



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Psicologia delle Differenze e delle Diseguaglianze

2627-2-F5112P012

Learning area

Fundamentals and research methods in social and economic psychology

Learning objectives

Knowledge and understanding:

- The gender matter
- The concepts of disparity and inequalities
- The social construction's processes that make inequalities socially accepted

Applying knowledge and understanding:

- The capacity to identify which circumstances reinforce the disparity and inequalities
- The ability to apply "best practices" to pursue social changes
- The ability to make a comparison between Italian and European situation

Making judgements

The development of students' ability to critically analyse the methodological framework of research projects conducted within the discipline is facilitated by classroom discussions. This ability encompasses the analysis of the research itself, its results and its limitations. The exercise of critical discussion, conducted about the main theoretical models of the discipline, also allows students to develop an understanding of the variety of perspectives that characterise it and helps them to form their independent orientation. The examination method, which consists

of an oral interview following multiple-choice answers, stimulates independent judgment and reflective thinking about the course content.

Communication skills

The course is designed to promote the development of communication skills through classroom discussion, as previously indicated. As was stated in the preceding paragraph, the examination method in question necessitates the employment of suitable specialist language and the capacity to summarise the subject matter in a succinct, lucid and cogent manner.

Learning skills

The course provides solid theoretical and conceptual foundations that can be further developed by attending courses in the social psychology sector, as well as by the multidisciplinary offering of the university.

Contents

The course aims to convey the concepts of difference and inequality, using the construct of sexual gender as an introduction to the differences and inequalities affecting women and men (individually, in interpersonal relationships, as social categories) and the relationships between different ethnic groups. The learning objectives include theoretical content and the skills needed to understand and describe the processes underlying the acceptance and consolidation of inequalities.

Detailed program

- Parity, Equality, Difference, and Social Justice.
- From Difference to Inequality: Processes of Social Construction.
- Sexual Identity and Gender: A Psychosocial Definition.
- Stereotypes and Social Representations of Gender: Between Theory and Practice.
- Gender-Based Violence.
- Gender and Migration.
- The (Real and Symbolic) Sites of Difference and Inequality: Education, Work, Relationships, Politics, and Public Space.
- Practices of Change and the Role of Social Psychology.

Prerequisites

A good knowledge of the basis of Psychology (in particular of Social Psychology) enables a more aware use of the course contents. Students lacking such basic knowledge are encourage to ask for a list of basic references.

Teaching methods

Lectures, discussions, video presentations.

In addition to classroom lectures, part of the teaching takes place through the discussion of scientific articles, case

studies, video presentations and exercises on the course topics: each lesson includes both didactic and interactive teaching.

The material (slides and, when possible, scientific articles) is made available on the e-learning site of the course, so that it can also be used by non- attending students.

Assessment methods

The exam is oral. The questions are aimed at ascertaining the effective acquisition of both theoretical knowledge and the ability to apply them to reality. The evaluation criteria are: the correctness of the answers, the ability to argue, synthesize, create links, and critically read the reality.

Textbooks and Reading Materials

Mandatory Texts:

- Rudman, L.A., Glick P. (2021). The social psychology of gender: How power and intimacy shape gender relations. Second Edition. Guilford Press: New York

- Quaderni CNOP N°16 – (2024) “5 ANNI DOPO. PSICOLOGHE, PSICOLOGI E PARI OPPORTUNITÀ: I RISULTATI DEL FOLLOW-UP”

<https://www.psy.it/wp-content/uploads/2024/10/ordine-degli-psicologi-libro-SEDICI.pdf>

- Quaderno CNOP, n° 18, 2024 (a cura del Comitato Pari Opportunità del CNOP) “Linee Guida per il contrasto alla violenza di genere”

<https://www.psy.it/il-contrasto-alla-violenza-di-genere/>

- Camussi, E. (2025) Psicologia d'aiuto - Conoscere per riconoscere - Podcast, Episodio 7: Femminicidi

<https://www.raiplaysound.it/audio/2024/07/Psicologia-daiuto-Ep07-Femminicidi-28d120b7-4469-4e82-8e26-405d32f4f242.html>

- Allievi, S. (2018) “5 cose da sapere sull'immigrazione”. Laterza Editori: Bari

- Sintesi 31° Rapporto ISMU sulle migrazioni (2026)

https://elearning.unimib.it/pluginfile.php/2129753/mod_resource/content/1/31-Rapporto-ISMU_Slide_sintesi.pdf

- Ferrara, A., & Brunori, C. (2024). Immigrant generation, gender, and citizenship: evidence on educational track choices from Italy. *Journal of ethnic and migration studies*, 50(6), 1549-1571.

https://cadmus.eui.eu/bitstream/handle/1814/75634/Immigrant_generation_gender_Art_2023.pdf?sequence=2&isAllowed=n

- Autiero, G., & Nese, A. (2023). Cultural persistence or change? Gender differences in educational expectations of first and second-generation immigrants in Italy. *Genus*, 79(1), 22.

<https://link.springer.com/content/pdf/10.1186/s41118-023-00202-z.pdf>

•Naturally, all the materials uploaded in e-learning must be added to the above.

**Recommended optional readings (in italian):

Badalassi G., Gentile F. (2024) Signora Economia. Guida femminista al capitale delle donne, Le Plurali Editrice: Roma

Beltramini, L. (2020, 2023) La violenza di genere in adolescenza. Una guida per la prevenzione a scuola, Carocci Editore: Roma

Facheris, I. (2020) Parità in pillole, Rizzoli Editore: Milano

Facheris, I. (2025) Tutti gli uomini (possono cambiare le cose), Tlon Edizioni

Sabbadini, L.L. (2026) Il Paese che conta, Marsiglio Editore: Venezia

Teresa Cinque (2022) Amorologia, Longanesi Editore

Teresa Cinque (2024) Autobiografia clitoridea, Longanesi Editore

Volpato, C. (2023 - a cura di) Raccontare le molestie sessuali. Un'indagine empirica. Rosenberg & Sellier, Torino.

Although this course is held in Italian, for Erasmus students, all course material can also be available in English, and students can take the exam in English if they wish to do so

Sustainable Development Goals

GENDER EQUALITY | DECENT WORK AND ECONOMIC GROWTH | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS
