derive evaluation criteria and analytical frameworks from theory and case studies, applying them to practical scenarios. Communication Skills: Students will enhance their ability to communicate clearly and build complex arguments, including through group presentations.

Learning Skills: The course promotes autonomous learning, research aptitude, and openness to interdisciplinary dialogue.

#### **Contents**

The workshop explores social change trends and their impact on social work, focusing on assessment tools for evaluating sustainability in projects and professional practices. The program combines lectures and group

activities.

#### **Detailed program**

The workshop consists of two interconnected parts: social challenges and sustainability tools.

On one hand, it will reflect on some of the main challenges that social change poses for social work: demographic shifts, generational transitions, global crises and new forms of vulnerability, gender inequalities, violence against women, and new technologies.

On the other hand, it will examine methods for integrating sustainability into social work practice, emphasizing the SDG framework and project impact measurement. Activities include training in open-science-compliant software and databases.

#### **Prerequisites**

Basic knowledge of sociology and social research methodology.

#### **Teaching methods**

- Lectures (40%): Topics will be introduced by the instructors through lectures and slide presentations; seminars with experts are planned.
- Interactive Learning (60%): Students' discussions, synthesis and comparison of materials, and development of a final project.

#### **Assessment methods**

Completion of the workshop will be assessed based on students' participation and contributions during the meetings. Attendance is required for at least 75% of classes, corresponding to a minimum of 18 out of the 24 total hours. Participation in both the first and the final meeting is strongly recommended; the final session will include the presentation of the group project, which will be carried out in groups of up to three students. In each meeting, students' understanding, critical reflection, and ability to articulate the concepts discussed will be evaluated.

#### **Textbooks and Reading Materials**

A list of readings will be provided during the first workshop meeting.

#### **Sustainable Development Goals**

GENDER EQUALITY | SUSTAINABLE CITIES AND COMMUNITIES | PEACE, JUSTICE AND STRONG