



**UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA**

SYLLABUS DEL CORSO

Reumatologia

2627-3-H4101D260-H4101D067M

Aims

- To learn the epidemiology of the main rheumatological diseases.
- To recognize the main signs and symptoms of rheumatological diseases.
- To interpret and critically evaluate the results of laboratory and imaging tests for diagnosis and monitoring.
- To acquire notions on the prognosis and on the measurement of the disease outcomes.
- To apply the knowledge acquired in the differential diagnostic reasoning of the principal rheumatological clinical presentations.
- To acquire notions on the pathogenetic basis of the therapy.

Contents

RHEUMATOLOGY

- Classification of rheumatic diseases.
- Elements of semeiotics (joint physical examination, laboratory tests, imaging).
- Inflammatory arthropathies, connective tissue diseases, vasculitis: epidemiology, clinical pictures, laboratory and instrumental investigations, diagnostic/ classification criteria, prognosis and pathophysiological basis of therapy.

Detailed program

RHEUMATOLOGY

- Introduction to rheumatology and classification of rheumatic diseases

PRIMARY ARTHRITIS

- Rheumatoid arthritis
- Axial and peripheral spondyloarthritis

CRYSTAL ARTHROPATHIES

- Gout
- Calcium Pyrophosphate Crystal Arthropathy (CPPD)

CONNECTIVE TISSUE DISEASES

- Systemic Lupus Erythematosus
- Systemic Sclerosis
- Dermatomyositis, Polymyositis and other inflammatory myopathies
- Undifferentiated connective tissue disease, mixed connective tissue disease and overlap syndromes
- Sjogren's syndrome
- Anti-phospholipid antibody syndrome

SYSTEMIC VASCULITIDES

- Classification of vasculitis
- Large vessel vasculitis (Horton's arteritis / polymyalgia rheumatica and Takayasu's arteritis)
- Polyarteritis nodosa
- ANCA-associated vasculitides
- Immune-complex vasculitides
- Behcet's disease

EXTRA-ARTICULAR RHEUMATISMS

- Fibromyalgia

Gender differences in prevalence, clinical manifestations, outcome, treatment response of rheumatic diseases will be specifically addressed.

Prerequisites

Have passed the exams indicated in the regulation with regard to the preparatory procedures.

Teaching form

- 4 lessons of 2 hours each conducted in person in a frontal mode
- 2 lessons of 2 hours delivered remotely (asynchronously)

Textbook and teaching resource

- F. Trotta, M. Govoni, Quick Review - Reumatologia (2020) Edises
- Firestein, G. S., Budd, R. C., Gabriel, S. E., McInnes, I. B., & O'Dell, J. R. (2020). Firestein & Kelley's Textbook of Rheumatology-E-Book. Elsevier Health Sciences.

Semester

Second semester

Assessment method

The assessment of the achievement of the course objectives includes a multiple-choice exam and an interview on the topics covered in the lessons.

The written exam aims to verify precise knowledge of the most important characteristics of a wide range of rheumatological diseases.

The evaluation criteria for the oral exam will prioritize the ability to perform differential diagnosis among the diseases.

Office hours

Contact the Professor by e-mail

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY
