



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Practical Class: Clinical Cases: Literature and Cinema

2627-2-F5111P020

Learning area

Models and Techniques for assessing psychological functioning

Learning objectives

Knowledge and understanding

The workshop aims to introduce students to the psychological understanding of literary and cinematic narrative examples that can represent themes related to the clinical area in terms of diagnosis, process, and treatment.

Ability to Apply Knowledge and Understanding

Ability to identify and explore clinical themes as represented in literature and cinema;

Ability to articulate and elaborate on these themes;

Presentation and discussion skills;

Ability to work in a group.

Making Judgments

Through the planned activities, the student will develop the ability to:

- Critically analyze the proposed psychological representations;
- Formulate personal reflections and independent evaluations on diagnostic, dynamic, and therapeutic aspects;
- Connect the laboratory content with prior experiences and knowledge, including those from interdisciplinary fields.

Communication Skills

Through the planned activities, the student will be able to:

- Effectively and clearly present the results of their analyses, both in written and oral form;
- Use technical language appropriate to the field of psychology;
- Actively participate in seminar discussions and group debates, demonstrating listening and argumentation skills.

Learning Skills

The laboratory, through the planned activities, aims to foster:

- The development of metacognitive skills useful for autonomous learning;
- The ability to select and explore narrative and scientific materials for self-education;
- The attitude to integrate theoretical knowledge with clinical and narrative observations from a reflective and critical perspective.

Contents

Motivated and articulated identification of clinical themes as narrated in non-directly psychological languages. Presentation of relevant examples.

Detailed program

- Theoretical introduction to the use of narrative and cinematic examples in clinical psychology
- Examples taken from clinical literature
- Discussion and identification of additional examples
- Group presentation and discussion with the creation of an ad hoc grid

Prerequisites

Having attended the Clinical Psychology course and learned basic elements of psychopathology and psychodynamics

Teaching methods

Interactive, experiential methodology (suitable material research), videos and films. Presentation and discussion in small groups.

Assessment methods

Attendance at 70% of classes is required. The assessment of learning is based on active participation in classroom discussions and on a PowerPoint presentation of a literary or cinematic work chosen by the student, which makes it possible to assess the understanding of the clinical topics covered, the ability for critical analysis and personal

elaboration, communicative effectiveness, and autonomy in selecting materials for self-directed learning.

Textbooks and Reading Materials

The reference texts and articles will be indicated during the first meeting with the students

Sustainable Development Goals

QUALITY EDUCATION
