



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Tirocinio 1

2627-1-I0301D006

Aims

At the end of the internship, the student should be able to:

- _ understand the organization of the dental clinic and the roles within the team;
- _ observe and assist in clinical activities in compliance with hygiene and safety regulations;
- _ apply basic infection prevention procedures (hand hygiene, PPE, sterilization);
- _ prepare the operating unit and manage basic materials and instruments;
- _ welcome and assist the patient during the different phases of care, under supervision;
- _ recognize dental instruments and adopt correct working postures;
- _ understand the basic principles of prevention and oral hygiene;
- _ assist in data collection and basic completion of the clinical record.

Contents

The student should learn to:

- The basics of hygiene in the preparation of the instruments and that of the dental chair for the dental practice
- The contents of a medical record and how to fit it
- The maneuvers of sterilization of the instruments and disinfection of the dental chair
- Through the assistance of a upper-level colleague, the approach to the patient
- Assist to the colleague during the maneuvers of hygiene

Detailed program

At the end of the first year of the course, the student must be able to:

1. understand the characteristics and organizational context of the internship site, distinguishing the roles of the different professionals working there;
2. carry out oral hygiene activities preparatory to those of the dental hygienist, in relation to the content learned and the practical exercises performed (see list of oral hygiene techniques);
3. describe and explain the use of specific instruments and medical materials found in a dental clinic and provide the instruments required for hygiene procedures;
4. understand the correct procedures for disinfection and sterilization of the instruments required for hygiene procedures;
5. assist the patient during and after the dental examination using the appropriate materials and instruments;
6. assist the patient during the admission phase within the hospital facility in the relevant operational unit;
7. complete the clinical record in its essential parts, perform extra- and intra-oral examinations, and complete periodontal charting using appropriate materials and instruments.

ORAL HYGIENE TECHNIQUES – PREPARATORY ACTIVITIES FOR THE INTERNSHIP

1. observation of clinical activities in their entirety;
2. handwashing: social, antiseptic, pre-operative;
3. disinfection of the operating unit and sterilization of instruments;
4. patient admission, preparation, and discharge;
5. restocking of consumable materials;
6. basic working postures;
7. understanding the professional competencies of the dental hygienist related to patient care and assistance;
8. understanding the principles of primary prevention of oral diseases;
9. understanding methods of motivation for oral hygiene;
10. understanding materials for home oral hygiene;
11. proper knowledge and maintenance of instruments;
12. understanding dental numbering systems.

Prerequisites

The student must read and acknowledge the Internship Regulations and the Internship Logbook.

- The student is responsible for their internship logbook and it is recommended to make periodic photocopies.
- Access to internship activities is allowed only for those in possession of the logbook, and after completing in the first year the two courses: “Worker Training – General” and “Specific Training for Workers in Healthcare Companies – High Risk.”

Teaching form

The internship involves attendance at the Dental Clinic or at affiliated sites, under the supervision of clinical assistants and/or professional tutors, with possible interaction with dental staff.

During the internship activities, daily briefings are held in which, together with the clinical assistants and/or tutors, patient cases treated during practical activities are discussed, reviewing clinical records and available documentation.

Throughout the year, lectures and practical sessions are conducted on how to complete clinical records, manage the instruments required for procedures, as well as their disinfection and sterilization.

Lectures with field specialists are also organized to further explore topics and issues related to the profession.

Textbook and teaching resource

Training Activities Logbook and Internship Regulations

Code of Ethics for Dental Hygienists

Manuale Operativo studenti di igiene dentale, seconda edizione; Ariesdue

Manuale Operativo per igienisti dentali; Ariesdue

Wilkins Esther, La pratica clinica dell'igienista dentali, PICCIN.

Semester

The internship takes place from October to September, according to the opening calendar of the affiliated sites and following the established shifts.

Assessment method

The internship exam can be taken after reaching the minimum number of required procedures, according to the attached tables, and after obtaining a satisfactory evaluation from the tutors on the Internship Objectives.

- It is the student's responsibility to approach the various tutors to receive their evaluation when they feel sufficiently prepared, keeping in mind that each semester includes at least one tutor evaluation.
- If the internship grade is insufficient in the 1st, 2nd, or 3rd year, the student cannot progress to the 2nd or 3rd year, or to the thesis discussion, respectively.
- The number of procedures is considered valid only if countersigned by the tutor and the Director of Internship Educational Activities.
- Attendance of 100% of the minimum scheduled internship hours is mandatory in order to be eligible for the internship exam.

The skills assessment includes a written test with multiple-choice questions, a simulated clinical record completion (charting and periodontal evaluation), followed by an oral interview on the topics covered during the internship.

Office hours

Tuesday and Friday from 8.30 A.M. to 12.00 A.M. (Send mail to fix appointment)

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Sustainable Development Goals

GOOD HEALTH AND WELL-BEING
