



**UNIVERSITÀ  
DEGLI STUDI DI MILANO-BICOCCA**

## **SYLLABUS DEL CORSO**

### **Internato in Reparto di Gnatologia 1**

2627-3-H4601D062

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#### **Aims**

To learn the basic skills to approach the athlete in an interdisciplinary way, with particular attention to the functional, traumatological, management of the oral ecosystem and performance

#### **Contents**

The functional and metabolic aspects characteristic of the stresses to which an athlete is subjected are analyzed, from the traumatological, gnathological, preventive, and performance point of view.

#### **Detailed program**

Sports history, clinical examination, stomatognathic function, joint pathology, muscular disharmony, descending and extra-abnormal interferences, instrumental evaluations, mouthguards, bite, management of the oral ecosystem, hydration and nutrition, performance aspects, management of the patient with facial trauma

#### **Prerequisites**

#### **Teaching form**

lecture with slides

### **Textbook and teaching resource**

Odontoiatria e Sport, E. Spinass et al. , Edi Ermes

### **Semester**

Second semester

### **Assessment method**

Constant and participatory attendance of the course.

### **Office hours**

Thursday morning and Friday afternoon

### **Sustainable Development Goals**

GOOD HEALTH AND WELL-BEING

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