UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

General Psychology I - 2

2627-1-E2403P001-T2

Learning area

Knowledge and skills useful to understand, promote and change individual psychological functioning

Learning objectives

Knowledge and understanding

- The experimental approach to psychology: methods and theory
- Main themes and most relevant theories in the study of individual behavioural and cognitive functioning.

Applying knowledge and understanding

- Ability to understand the technical language and the research results in psychology
- Ability to identify the psychological processes involved in individual behaviour in everyday life
- Ability to recognize the non-pathological cognitive functioning

Making judgments

The course aims to develop students' critical thinking and reflective skills through the in-depth study of theoretical content and activities of peer discussion and debate, oriented toward the understanding and application of the topics covered.

Communication skills

The course aims to develop the ability to communicate clearly and accurately the main theoretical and methodological content of general psychology, using the technical language of the discipline appropriately.

Learning skills

The course provides basic knowledge in the theoretical, methodological, and experimental domains related to mental processes and the behavior of the typical adult, with the aim of promoting autonomous learning and in-depth study. To this end, active participation in lectures, peer-to-peer discussion, and the use of supplementary materials on key topics will be encouraged.

Contents

The course introduces students to the most relevant theories and theoretical approaches in the study of general psychology, analyzing in detail some cognitive processes. The intent is to clarify the subjects of interest of general psychology and how general psychology studies the processes and phenomena of interest.

Detailed program

- Experimental approach used by general psychology with particular emphasis on methodological and theoretical aspects.
- Sensory systems
- Problems, methods of investigation and relevant theories of specific cognitive processes:

· Perception

· Attention

· Memory

· Emotions

· Motivation

Prerequisites

Receptive and productive language skills
Analytical abilities in understanding and reasoning
The capacity of synthesis and content processing

Teaching methods

The course will be held in presence. Teaching will consist of lecture-based lessons, and also interactive classwork. All lessons will contain at least a part of interaction with students.

Every-day examples will be given to stimulate the students' critical thinking and discussion (interactive mode).
Halfway through the course one lesson will be dedicated to Q&A on the themes presented in the first half of the course. The last lesson, as well as consisting of Q&A on the second part of the program, will include the presentation of some example of exam questions and answers as further exercise and practice.

Assessment methods

The exam is only written. The written exam includes 30 multiple choice questions and 3 open ended questions on all the course topics. The written exam is delivered via computer and it takes place at the IT labs. Multiple choice questions provide extensive evaluation of knowledge acquisition; open ended questions evaluate students' critical thinking and their ability to synthetize such knowledge. Both the multiple choice and the open ended questitions contribute equally to the final mark.
Evaluation criteria are as follows: response accuracy for multiple choice questions, adequacy of contents, formal organization and terminology for the answers to open ended questions.

Grade scale:

18: barely sufficient achievement of the learning objectives;
19-22: sufficient achievement of the learning objectives, with some uncertainty;
23-26: good achievement of the learning objectives, substantially correct exposition;
27-30: full achievement of the learning objectives;
30 cum laude: excellent mastery of the subject.

For turn B there will be two moments (one at halfway and one at the end of the course) of self-testing and further explanations on the course topics. In addition, at the end of the course students will have the possibility to test the multiple choice part of the exam and responses to some open questions will be presented and discussed.

Students who pass the written part can ask to take an oral interview on all the course topics in which their written examination mark can be increased, decreased or be confirmed.

Textbooks and Reading Materials

TURN B: Ciccarelli, S.K. & White, J.N. (2022). Psicologia generale. Edizione italiana a cura di P. Ricciardelli e C. Iani. Milano: Pearson (capters: 0, 1, 2, 3, 4, 7, 12, Appendix B). Electronic version can be bought on: **pearson.it/shop** codice ISBN: **9788891915740**
Futher materials could be notify at the begining of the course

Students non-fluent in Italian are required to contact the professor for advice on English textbooks.

Erasmus students can contact the lecturer to ask for an English text book or a reading list to prepare for the exam and/or to arrange to take the exam in English.

Sustainable Development Goals

QUALITY EDUCATION