

COURSE SYLLABUS

Clinical Psychology of Sexuality and Gender Identity

2627-2-F5111P017

Learning area

Models and Techniques for assessing psychological functioning

Learning objectives

Knowledge and understanding

- Theoretical and methodological approaches in sexology;
- Normality and pathology in sexual functioning;
- Diagnosis in sexology;
- The bio-psycho-social model in sexology;
- Major sexual dysfunctions and most prevalent problems related to sexuality;
- Therapeutic approaches in sexology.

Ability to apply knowledge and understanding

- Recognize the manifestations of healthy and pathological sexual functioning;
- Integrate detected symptoms into a diagnostic hypothesis;
- Collect a complete sexological history;
- Formulate hypotheses about the bio-psycho-social factors involved in sexological problems;
- Integrate detected symptoms into a diagnostic hypothesis;
- Collect a complete sexological history;

Autonomy of judgement

Through classroom exercises (such as discussing clinical cases in small groups and watching videos of clinical interviews conducted by experienced professionals), students develop the ability to independently formulate hypotheses about the clinical material presented, reflect in terms of differential diagnosis, and identify the most

appropriate diagnostic hypothesis. The exam format, which includes an open-ended question, encourages independent judgment and critical thinking.

Communication skills

The course promotes the development of communication skills through classroom discussion of clinical cases, stimulating the ability to argue diagnostic hypotheses and the underlying clinical reasoning. The exam includes an open-ended question that requires the use of appropriate technical language and the ability to convey the acquired content clearly and coherently, both in writing and through an oral interview.

Learning skills

The course provides theoretical and practical foundations that allow students to independently continue their study of clinical pictures across the entire psychopathological spectrum. Videos and in-depth materials, made available on the course's e-learning page, allow students to develop an active and independent study methodology.

Contents

Sex, sexuality, sexual identity
Anatomy and physiology of the sex organs
Sexuality in the life cycle
Psychopathology of sexual disorders
LGBTQIA+ people: beyond heteronormativity and cisgender identities

Detailed program

Sex, sexuality, sexual identity
Anatomy and physiology of the sex organs
The cycle of sexual response: comparing models
Sexuality in the life cycle
Risk factors in sexology
Sexual health and sexual rights
Psychopathology of sexual disorders
LGBTQIA+ people: beyond heteronormativity and cisgender identities
Minority Stress, Microaggressions
Affirmative therapies
Sexological counseling: goals and objectives
The sexological history
Hints of sex therapy

Prerequisites

None

Teaching methods

20 two-hour sessions conducted in a lecture-style format in person; 8 two-hour sessions conducted in a face-to-face format, with the initial portion designed to engage students interactively in the subsequent part (presentations of clinical cases to be discussed in plenary sessions or small groups, viewing of video interviews with simulated patients, role-playing, practical exercises on the use of clinical interviews). All activities are conducted in person.

Assessment methods

The exam will consist of a written test divided in two parts: a multiple-choice test (30 questions with four answer options) aimed at verifying the specific knowledge of the theoretical aspects covered in the course, and a second part with open-ended questions.

Successful completion of the written exam will grant access to an optional oral exam in which, in addition to the knowledge acquired, mastery of the discipline's specific technical language will be assessed.

The optional oral exam will focus on the topics covered in class.

The assessment of learning will take the following elements into account:

- acquisition and mastery of the course's theoretical content;
- ability to correctly select and apply the acquired concepts to formulate a diagnostic hypothesis based on a clinical case;
- ability to interpret and critically discuss the impact of biases and prejudices regarding sexuality;
- clarity of presentation and proper use of the discipline's specific terminology.

The final grade is determined by the overall score obtained across the different components of the examination, according to the following grading scale:

18: Barely satisfactory knowledge, with only minimal interpretative and application skills.

19–22: Satisfactory knowledge of the fundamental content, with some uncertainty in its application.

23–26: Fair to good knowledge, with generally sound application skills despite some inaccuracies.

27–30: Solid knowledge, good mastery of the subject matter, and well-developed critical thinking skills.

30 with honours (30 cum laude): Comprehensive and fully satisfactory knowledge, excellent mastery of the subject matter, and outstanding precision and appropriateness of academic language.

Textbooks and Reading Materials

Detailed information about the course materials will be posted on the e-learning page.

Although this course is held in Italian, for Erasmus students, course material can also be available in English, and students can take the exam in English if they wish to do so.

Sustainable Development Goals

QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES
