UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Introduzione al Tirocinio 2

2627-1-I0103D009-I0103D00902

Aims

In preparation for the internship, students must:

1. Knowledge and understanding
   Learn nursing concepts and ethical principles relevant to the internship and level of training
2. Ability to apply knowledge and understanding
   Use ethical and professional knowledge in the care situations covered by the educational project
3. Independent judgement
   Act with awareness of their responsibilities and evaluate their role within the team
4. Communication skills
   Establish effective relationships with team members, participating actively and constructively
5. Learning skills
   Prepare for the clinical context by integrating theory, practice and awareness of the professional role

Contents

During the internship, the content presented in the first year of the course will be put into practice within social and healthcare facilities, with particular reference to the conceptual model used in the individual sections of the course. One of the aims of the clinical internship is to learn and develop PROFESSIONAL SKILLS divided into six areas: Culture, ethics and values; Health promotion and prevention, guidance and education; Decision-making; Communication and teamwork; Research, development and leadership; Nursing care.

Detailed program

In preparation for the internship, students will study the following topics in depth:
• Male/female bladder catheterisation exercises
• Venous and capillary blood sampling exercises
• Chest and abdomen auscultation exercises
• Drawing up a water balance sheet
• Performing an electrocardiogram

Prerequisites

Defined by the regulations of the degree course.

Teaching form

The teaching method is structured to award 1 CFU for a total of 25 hours, divided as follows:
• 5 one-hour lectures held in person;
• 10 two-hour laboratory activities and exercises, held interactively in person.

Textbook and teaching resource

Ausili D., Baccin G., Bezze S., Bompan A., Macchi B, Alberio M., Sironi C., Di Mauro S. (2018) Il Modello assistenziale dei processi umani (2018): un quadro teorico per l'assistenza infermieristica di fronte alla sfida della complessità. Pubblicazione CNAI – Centro Italiano Accreditato per la ricerca e lo sviluppo dell'ICNP™

Craven R.F., Hirnle C.J., Jensen S., Henshaw C.M. (2024) Fundamentals of Nursing and Competencies, 9th ed. USA: Wolters Kluwer Health Inc.

Herdman T.H., Kamitsuru S., Takáo Lopes C. (2024) Nanda International. Nursing Diagnosis: Definitions & Classification 2024-2026, 13th. New York: Thieme Medical Publishers, Inc.

Sironi C. (2010) Introduzione alla ricerca infermieristica - I fondamenti teorici e gli elementi di base per comprenderla nella realtà italiana. Rozzano (MI): Casa Editrice Ambrosiana

Hinkle J.L., Cheever K.H., Overbaugh K.J. (2024) Brunner & Suddarth's Texbook of Medical-Surgical Nursing, 15th ed. USA: Wolters Kluwer Health Inc.

Semester

1st Year, 2nd Semester

Assessment method

Attendance at lectures and teaching workshops

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY