UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Citologia e Istologia

2627-1-E1302Q086-E1302Q08601

Aims

The course includes 12 CFU and is divided into two modules: **Cytology and Histology** (first module-6CFU) and **Comparative Anatomy** (second module-6CFU).
The cytology and histology module will provide the student with the basic knowledge of the animal eukaryotic cell, focusing on its morpho-functional characteristics to acquire, with the contents of histology, the knowledge concerning tissue organization. The lessons will be supplemented by laboratory work.
The comparative anatomy module is divided into two parts. The first part will provide the student with the basic concepts related to the phases that regulate the development of Vertebrates (from fertilization to organogenesis), concepts that will allow them to understand the embryological derivation of organs, systems, knowledge necessary for anatomy. The content of the anatomy will provide the student with notions related to the anatomy of Vertebrates in a functional and evolutionary key. The theoretical concepts provided in the classroom will be followed by the laboratory experience.

1. Knowledge and understanding
At the end of the course the student will acquire knowledge about the animal eukaryotic cell and the organelles that characterize it in morpho-functional terms and the organization of the tissues. Furthermore the student will know the organization of organs, systems from a morphofunctional and comparative point of view and will be able to recognize the histo-anatomical preparations.

2. Applying knowledge and understanding
At the end of the course the student will be able to apply the knowledge acquired in point 1 to the subsequent subjects he will study in the following years.

3. Making judgements
The student must be able to critically process the acquired knowledge and choose the most appropriate approach to link the morpho-functional characteristics of the animal eukaryotic cell to more complex organization levels such as tissues, organs and systems.

4. Comunication skills

At the end of the course the student will be able to describe, with an appropriate scientific language, the cell organization and arrive, through the description of tissues and organs, to the systems.

5. Learning skills
At the end of the course, the student will have the skills to face the subsequent studies that require basic knowledge of cytology, histology and anatomy.
Furthermore the student will be able to associate the knowledge learned with the concepts that he will assimilate in the subsequent studies that require cyto-isto-anatomical knowledge as prerequisites.

Contents

Cytology and Histology Module: study of the animal eukaryotic cell and of the organelles that characterize it with a morpho-functional approach. The lectures will be accompanied by the mandatory laboratory activity in which the theoretical-technical information for the preparation of histological preparations will be provided. Furthermore, the student will observe the histological preparations to recognize the structure of the tissues with an optical microscope. This knowledge will be preparatory to the contents of the Comparative Anatomy module.

Detailed program

Cytology
The world of the cell. Morphology of the prokaryotic and eukaryotic cells. Hierarchy and complexity of biological organization.
- Structure and function of macromolecules. Carbohydrates, proteins, lipids and nucleic acids
- Structure and function of biological membranes. Passive transport. Active transport.
- Intracellular membrane systems. Structure and function of the endoplasmic reticulum and the Golgi apparatus. Control of the fate of synthesized proteins. Lysosomes and peroxisomes.
- Mitochondria: morphology and function.
- The cytoskeleton. Microtubules, microfilaments and intermediate filaments. Relationship between cytoskeleton and other cellular structures. The junctions.
- Nucleus: Morphology. Nuclear envelope and nucleus-cytoplasm traffic. From DNA to the chromosome: organization. Notes on DNA duplication. Nucleolus: structure and function.
- Transcription and translation of gene information. Overview of the RNA structure. Genetic code: definition. Overview of the mechanisms that regulate translation.
- Cellular reproduction. The phases of the cell cycle: overview. Phase M: stages of mitosis and cytokinesis. Meiosis: the process that regulate it and its biological role.

Laboratory: Elements of Histology
- The microscope. Preparation of histological preparations.
- Epithelial tissues: coating epithelia, glandular epithelia.
- Tissues with a trophic-mechanical function: connective tissue proper (lax, dense ...), cartilage, bone tissue, adipose tissue. Blood.
- Muscle tissues: smooth, skeletal and cardiac muscle tissue.
- Nervous tissue.

The following topics will be investigated by observing histological samples with an optical microscope.

Prerequisites

Basic knowledges of biology

Teaching form

****Teaching language: Italian

First semester - module of Cytology and Histology (6CFU): 5 CFU in "Lesson" mode and 1 CFU in Laboratory mode
There are 20 Lessons of 2 hours each delivered in presence mode. Part of the lessons can be delivered in "interactive" mode in order to involve students during the lessons
The teaching activities are delivered through **frontal lessons

Laboratory: 10 hours Obligatory. Laboratory Activities (10 hours, mandatory)
The laboratory activities, totaling 10 hours, are divided into 5 sessions of 2 hours each and are conducted in person using an interactive approach. They are aimed at the study of biological tissues.
Each session is structured into two parts:

- an **introductory section** dedicated to the theoretical aspects of the tissues under study;
- a **practical section** in which the tissues are observed using a light microscope.

The Citologye module is supported by **20 hours of tutoring activities** to support students in preparing for the exam. The activity is carried out in interactive mode in the presence of a tutor

Textbook and teaching resource

In general, any University textbook of Cytology, Histology and Comparative Anatomy is suitable. The student can choose one of the following texts:

Cytology:
- Cellular and molecular biology. Concepts and experiments. G. Karp published EdiSes
- The essential molecular biology of the cell. Alberts B., et al. published by Zanichelli (paper version - electronic text)
- Cells. G. Lewin, published Zanichelli
Scientific articles and teaching material suggested by the teacher.

Histology:
- Histology and elements of microscopic anatomy - Dalle Donne et al., EdiSES.

On the e-learning page of the course, it will be possible to find:
-Copy of the slides used in classroom and in the laboratory;

- **Didactic material** (films, cards) made available by **Pearson publishing house** for in-depth analysis of the Cytology topics covered in class
  -**Self-assessment quizzes** made available by **Zanichelli publishing house** for the Cytology topics covered in classroom
  -useful links where the student can find histo-anatomical images

Semester

Cytology and Histology: first semester

Assessment method

There are no tests in progress.
Assessment methods
Student assessment consists of two written tests and one oral examination.
The following are required:

- one **written test for the Cytology and Histology module**
- one **written test for the Comparative Anatomy module**
  The written tests are carried out in a computer room (Moodle platform) and consist of closed-ended questions (true/false, multiple choice, single-answer), aimed at assessing knowledge of the course contents.
  Passing the Cytology and Histology written test allows access to the Comparative Anatomy written test. Passing both written tests is a requirement for admission to the oral examination.
  The oral examination covers all the topics included in the course.

Assessment criteria
Written tests

- assess knowledge and understanding of the course contents
- for the Cytology and Histology module, they also assess the ability to recognize and interpret histological specimens
  The written tests are intended to verify basic knowledge and do not directly contribute to the final grade.
  Oral examination
- assesses knowledge and understanding of Cytology, Histology, and Comparative Anatomy
- evaluates the ability to link different levels of biological organization (cell, tissue, organ, organism)
- assesses the ability to recognize and describe histo-anatomical images
- evaluates critical thinking skills and the appropriate use of scientific terminology

Final grade
The final grade is expressed on a scale of 30 and is determined based on the oral examination.
The evaluation will consider:

- accuracy and completeness of knowledge
- ability to establish connections between topics
- clarity of presentation
- appropriate use of scientific language

Office hours

Appointment request by e-mail to: anita.colombo@unimib.it

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION