



UNIVERSITÀ
DEGLI STUDI DI MILANO-BICOCCA

SYLLABUS DEL CORSO

Fondamenti Avanzati di Scienze Infermieristiche

2627-1-K0102D003

Aims

The course aims to provide students with an in-depth understanding of the foundations of nursing science, strengthening professional identity and autonomy through the analysis of philosophical approaches, conceptual models, nursing theories, and ethical, deontological, and historical-regulatory frameworks. Upon completion of the course, students will be able to comprehend the historical evolution of nursing care, the main regulations governing the National Health Service, nursing education, and professional practice. Furthermore, students will identify ethical principles, professional responsibilities, and ethical dilemmas using ethical decision-making frameworks (such as the Fry and Johnstone model), applying critical appraisal tools to nursing theories, Evidence-Based Nursing, and nursing research.

Contents

Introduction to the historical development of nursing care and historical research methodology. Foundations of nursing science, professional identity, and disciplinary development. Overview of regulatory evolution concerning healthcare organization, professional practice, nursing education, and professional autonomy. Values and value conflicts, ethical responsibilities, professional codes of ethics, and the concepts of advocacy, accountability, and caring. Ethical decision-making models, theoretical perspectives, schools of thought, the Human Processes Nursing Care Model, nursing languages and classification systems, Evidence-Based Nursing, and nursing documentation in the era of e-health.

Detailed program

The course explores the historical development of nursing care from antiquity and the rise of Christianity, major healthcare reformers, welfare initiatives in Italy between the 18th and 19th centuries, Florence Nightingale and

modern nursing science, 20th and early 21st-century developments in Italy, and historical research methodology. It examines sources of law, National Health Service legal frameworks, regulations on nursing education and practice, professional responsibilities, competencies, and autonomy. It analyzes ethical theories, professional codes of ethics, advocacy, accountability, caring, moral action, ethical responsibilities in clinical practice, allocation of healthcare resources, patient-centered care, and ethics education in undergraduate and continuing professional development. Finally, the course investigates nursing knowledge development (according to Meleis and within the Italian context), the 1990s University School of Nursing Disciplines classification, standardized nursing languages and diagnoses, Evidence-Based Nursing, the relationship between philosophy, theory, and research, nursing documentation in the era of e-health, major schools of thought (Needs, Interactions, Outcomes), the Human Processes Nursing Care Model, levels of theorization (grand, middle-range, and situation-specific theories), and methods for critical appraisal of nursing theories as preparation for research methodology.

Prerequisites

As defined by the Academic Regulations.

Teaching form

Lectures.

Textbook and teaching resource

Provided by the lecturer.

Semester

First year, first semester.

Assessment method

The assessment method will be communicated in detail by the lecturer.

Office hours

By appointment, arranged via email with the lecturer of each module.

Sustainable Development Goals

GOOD HEALTH AND WELL-BEING | QUALITY EDUCATION | GENDER EQUALITY
