UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

COURSE SYLLABUS

International Mobility in Health Sciences

2627-1-K0102D018

Aims

The course aims to provide students with knowledge of the processes related to the international mobility of healthcare professionals. Upon completion of the course, students will be able to understand the role of international cooperation, professional mobility, and intercultural perspectives in the planning and delivery of healthcare services, promoting inclusive and equity-oriented models of care. The course also aims to increase students' awareness of the international mobility opportunities offered by the University, highlighting the educational value of study and clinical placement experiences abroad for the development of professional and intercultural competencies.

Contents

Globalization and health. International mobility of healthcare professionals and patients. Comparison of healthcare systems. International health cooperation. Transcultural care. European and international health policies. Ethics, equity, and sustainability in global healthcare contexts. International mobility opportunities for students and the enhancement of international learning experiences.

Detailed program

The course explores the main processes of health globalization and their impact on healthcare systems and nursing practice. The international mobility of healthcare professionals will be examined, including mechanisms for the recognition of professional qualifications, free movement of workers within the European Union, and major international policies regarding the ethical recruitment of healthcare personnel.

The course also addresses cross-border patient mobility, international health cooperation, global health

emergencies, and the role of international organizations in protecting and promoting public health. Students will explore the principles of transcultural care, cultural competence, and intercultural communication, with particular attention to the care of individuals from diverse cultural and social backgrounds.

The course will also present the international mobility opportunities offered by the University, including study and clinical placement programs abroad, international cooperation pathways, and initiatives aimed at promoting the internationalization of healthcare education. Through testimonials from students who have completed international mobility experiences during their academic careers, the course will provide insights into personal experiences, opportunities, challenges, and competencies developed abroad, fostering greater awareness of the value of international education and encouraging participation in mobility programs.

Prerequisites

As defined by the Academic Regulations.

Teaching form

Lectures, discussion, and active student participation.

Textbook and teaching resource

Provided by the teacher.

Semester

First year. Elective course.

Assessment method

No assessment.

Office hours

By appointment, arranged via email with the teacher.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | REDUCED INEQUALITIES | PEACE, JUSTICE AND STRONG INSTITUTIONS