



**UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA**

COURSE SYLLABUS

Stage 3

2627-3-I0301D016

Aims

At the end of the internship, the student should be able to:

- Independently manage the patient, from initial assessment to treatment planning.
- Perform professional oral hygiene therapies, including in complex periodontal cases.
- Develop and monitor personalized periodontal treatment plans.
- Apply advanced protocols for the prevention and maintenance of oral health.
- Recognize and manage the main systemic conditions that affect oral health.
- Collaborate effectively and independently within the dental team.
- Correctly apply emergency and clinical safety protocols.
- Strengthen communication and patient education skills.
- Demonstrate operational autonomy and professional responsibility.

Contents

The student should learn:

- The contents of a medical record and how to fit it
- Assist the colleague during the maneuvers of hygiene
- Ergonomics practical and theoris
- Manual instrumentation for mechanical therapy (not surgical)
- To check the oral cavity of the patient (dental elements, mucosa)

- To perform a periodontal examination
- To draw up a plan of treatment
- To communicate with the patient, educate and motivate him on a proper home oral hygiene
- Execution protocol of debridement
- Execution protocol of root planing
- Execution protocol of dental sealing
- Execution protocol of application of fluoridated gel
- Protocol of treatment of periodontal diseases
- Guidelines of oral hygiene in surgical, orthodontic, pediatric, geriatric and special-needs patient

To alongside colleagues in the first year and to educate them on the approach to the patient and on the filling in of medical record

Detailed program

At the end of the third year of the course, the student must be able to:

FIRST SEMESTER

demonstrate increasing autonomy in managing the oral hygiene treatment plan;
 demonstrate increasing autonomy in instrumentation;
 identify risk factors in patients undergoing oral hygiene treatment;
 understand care plans related to different systemic diseases with oral cavity involvement;
 apply appropriate pre- and post-surgical therapies (implantology, maxillofacial surgery, oral surgery);
 demonstrate increasing autonomy in performing professional skills related to oral cancer prevention;
 demonstrate increasing autonomy in delivering oral hygiene counselling;
 be able to evaluate the effectiveness of the care provided;
 identify contextual situations that may be the subject of research in the field of dental hygienist practice.

SECOND SEMESTER

achieve full autonomy in the dental hygienist profession;
 know and be able to plan, based on patient needs, oral hygiene recall intervals;
 understand legal and administrative requirements related to the profession as an employee or self-employed practitioner;
 know how to prepare a correct and complete curriculum vitae;
 be able to plan a community prevention project.

Prerequisites

The student must read the Internship Regulations and the Internship Logbook.

The student is responsible for their internship logbook; it is recommended to photocopy it periodically. Access to the internship activity is permitted only for those in possession of the internship logbook, and after having completed the following two courses during the first year: "Worker Training – General" and "Specific Training for Healthcare Company Workers – High Risk."

The student must have successfully passed the Internship 2 exam.

Teaching form

The internship involves attendance at the Dental Clinic or affiliated locations under the supervision of internship assistants and/or tutors from the professional profile, with potential interaction with dental staff. During the internship activity, a daily briefing is held, during which the cases of patients treated during practical sessions are discussed with the internship assistants and/or tutors, reviewing the medical records and the documentation in our possession. Throughout the year, lectures and hands-on exercises are conducted on instrumentation and its maintenance, diagnostic imaging and photography, and on achieving patient compliance and concordance. Lectures with industry specialists are held to delve deeper into subjects and themes related to the profession.

Textbook and teaching resource

Logbook of Training Activities and Internship Regulations

Code of Ethics for Dental Hygienists

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

Manuale Operativo per igienisti dentali; Ariesdue

Wilkins Esther, La pratica clinica dell'igienista dentali, PICCIN.

Semester

The internship runs from October to September, according to the opening schedule of the affiliated sites and following the established shifts.

Assessment method

The internship examination may be taken after reaching the minimum number of required procedures, according to the attached tables, and after obtaining a satisfactory evaluation from the tutors regarding the Internship Objectives.

It is the student's responsibility to present themselves to the various tutors to receive evaluation when they feel sufficiently prepared, bearing in mind that each semester includes at least one evaluation per tutor.

If the internship grade is insufficient in the 1st, 2nd, and 3rd year, it is not possible to progress to the 2nd year, 3rd year, or to the thesis defense, respectively.

The number of procedures is considered valid only if countersigned by the tutor and the Director of Internship Teaching Activities.

Attendance at the internship is mandatory for 100% of the minimum scheduled hours in order to access the internship exam.

The competency assessment includes a written test with multiple-choice questions, a simulation of clinical record completion (charting and periodontal evaluation), followed by an oral examination on the topics covered during the internship, including the presentation of a clinical case carried out by the student during the internship activities.

Office hours

Tuesday and Friday from 8.30 A.M. to 12.00 A.M. sending email to fix the appointment

Dott.ssa Maria Cristina Panzeri, Direttore delle Attività Didattiche di Tirocinio, mariacristina.panzeri@unimb.it

Dott.Pozzi Diego, Assistente di Tirocinio, diego.pozzi@unimb.it

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
