

Advancing therapies in Cystic Fibrosis : the role of preclinical research

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Università Bicocca, 21 maggio, 2026

My professional journey



ALESSANDRA
BRAGONZI



PROFILE OVERVIEW

As a scientist: 25+ years of experience in translational research, managing preclinical studies in Infection and Cystic Fibrosis.

As a patient advocate: I am passionate about bringing scientists, patients, and stakeholders together to create meaningful change. I focus on projects that promote Patient Engagement in Research.

EDUCATION

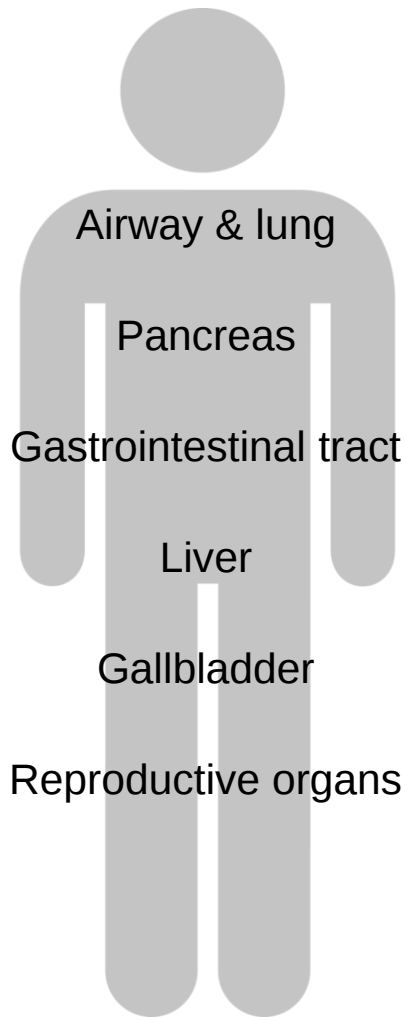
- Bachelor Biological Sciences, University of Milano, Milano, Italy
- Ph.D. in Natural Sciences, Eberhard Karls university of Tübingen, Germany
- Master in International Patient Advocacy, Catholic University, Italy
- European Patients' Academy on Therapeutic Innovation (EUPATI) patient expert

AREAS OF EXPERTISE

- Translational Research
- Preclinical Study Management
- Education and mentoring
- Patient Advocacy

I love to help others to share their voice and get involved...

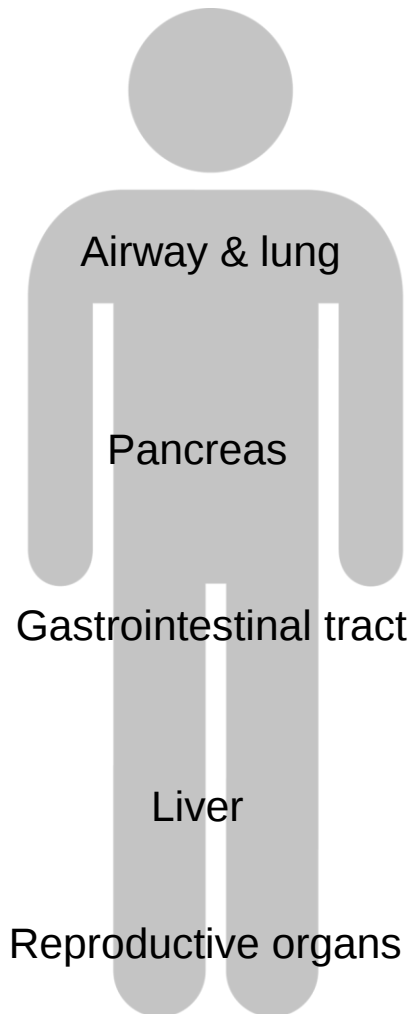
Cystic Fibrosis: a lethal genetic disease



2,000 CFTR known mutations
 $\Delta F508$ most common mutation
1:25 carriers

1:2,500 live births
100,000 CF patients worldwide
Life expectancy about **46 years**

Cystic Fibrosis: a multi-organ disease



- Bronchiectasis
- Pneumonia
- Mucoïd obstruction of bronchi
- Excessive inflammation
- Respiratory failure

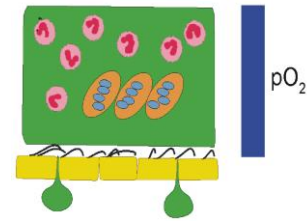
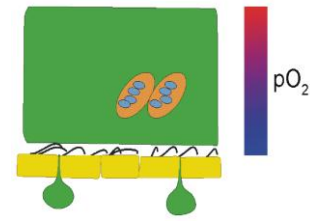
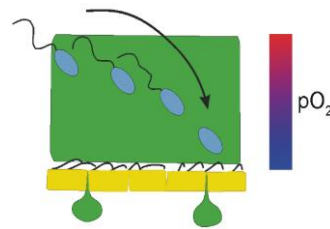
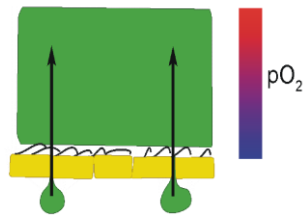
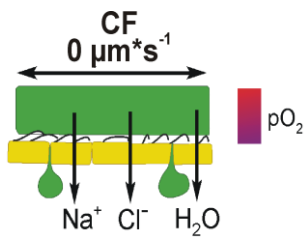
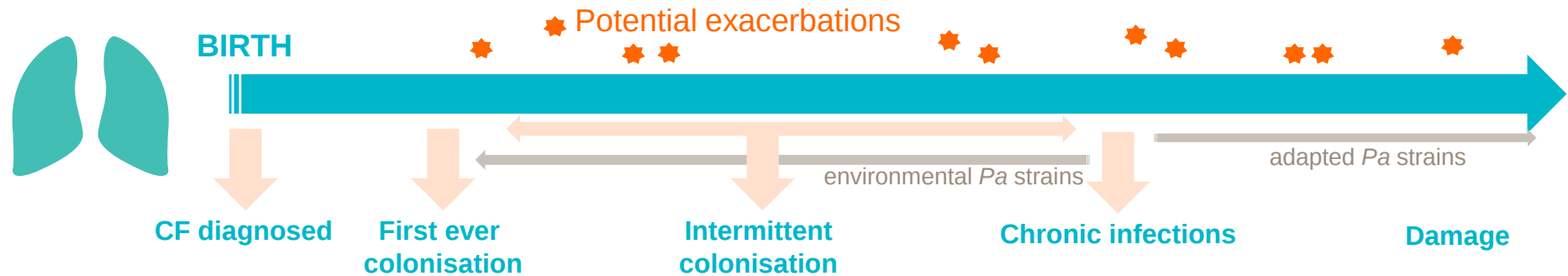
- Pancreatitis
- Insulin deficiency
- Symptomatic hyperglycemia
- Diabetes

- Defect in gastric acid secretion.
- Significant lower net fluid secretion (gastric juice) and higher bilirubin reflux.
- Meconium ileus/peritonitis
- Distal intestinal obstruction syndrome

- Hepatic stenosis
- Portal hypertention

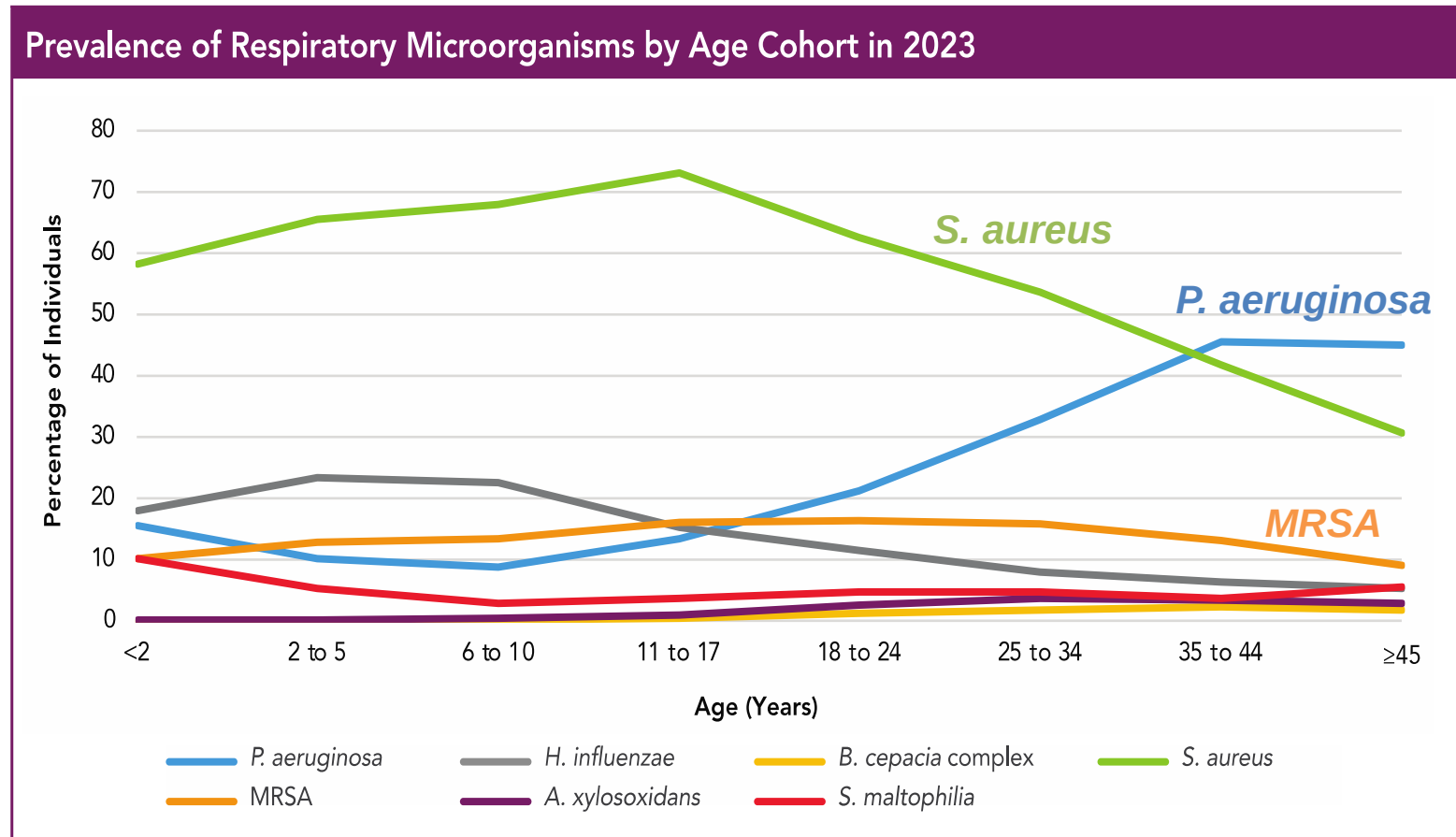
- Infertility
- Mucoïd obstruction of vas deferens in newborn
- Absence of vas deferences in adult

Timeline of pulmonary pathology in pwCF



Worlitzsch et al. JCI 2002

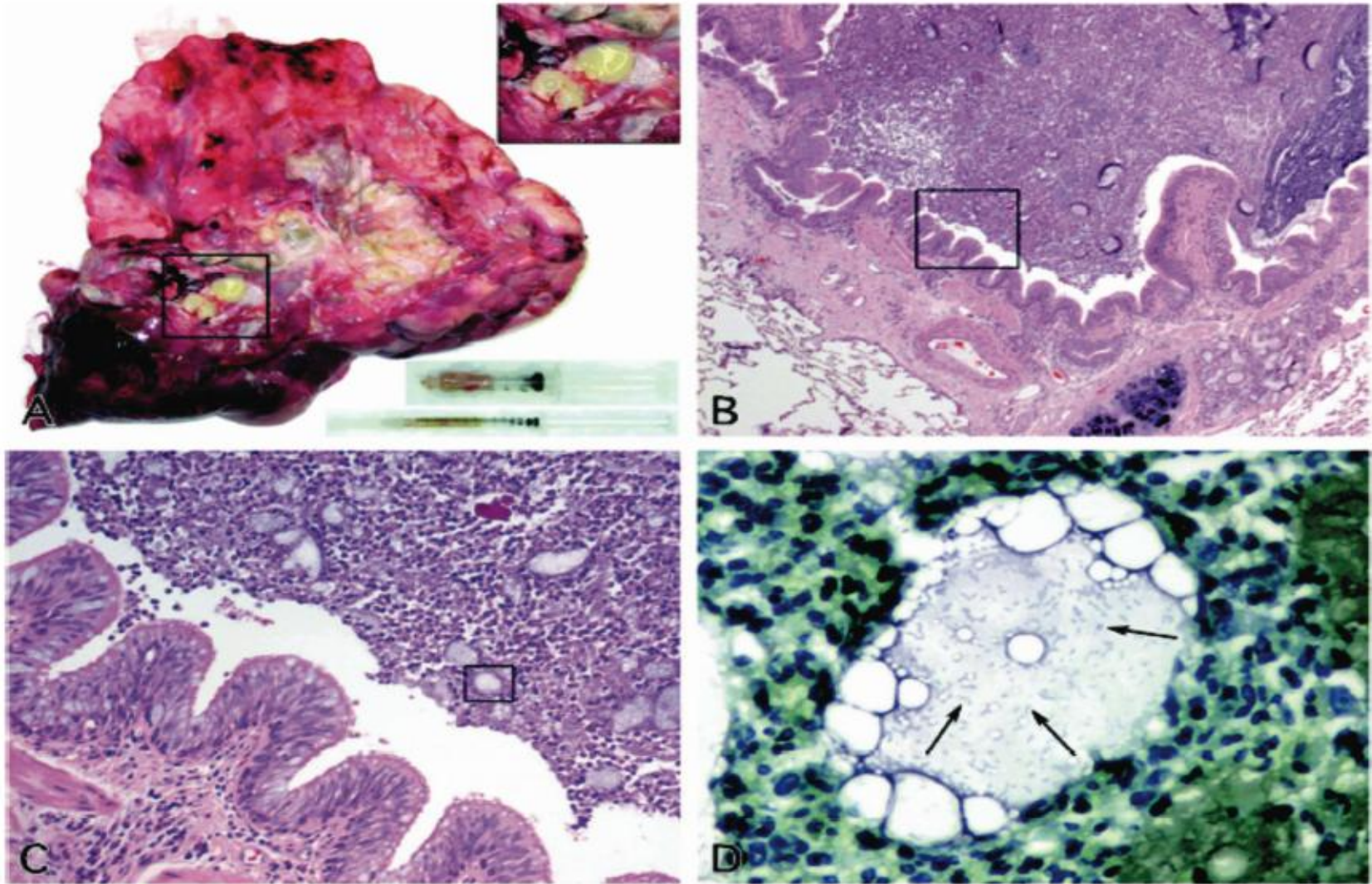
The Players: the bacteria identified in the clinical lab



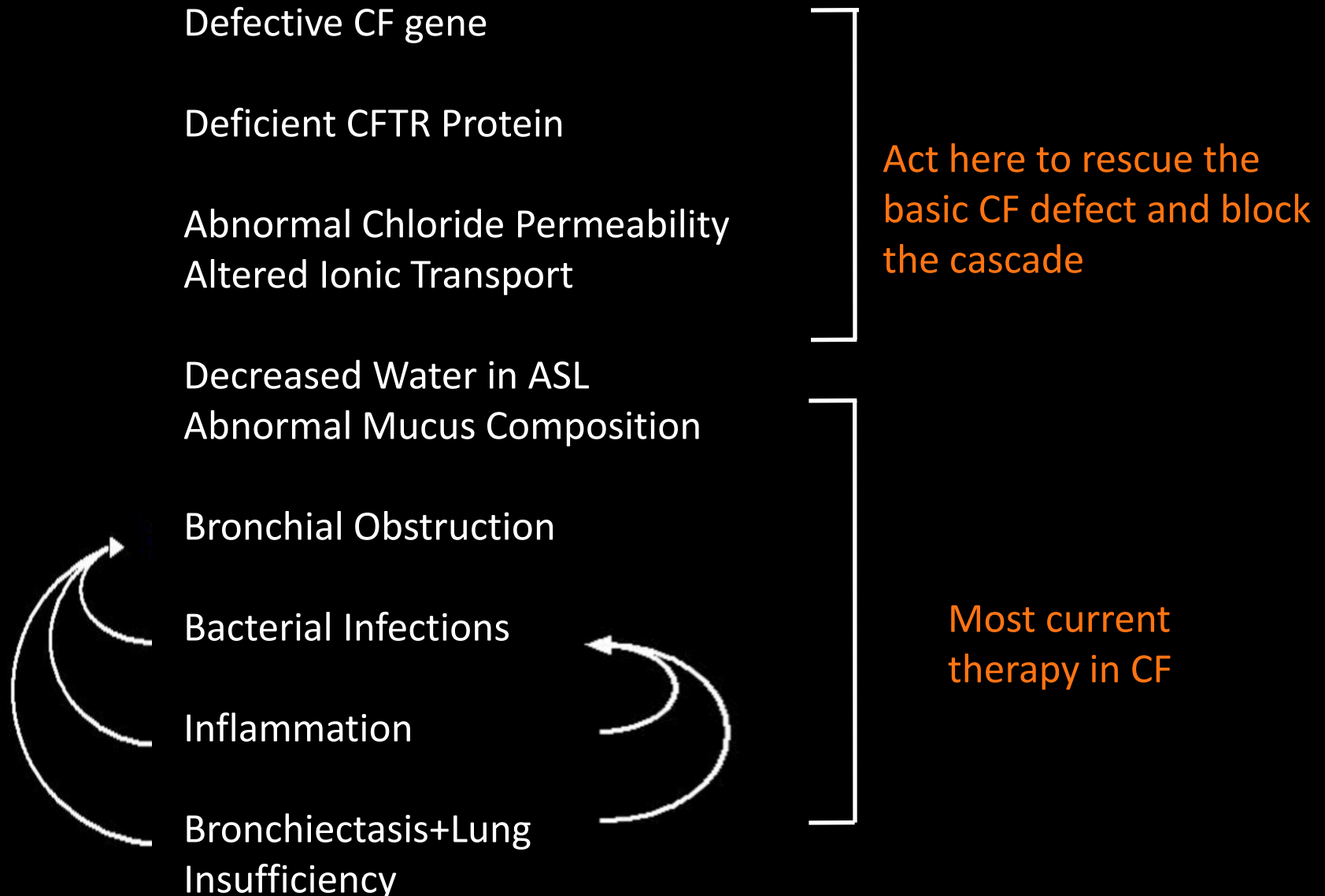
CF Foundation Patient Registry 2023

These are the most common “standard pathogens”,
we focus on the diagnosis and treatment

