



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Stage 2

2627-2-I0301D012

Aims

At the end of the internship, the student should be able to:

- _ Approach the patient and perform accurate assessments of their oral health, identifying the main risk factors.
- _ Carry out preventive and maintenance procedures, applying correct professional oral hygiene techniques to cases of increasing complexity.
- _ Motivate and instruct patients on home oral hygiene.
- _ Recognize the main oral pathologies.
- _ Collaborate with the dental team in patient management.
- _ Develop autonomy and communication skills in patient interaction.
- _ Plan a treatment plan.

Contents

The student should know:

- The manual instrumentation for non-surgical mechanical therapy
- How to perform an oral examination of the patient (teeth and oral mucosa)
- How to perform a periodontal examination
- How to draw up a treatment plan
- How to communicate with the patient, educate and motivate them toward correct home oral hygiene
- The protocol for performing scaling (removal of calculus)
- The protocol for performing root planing
- The protocol for performing pit and fissure sealants
- The protocol for applying topical fluoride gel
- Treatment protocols for periodontal diseases
- Oral hygiene guidelines for surgical, orthodontic, pediatric, geriatric patients and patients with special needs

Support first-year colleagues and instruct them on patient approach and on completing clinical records

Detailed program

At the end of the second year, the student must be able to:

FIRST SEMESTER

1. Formulate an oral hygiene treatment plan based on the patient's general and oral health status.
2. Understand the clinical diagnostic and therapeutic protocols in use.
3. Understand work ergonomics.
4. Know and perform the correct procedures related to:
 - review of personal, medical, and dental history;
 - extraoral and intraoral examination;
 - periodontal charting;
 - dental charting;
 - photography and intraoral camera use.
5. Know and perform therapies according to the patient's treatment needs:
 - scaling (calculus removal);
 - application of plaque disclosing agents;
 - sealants;
 - completion of PSR and periodontal records;
 - fluoride prophylaxis;
 - application of desensitizing agents.
6. Know the basic instrumentation for performing specific oral hygiene treatments.
7. Know and implement dietary assessments aimed at preventing oral and dental diseases.

SECOND SEMESTER

1. Be able to assess the patient's overall health in order to formulate a complete oral hygiene treatment plan.
2. Know the instruments and be able to perform advanced periodontal therapies (root planing).
3. Know and apply the main oral health promotion interventions in the community.
4. Know and apply appropriate interventions in emergency situations.
5. Demonstrate ethical behavior.
6. Demonstrate communication skills and a caring, supportive patient approach.
7. Demonstrate the ability to collaborate within a healthcare team.
8. Know photography techniques.

Prerequisites

The student must read the Internship Regulations and the Internship Logbook.

The student is responsible for their internship logbook; it is recommended to make periodic photocopies.

Access to internship activities is allowed only to students who are in possession of the internship logbook and who have completed, in the first year, the following two courses: "General Worker Training" and "Specific Training for Healthcare Workers – High Risk".

The student must have successfully passed the Internship 1 examination.

Teaching form

The internship involves attendance at the dental clinic or affiliated sites under the supervision of internship assistants and/or professional profile tutors, with possible interaction with dental staff.

During the internship, a daily briefing is conducted in which the cases of patients treated during the practical activities are discussed together with the internship assistants and/or tutors, examining the clinical records and the documentation available.

Throughout the year, lessons and practical exercises are conducted on the instrumentation and its maintenance, on imaging diagnostics, and on photography.

During the internship, the student discusses patient treatment plans with the internship assistants and/or tutors in order to develop complete clinical cases with all the necessary documentation.

Lectures with specialists in the field are held to explore topics and subjects related to the profession.

Textbook and teaching resource

Training activities logbook and internship regulations

Code of ethics for dental hygienists

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

Manuale Operativo per igienisti dentali; Ariesdue

Wilkins Esther, La pratica clinica dell'igienista dentali, PICCIN.

Semester

The internship takes place from October to September, according to the opening schedule of the affiliated sites and following the assigned shifts.

Assessment method

The internship exam can be taken after reaching the minimum number of required procedures, according to the attached tables, and after obtaining a satisfactory evaluation from the tutors regarding the Internship Objectives.

It is the student's responsibility to approach the various tutors to receive the evaluation when they feel sufficiently prepared, taking into account that each semester requires at least one evaluation per tutor.

If the internship grade is insufficient in the 1st, 2nd, or 3rd year, it will not be possible to advance respectively to the 2nd or 3rd year, or to access the thesis defense.

The number of procedures is considered valid only if countersigned by the tutor and the Director of Internship Educational Activities.

Attendance at 100% of the scheduled minimum internship hours is mandatory in order to be eligible for the internship exam.

Competency assessment includes a written test with multiple-choice questions, a simulation of clinical record completion (charting and periodontal evaluation), followed by an oral discussion on the topics covered during the internship, and the presentation of a complete clinical case followed by the student during the internship activities.

Office hours

Tuesday and Friday from 8.30 A.M. to 12.00 A.M. sending email to fix the appointment

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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
