UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

Elements of Occupational Psychology in Healthcare

2627-1-K0103D004-K0103D00403

Aims

By the end of the course, students will be able to identify the main psychological and organizational factors that influence professional behavior, analyze interpersonal dynamics in healthcare settings, and identify strategies aimed at promoting the well-being of individuals, work groups, and the organization.

Contents

This course introduces the main concepts of occupational psychology as applied to healthcare settings, with a particular focus on the organizational, interpersonal, and managerial dynamics that characterize the nursing and midwifery professions.

Detailed program

The Fundamentals of Work and Organizational Psychology. The Individual and the Work Group in Healthcare Organizations. Interprofessional Communication and Relationships in Care Teams. Motivation, Job Satisfaction, and Professional Engagement. Occupational Stress, Burnout, and Psychosocial Risk Factors in Healthcare. Conflict, crisis management, and coping strategies. Organizational well-being and quality of work life. Organizational change and the adaptation of healthcare professionals. Psychological aspects of human resource management in healthcare. Prevention of workplace distress and promotion of healthcare workers' well-being. The impact of organizational dynamics on the quality and safety of care.

Prerequisites

None

Teaching form

4 interactive lessons, 4 hour each, with group discussions conducted in a face-to-face format

Textbook and teaching resource

Papers and handouts prepared by the teacher and uploaded to the e-learning platform.

Semester

First year, second semester

Assessment method

Written exam with open-ended questions

Office hours

By appointment, arranged with the teacher via email.

Sustainable Development Goals

QUALITY EDUCATION | GENDER EQUALITY | REDUCED INEQUALITIES