UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Fundamentals of Nursing and Midwifery Sciences

2627-1-I0105D003

Aims

1. Knowledge and understanding.
•Acquire basic knowledge on the historical, professional, scientific and disciplinary path of nursing care, to understand the evolution and roots of professional identity..
•Acquire basic knowledge on the historical path of midwifery
•Know the main normative references that regulate the practice of nursing profession and the functioning of the National and Regional Health Service
2. Applied knowledge and comprehension skills
• Apply knowledge related to the nursing care process, recognizing its general characteristics and articulating its phases, with particular attention to the phase of the "Initial assessment"
• Understand and know how to interpret the main legal and ethical references relating to the nursing profession, with particular reference to professional responsibility
• Understand the role and functions of support staff in the context of the Health System
3. Autonomy of judgment
• Critically recognize the transition of nursing care from empirical practice to science, assessing its impact on the development of the profession and the quality of care.
Communication skills
• Use scientific language to describe the nursing care process with a focus on the first phase (Initial assessment)
• Use appropriate language to describe the role and functions of the nurse
5. Ability to learn
• Develop self-learning skills to learn more about the evolution of the nursing profession, the regulatory frameworks and the phases of the nursing care process.

Contents

Cognitive elements relating to the historical, professional and scientific path of nursing.

Main regulatory references relating to the practice of the nursing profession.
Nursing as a science.
The nursing process.
The initial nursing assessment.
The Italian National Health Service.
Professional responsibility.
Role and functions of support staff.
Historical, professional and disciplinary path of Midwifery.

Detailed program

General Nursing
• Brief notes on the welfare dimension in ancient civilizations
• The importance of Monasticism in the development of assistance
• The role of care reformers
• The birth of nursing in England: the figure of Florence Nightingale
• The contribution of Anna Celli
• Nursing care in Italy between the 19th and 20th centuries
• The birth and establishment of the first schools
• Associationism (historical notes)
• The affirmation of the Nursing Profession
• The establishment of the IPASVI - OPI colleges

General obstetrics
History of Obstetrics. Definition of Internal History and External History. Definition of Historical Eras. Philology and original primary and secondary/derivative historical sources.
The history of the obstetric profession: Midwife - Obstetrics: Conducted Midwife, Master Midwife, Obstetrician.
History of the object of study: a new category of patients; the unborn; the “Wheel of Saint Catherine”; hospitalization, plagues. The history of methods/methods: Semmelweis, the scientific and technological turning point, the "extraordinary birth" and the medicalized birth (caesarean section).

Introductory theoretical elements
Sociological development of the nursing profession
• Main rules relating to the practice of the nursing profession

- Ministerial Decree 14 September 1994, n.739 "Regulation concerning the identification of the figure and the related professional profile of the nurse"
- L. 26 February 1999, n. 42 “Provisions regarding health professions”
- Law 10 August 2001, n.251 “Discipline of the nursing, technical, rehabilitation, prevention and midwifery health professions
  • Nursing as scientific knowledge
  • Evidence informed decision making (EIDM)
  • The evolution of nursing knowledge in Italy
  • The main concepts of Nursing
  Health/illness
  Man
  Environment
  Fundamentals of care
  Self-care
  Introduction to clinical methodology
  • The main characteristics of the method
  • The phases of the nursing care process

• The first phase of the nursing care process: nursing assessment
Types (initial, continuous, emergency...)
Methods and tools: observation, interview, physical examination
The interview and the interview: phases and characteristics

Professional Regulations
• The meaning of organization: definition and purpose; (Nods)
• The National Health Service (SSN) and Regional (SSR): main regulatory references:
• L. 23 December 1978, n. 833 “Establishment of the National Health Service”: principles and objectives.
• Legislative Decree 30 December 1992, n. 502 “Reorganization of healthcare regulations, pursuant to article 1 of the
• law 23 October 1999, n. 421 and subsequent amendments; Legislative Decree n.517/1993 - Legislative Decree n.229/1999;
• L.R 11 July 1997, n. 31 “Regulations for the reorganization of the Regional Health Service”
• LR.. 11 August 2015 n. 23 “Evolution of the Lombardy socio-health system: amendments to Title I and Title II of the regional law 30 December 2009, n. 33”
• Ministerial Decree 23 May 2022, n. 77 “Regulation on the definition of models and standards for the development of territorial assistance in the National Health Service”
• Professional responsibility
• The exercise of the profession and the areas of nursing responsibility and autonomy
• Criminal, civil, administrative and ethical responsibility
• Law 8 March 2017, n. 24 "Provisions regarding the safety of care and of the assisted person, as well as regarding the professional responsibility of those practicing healthcare professions" (outline)
• The social health worker (OSS):
• State-Regions Conference of 22 February 2001 “Agreement between the Ministry of Health, the Ministry of Social Solidarity and the Regions and the autonomous Provinces of Trento and Bolzano, for the identification of the figure and the related professional profile of the Social and Health Operator for the definition of the educational organization of training courses"
• Specialist training: notes

Prerequisites

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Teaching form

Lectures are delivered in face - to - face mode with the possibility of videos, discussion, group or individual work

Textbook and teaching resource

Sede di Lecco, Monza, Sondrio

- Ausili D., Baccin G., Bezze S., Bompan A., Macchi B., Alberio M., Sironi C., Di Mauro S. (2018) Il Modello assistenziale dei processi umani 2018: un quadro teorico per l’assistenza infermieristica di fronte alla sfida della complessità. Milano: CNAI.
  Link per il reperimento della terminologia ICNP® Disponibile da: https://www.icn.ch/what-we-

do/projects/ehealth/icnp-browser

Sede di Bergamo

- Henderson V., Principi fondamentali dell'assistenza infermieristica, a cura del Comitato per i Servizi infermieristici del Consiglio Internazionale delle infermiere, Consociazione Nazionale Infermiere/i e altri operatori Sanitario Sociali (IV ed. 2003)
    - Herdman H., Kamitsuru S., Lopes C.T. (2024) (a cura di) NANDA – I Diagnosi Infermieristiche – Definizioni e classificazione 2024-2026. Milano: CEA

Semester

1° Year - 1° semester

Assessment method

Oral examination on the topics of the programme and the core bibliography.
The dates will be communicated at the beginning of the Academic Year through the "Exams Calendar". Changes will be possible depending on the number of students enrolled
There are no in itinere tests.

Office hours

By appointment

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | GENDER EQUALITY | PARTNERSHIPS FOR THE GOALS