UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

# COURSE SYLLABUS

# Laboratory Design of Health and Safety Interventions

**2627-2-F5112P024**

## Learning area

Basics of research methods in social and economic psychology

## Learning objectives

*Knowledge and understanding*

- Different project planning approaches
- Project planning phases and useful instruments
- Strengths and weaknesses
- Social and organizational change
- Professional areas where project planning skills are necessary

*Implementing knowledge*

- Implementation of psychological theories in project planning
- Implementation of methodological skills in project planning
- Application of project planning phases to projects in the area of working and organizational psychology, social psychology, health psychology
- Identification of challenges, resources and critical points in project design and planning in the professional field
- Critical analysis of organizational and social change

*Making judgements*

The laboratory will provide students with the tools necessary to identify the strengths and weaknesses of a project. To consolidate this skill, a peer-review activity is planned: each group will be involved in reviewing the project

developed by another group, with the aim of identifying the project’s strongest aspects and proposing suggestions for improvement regarding any critical issues

*Communication skills*

The laboratory includes the development of a project in small groups, allowing students to apply the competencies they have acquired. Students will be asked to prepare a brief oral presentation (using tools such as PowerPoint) to illustrate to their peers the key elements of the written project. This activity aims to strengthen the communication skills already developed during their studies

*Learning skills*

The laboratory is designed to enable students to put into practice the skills and knowledge acquired in previous years, integrating them into the rigorous process of project design. The goal is that, once the method has been learned, students will be able to apply and generalize it across different contexts and professional fields.

## Contents

## Detailed program

## Prerequisites

## Teaching methods

## Assessment methods

## Textbooks and Reading Materials

## Sustainable Development Goals