UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

General Psychology I

2627-1-E2403P001

Learning area

Knowledge and skills useful to describe, understand, promote the individual psychological functioning and its change.

Learning objectives

Knowledge and understanding

- The experimental approach to psychology: methods and theory
- Main themes and most relevant theories in the study of individual behavioural and cognitive functioning.

Applying knowledge and understanding

- Ability to understand the technical language of the field
- Ability to understand the research results in psychology
- Ability to identify the psychological processes involved in individual behaviour in everyday life
- Ability to recognize the non-pathological cognitive functioning

Making judgments

The course aims to develop students' critical thinking and reflective skills through the in-depth study of theoretical content and activities of peer discussion and debate, oriented toward the understanding and application of the topics covered.

Communication skills

The course aims to develop the ability to communicate clearly and accurately the main theoretical and

methodological content of general psychology, using the technical language of the discipline appropriately.

Learning skills

The course provides basic knowledge in the theoretical, methodological, and experimental domains related to mental processes and the behavior of the typical adult, with the aim of promoting autonomous learning and in-depth study. To this end, active participation in lectures, peer-to-peer discussion, and the use of supplementary materials on key topics will be encouraged.

Contents

The course introduces students to the most relevant theories and theoretical approaches in the study of general psychology, analyzing in detail some cognitive processes. The intent is to clarify the subjects of interest of general psychology and how general psychology studies the processes and phenomena of interest.

Detailed program

Prerequisites

Teaching methods

Assessment methods

Textbooks and Reading Materials

Sustainable Development Goals

QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES