



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Consulenza Pedagogica al Sistema Nascita

2627-1-F8502R009

Course title

Around birth: a pedagogical perspective

Topics and course structure

Why the knowledge of the essential aspects of the phenomenology of pregnancy, birth, postpartum and neonatal period, are also important for pedagogists?

How the knowledge of different contexts and care paths is useful for pedagogists and all the educational professionals?

The aim of the course is to answer these questions, through the construction of a conscious look at what is happening around the birth.

Despite the fact that for several decades international documents and guidelines have recognized in the basic theoretical assumptions the multidimensional bio-psycho-social nature of pregnancy, childbirth and neonatal period, these founding events of the human adventure are often represented, described and included within predominantly bio-medical categories.

Instead recognize the intrinsic (self)educational values of these processes, identify the implicit pedagogies that inform the different paths and choices of care, allows the pedagogical consultant to understand the factors that facilitate or hinder the expression of the transformative potential inherent in these events, for all involved.

Concretely, it is a matter of questioning how the conditions within these events take place influence parents' and professionals' experiences and their systems of belonging, which impact in the short, medium and long term.

In the course, with the contribution of professionals as midwives, obstetricians, neonatologists and epidemiologists, we will offer essential knowledge related to the phenomenology of pregnancy, birth and neonatal period, showing how what fits into this sensitive period influences the experience.

It will also illustrate the normative frameworks and the different organizational models, tools and criteria to actively search for reliable information, in particular in the web, to build a conscious and pedagogically oriented look around the birth.

Objectives

Knowledge and understanding:

- Knowing the essential elements relating to pregnancy, birth and the neonatal period, care pathways and models, regulatory frameworks and institutional contexts and identify explicit and implicit value assumptions

Applied knowledge and understanding:

- Recognizing how care and organizational models and value systems influence the experience
- Knowing how to co-design training and consultancy paths in the birth system

Autonomy of judgment:

- Acquire critical, reflective and analytical skills relating to educational and consultancy situations in which the birth system is involved (e.g. pedagogical consultations for parents, network training paths between educational services and health services)

Communication skills

- Be able to collect the narration of birth experiences and facilitate processes of re-signification
- Use the specific languages and reference categories of the birth system
- Implement effective communication skills between professionals from different disciplines, services and institutions

Ability of learning:

- Knowing how to find reliable information based on the problem and recipients
- Knowing how to make constant connections between knowledge and experiences to develop consultancy skills

Methodologies

Lessons are held in Italian.

The entire course will be delivered in interactive teaching mode and in person.

Each topic will be developed starting from the knowledge and representations of students around the proposed topics, discussed with the teacher and with experienced professionals in the field, parents, representatives of associations and privileged witnesses.

There will be group work based on case analysis, active research of information, the deepening of the bibliography of examination and the topics proposed and of specific interest of students

Online and offline teaching materials

Articles and materials for study will be uploaded to the e-learning platform and can be requested to the teacher via e-mail.

Programme and references

In-depth studies on the conceptual and institutional frames of reference of the birth system, on specific thematic nuclei, other texts, documents and articles available on-line will be proposed during the lessons and, in agreement with the lecturer, may replace some of the texts in the bibliography.

The bibliography below is the same for both attending and non-attending students:

Texts:

Spandrio, Regalia, Bestetti Fisiologia della nascita, Carocci, 2014 (capp. 1, 2, 6, 7, 9, 10, 11, 12,13, 16, 18 da pag.572) seconda edizione 2024 in corso di pubblicazione

G. Colombo A. Regalia, La nascita: rischi reali, pericoli percepiti, Carocci, 2019

Un testo di narrativa a scelta tra:

R. Cusk Il lavoro di una vita. Sul diventare madri. Einaudi Torino 2021

A. Pellai La vita accade. Una storia che fa luce sulle emozioni maschili, Mondadori, 2022

A. D'Adamo Come d'aria. Feltrinelli, 2023

A. Lattanzi Cose che non si raccontano, Einaudi, 2023

M. Pugnaghi Splendore di Luna. Avventura di una prematura, Incontri Editrice 2021

V. Parrella Lo spazio bianco, Einaudi,2008

A. Ossorio La mammana, Einaudi, 2014

B. Cau La levatrice, Nord, 2025

G. Buldrini, S. Galassi Annoiate mai. Due mamme per tre figli, Love, 2024

Handbooks for parents on the topics

G. Rapisardi Lo sviluppo dei bambini. Capire come stanno crescendo e valorizzarne il potenziale. (da pag. 7 a pag 181)

C. Ravaldi Il viaggio eroico dell'essere genitori, U edizioni, Como, 2024 e il documentto "Nurturing care for early childhood development" (WHO, 2018) tradzuione italiana reperibile sul sito csbonlus.orgfor all

Sitography

www.salute.gov.it/portale/donna

www.epicentro.iss.it/percorso-nascita/

www.saperidoc.it

www.who.int

www.uppa.it

www.acp.it

www.mami.org

www.genitoripiù.it

www.ciaolapo.it

Detailed information about the course material will be published on the e-learning page associated with the course.

Although this course is held in Italian, for Erasmus students, course material can also be available in English, and students can take the exam in English if they wish to do so.

Assessment methods

The course does not include intermediate tests. The final exam will consist of an oral interview based on the discussion of an interview on the birth experience, transcribed without interventions on the text, sent to the teacher at least 7 days before the exam, on the understanding and re-elaboration of the fundamental contents of the texts in the bibliography in a pedagogical key, on the ability to make connections between these and the thematic nuclei explored in the interview.

The outline for the interview will be built during the lessons and made available on the course page also for non-attending students.

The choice of the oral interview as an exam method is consistent with the objectives of the course, as it allows, by the dialogic communicative situation, to interact with the student to evaluate his/her ability to critically understand the topics of the course, of pedagogical analysis and of connection between theory and experience.

The following skills will be assessed:

- knowledge, understanding of the fundamental contents of the texts in the bibliography (knowledge and understanding skills);
- the ability to establish connections between different thematic nuclei and to grasp their pedagogical-educational implications (application of applied knowledge and understanding skills)
- critical and analytical skills (learning ability, independent judgment)
- clarity of exposition and ownership of language (communication skills)

Each student is invited to contact the teacher (see office hours) for any doubts about the choice of texts, the interview or the methods of carrying out the exam.

Office hours

The teacher can be contacted by mail giovanna.bestetti@unimib.it or by tel 3478760907 (better by appointment agreed by mail or message whatsapp).

Programme validity

Course tutors and assistants

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dott.ssa Eleonora Stampa stampaeleonora@gmail.com

Sustainable Development Goals

ZERO HUNGER | GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | REDUCED INEQUALITIES
