



**UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA**

SYLLABUS DEL CORSO

Scienze Umane e Storia della Medicina

2627-3-I0101D018

Aims

Upon completion of the integrated course as a whole, students will be able to:

Knowledge and Comprehension

Understand the cultural and social aspects that have influenced the evolution of modern medicine and the emergence of the nursing profession.

Identify the regulatory, historical, and sociocultural context within which the nursing profession operates.

Applied Knowledge and Comprehension

Analyze the ethical and professional principles that guide professional nursing practice and the daily actions of nurses.

Critically situate nursing practice within the contemporary regulatory, ethical, and sociocultural framework.

Autonomy of Judgment

Develop a reflective and critical approach to assuming one's professional responsibilities and exercising decision-making autonomy.

Formulate independent and reasoned judgments regarding ethical and deontological issues that arise in nursing practice and in various professional contexts.

Assess the ethical implications of one's actions and decisions made in the practice of the profession.

Communication Skills

Communicate clearly, appropriately, and effectively analyses, arguments, and reflections regarding the regulatory, ethical, and professional conduct aspects of the nursing profession.

Learning Skills

Acquire the conceptual tools necessary to support continuous and independent learning regarding the evolution of the nursing profession and its historical, epistemological, regulatory, and ethical foundations.

Develop the ability to keep oneself up to date with the historical, social, regulatory, ethical, and epistemological changes affecting nursing care and professional practice.

Contents

HISTORY OF MEDICINE: This module provides students with the tools necessary to understand the cultural and social aspects of modern medicine through an analysis of its historical and epistemological development. The knowledge imparted forms the basis for properly situating the nursing profession within the current socio-cultural context.

NURSING AND HUMANITIES: This module introduces students to a critical approach to assuming responsibility and autonomy within the context of professional practice, addressing: the responsibility and autonomy of nurses, regulatory and professional background; interprofessional collaboration; and support roles (social and healthcare workers and nursing assistants). The module will cover aspects relating to the use of social media and digital tools, nursing education in Italy, and national and regional regulations governing Continuing Medical Education (CME).

PROFESSIONAL ETHICS: this module provides an analysis of the professional principles, concepts and values that guide nursing practice. In-depth analysis will be provided on the Code of Ethics for the Nursing Professions (2025 revision) and the Code of Ethics issued by the ICN (2021), as well as knowledge regarding a method for the ethical and deontological analysis of clinical situations where conflicts of values, problems and ethical dilemmas arise. The course will cover topics relevant to addressing issues related to equity in care and the rationality of healthcare services, end-of-life ethical issues, and research and clinical and care-related trials. Aspects of bioethics will be analysed, with particular reference to current problems arising in the context of healthcare.

Taken together, these contributions to knowledge will form the basis for understanding the current healthcare landscape and, through an in-depth examination of regulatory frameworks and professional challenges, will foster the development of critical thinking for both research and professional practice, helping to consolidate responsibility and autonomy in future professionals.

Detailed program

Please refer to the syllabi for the individual course modules

Prerequisites

Defined by the academic regulations

Teaching form

All classes are held in person, primarily in a lecture format, with the possibility at the instructor's discretion of guided discussions of clinical cases, educational videos, storytelling, group work, and team-based learning (TBL). Lectures for the History of Medicine module are delivered via distance learning with synchronous transmission from the Monza campus to the Bergamo, Lecco, and Sondrio (Faedo Valtellino) campuses. The language of instruction is Italian

Textbook and teaching resource

Please refer to the syllabi for the individual course modules

Semester

2nd semester, 3rd year

Assessment method

There are no midterm exams. The final exam is designed to assess both the student's overall knowledge of the topics covered in the syllabus and their ability to develop independent reflections on the themes and critical issues addressed during the course.

To pass the exam, students must achieve a passing grade in all three modules that make up the course. The final exam lasts a total of 90 minutes.

The final grade is determined by the weighted average of the results obtained in the three modules: History of Medicine (2 CFU), which accounts for 50% of the overall grade; Nursing and Human Sciences (1 CFU), which contributes 25%; and Professional Ethics (1 CFU), which also accounts for 25%.

The written exams, one for each module, consist of multiple-choice questions with a single correct answer and open-ended questions requiring a concise response (short or very short essay). For more detailed information on the characteristics of the individual exams, please refer to the respective course modules

Office hours

By appointment by emailing the instructors of the course modules

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY
