



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Salute di Genere

2627-2-I0102D011

Aims

Knowledge and understanding

- to know the basic principles of public health, with particular reference to health promotion and prevention of the most common diseases in the general population and women
- to acquire knowledge about gynaecological screening, vaccination programmes aimed at women of childbearing age and the child population, and the main benign gynaecological diseases, sexually transmitted diseases and pelvic static disorders
- to know the theoretical foundations of effective communication, particularly in the context of adult education and the midwifery relationship
- understand the role of the midwife in the community and her educational function in the prevention and promotion of gender health.

Applying knowledge and understanding

- apply the knowledge acquired to offer and promote gynaecological screening and vaccination programmes, in accordance with national and international guidelines
- use the main gynaecological diagnostic methods in a preventive context
- employ effective communication strategies when dealing with women, taking into account their cultural, social and relational contexts
- design and conduct educational interventions adapted to the specific needs of the female population, in the territorial context.

Making judgements

- develop the ability to critically assess the health and prevention needs of the female and child population
- recognise the importance of health promotion and health education in combating gender inequalities
- analyse with awareness risks, benefits and limitations of screening methods, vaccination interventions and educational strategies applicable in their own professional context.

Communication skills

- use clear, appropriate and accessible language to inform and involve women in prevention, health promotion and treatment pathways
- adapt the communication style to the different life stages, health literacy levels and needs of the assisted population
- employ educational tools and counselling techniques to facilitate informed adherence to screening, vaccination and health behaviours

Learning skills

- develop the ability to independently update themselves on public health, gynaecological prevention, sexual and reproductive health issues
- use scientific sources and institutional documents to maintain up-to-date, evidence-based practice skills
- consolidate a critical and reflective professional approach, useful for the evolution of the midwife's role in territorial services and health promotion programmes.

Contents

The course provides knowledge of the main benign diseases of the female genital tract, sexually transmitted diseases, and pelvic static problems.

The course provides the principles of public health and the fundamentals of health education.

At the end of the course, students will develop a basic understanding of the main determinants of population health and epidemiological research methods for analysing these determinants. The role of the midwife in the community and the related educational competence in the promotion of gender health and family planning will also be addressed.

The course provides knowledge of the main skin diseases and the fundamentals of effective communication.

Detailed program

The extended programme can be found in the Syllabus of the individual modules that make up the course.

Prerequisites

None

Teaching form

The teaching methodology used in the course can be found in the Syllabus of the individual modules that make up the course.

Textbook and teaching resource

The bibliography can be found in the Syllabus of the individual modules that make up the course. The teaching materials used (slides, work tracks, scientific articles) will be uploaded on the e-learning pages dedicated to the individual modules.

Semester

II semester

Assessment method

The final exam is intended to assess the acquisition of knowledge and understanding of the program content, and to test the ability to apply it with clinical reasoning and care planning.

It consists of a written test followed by an oral examination.

The written test consists of closed-ended questions (true/false, matching, multiple-choice quizzes) and short open-ended questions on the content covered in the following Didactic Units:

- Community Midwife
- Public health
- Skin and venereal diseases

The oral examination involves the discussion of all written tests and an interview on the topics covered in class in the following Didactic Units:

- Public Health
- Gynecology

The use of correct terminology and appropriate disciplinary language will also be considered for evaluation. For further details, please refer to what is specified in the individual Unit Syllabi and the directions that will be given during lessons.

Office hours

On appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES
