



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Design and Development of Psychological Healthcare and Treatment Plans

2627-1-F5111P003

Learning area

Models and techniques for intervention and rehabilitation

Learning objectives

Knowledge and understanding

- Knowledge of the organizational structures that, within the normative framework of the National and Regional Health System, deliver health care services and in particular psychological services
- Knowledge of the theoretical and ideological assumptions that preside over organizational choices
- Knowledge of the historical path that led to the current organizational assets
- Knowledge of the main institutional documents that regulate the planning of the National and Regional Health System so that students can use these documents as tools for planning and professional development

Applying knowledge and understanding

- Understanding and critical analysis of the organizational mechanisms and institutional instruments of regional health care systems, with particular reference to the Lombardy system
- Ability to analyze the organizational peculiarities of social and health care contexts
- Knowledge of health care planning, identifying resources and constraints of organizational contexts
- Understanding of interorganizational network dynamics necessary for the development of psychological services and care pathways
- Ability to integrate psychological knowledge in multidisciplinary teamwork and network contexts typical of health care settings

- Reflection on the role of psychological professionals in social and health care contexts

Soft Skills

- **Making judgements:** The course aims to develop a critical perspective in analyzing the theoretical, ideological, and cultural assumptions underlying the organizational models of Psychological Services and, more broadly, of Health and Social Services. It also seeks to foster the ability to identify how organizational aspects of services can influence clinical practice and the ability to critically analyze the role of psychological professionals in social and healthcare settings. These skills will be developed through case analysis, classroom discussions, comparison of different analytical perspectives, and the analysis of external contexts.
- **Communication skills:** The course aims to strengthen students' ability to communicate complex concepts related to the organization of health and social services and professional practices in care pathways, using appropriate scientific language and adapting communication style to academic and professional contexts. These skills will be developed through group work, interactions with external professionals, classroom presentations, classroom exercises, and the oral exam.
- **Learning skills:** The course aims to provide tools and analytical skills for understanding the various organizational contexts in which psychological services are embedded, as well as the institutional documents that define these services. These skills will be developed through classroom exercises, joint analysis of documents, discussions, and group work.

Contents

The teaching is aimed at deepening the nature and functioning of organizational structures that deliver psychological services in public and private health care settings. Thus, some basic knowledge about the organization of psychological services and care pathways will be provided, and skills will be developed to take organizational dimensions into account when designing, conducting, and evaluating psychological support interventions of a clinical nature.

Detailed program

- Organizational structures of the national and regional health care systems.
- Institutional documents that regulate the programming of these systems
- Role and contributions of the psychological professions in the National and Regional Health System
- Developments and perspectives of psychology for the analysis of health care organizations
- Interorganizational and intersectoral networks for health care
- Health care planning

Prerequisites

Good knowledge of the foundations of Work and Organisational Psychology and Social Psychology facilitate more fruitful learning of the course contents. Students lacking such basic knowledge are encouraged to ask for a list of primary references.

Teaching methods

Lessons will be held in presence.

Lectures, case analyses, thematic seminars, meetings with professionals, team work.

Didactic delivery: 60%; Interactive didactics: 40%.

Each lecture includes a part of interactive teaching. Some lectures will be devoted to group work through interactive methodologies.

Assessment methods

There are no ongoing (in-itinere) assessments.

The assessment of learning will be carried out through an oral exam aimed at verifying specific knowledge of the topics covered in the course. The evaluation will assess knowledge, command of specific technical language, understanding, and evaluation of organizational processes. Participation in optional activities (thematic deep-dives, exercises, etc.) proposed during the course contributes to the evaluation (only for students attending classes).

In particular, the grading will take into account the following criteria:

18: barely sufficient knowledge, minimal applicative and interpretive abilities; essential use of technical language.

19-22: sufficient knowledge of the fundamental content, with some uncertainties in application and critical interpretation; sufficiently appropriate use of specialist terminology.

23-26: fairly good knowledge, good applicative and interpretive ability with some imprecision; generally correct technical language.

27-30: solid knowledge, command of the content and good to excellent applicative and critical ability; appropriate and precise use of technical-specialist language.

30 cum laude: fully adequate knowledge, full command, high critical ability and integration of content; rigorous, precise, and appropriate use of technical-specialist language.

Erasmus students may contact the instructor to arrange the possibility of studying from an English-language bibliography and/or taking the exam in English.?????

Textbooks and Reading Materials

Detailed information about the course materials will be posted on the e-learning page associated with the course.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | REDUCED INEQUALITIES | SUSTAINABLE CITIES AND COMMUNITIES