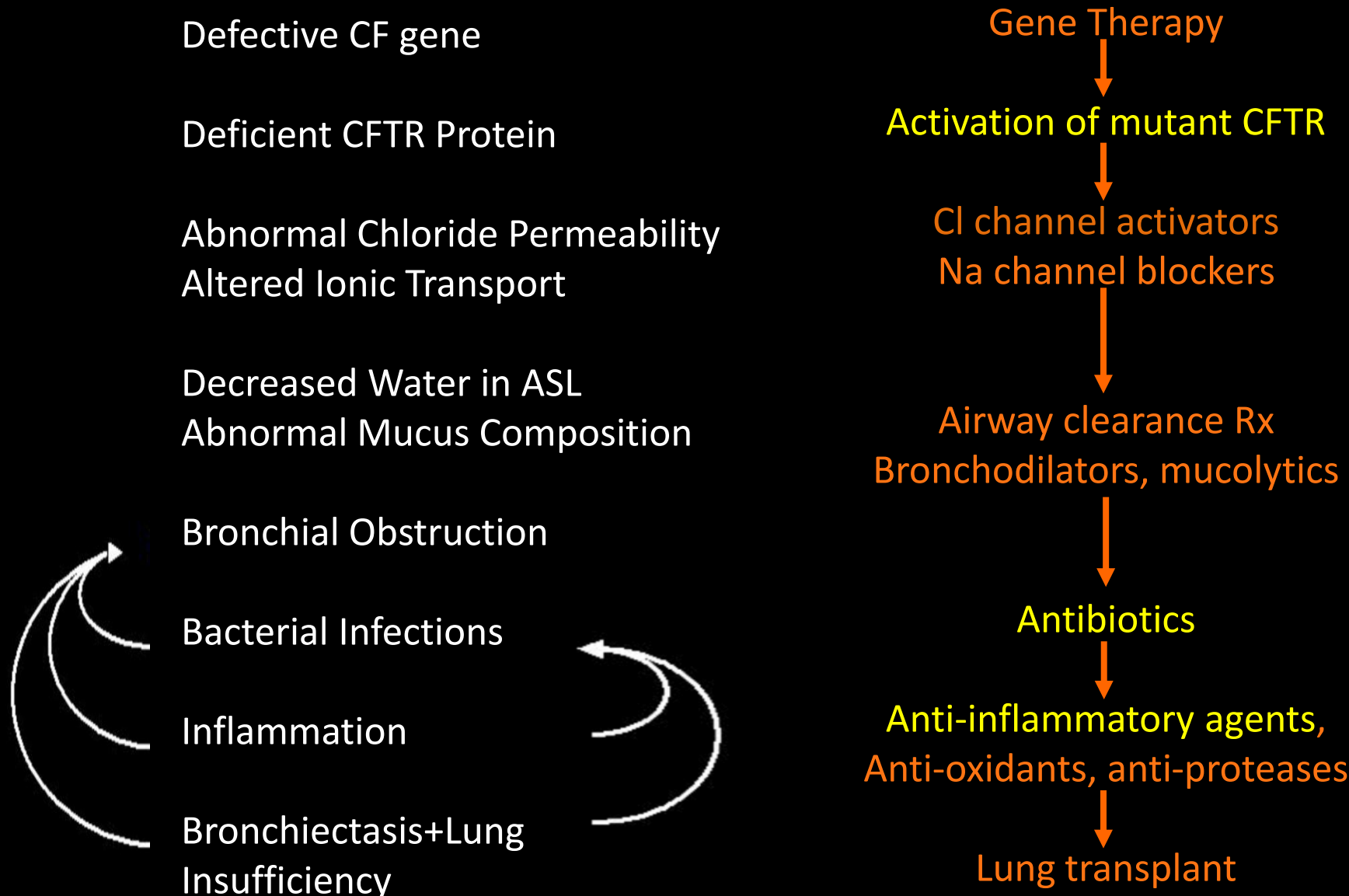
Pulmonary pathology in pwCF



The CF pathogenesis cascade & current therapies



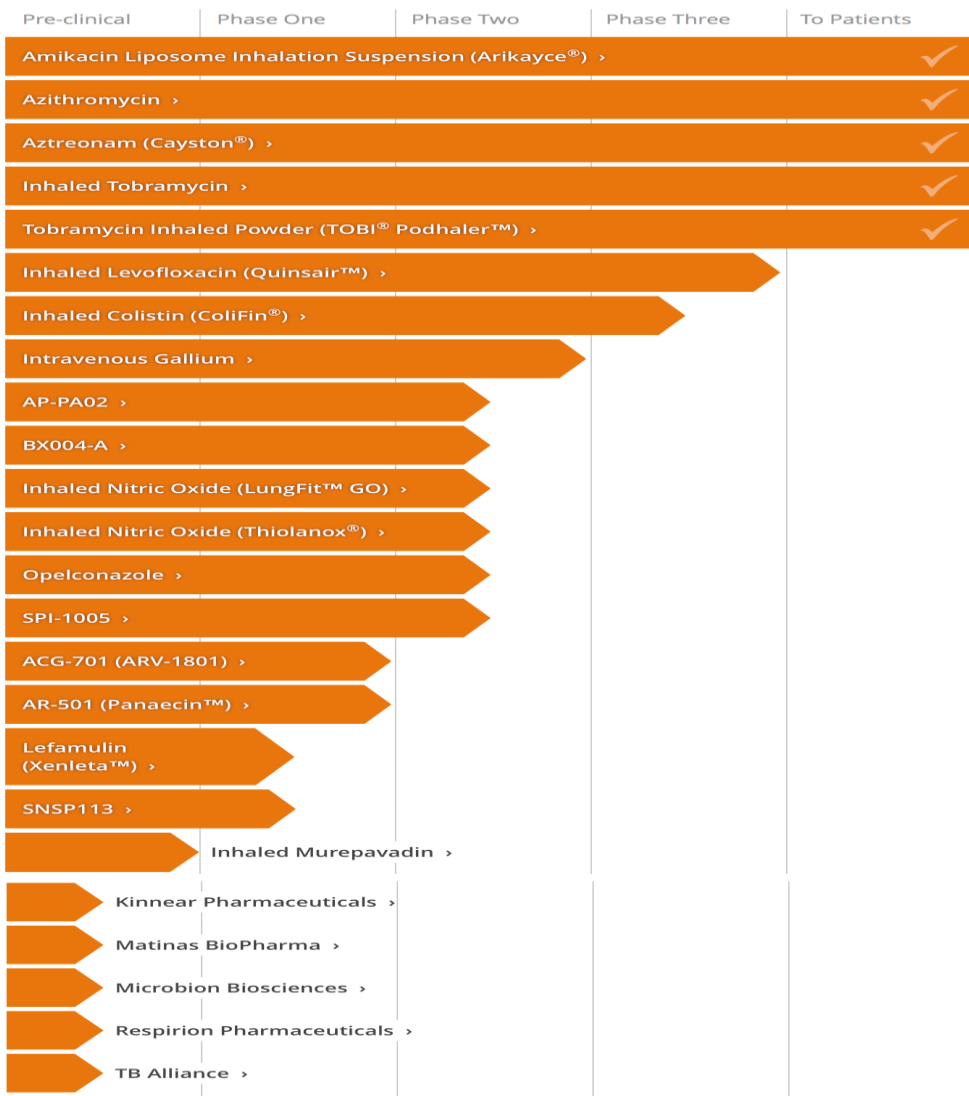
The CF pathogenesis cascade & current therapies



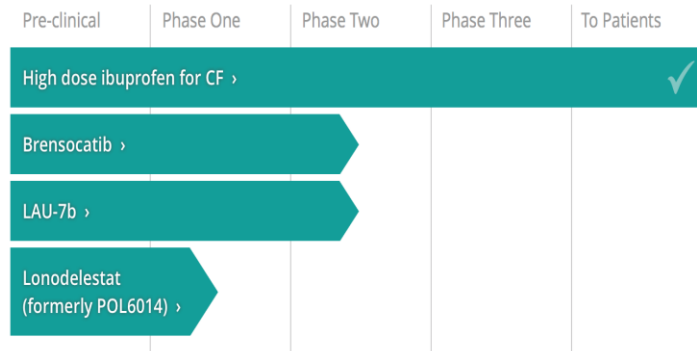
Drug development pipeline

Attacking CF from every angle

Anti-infectives

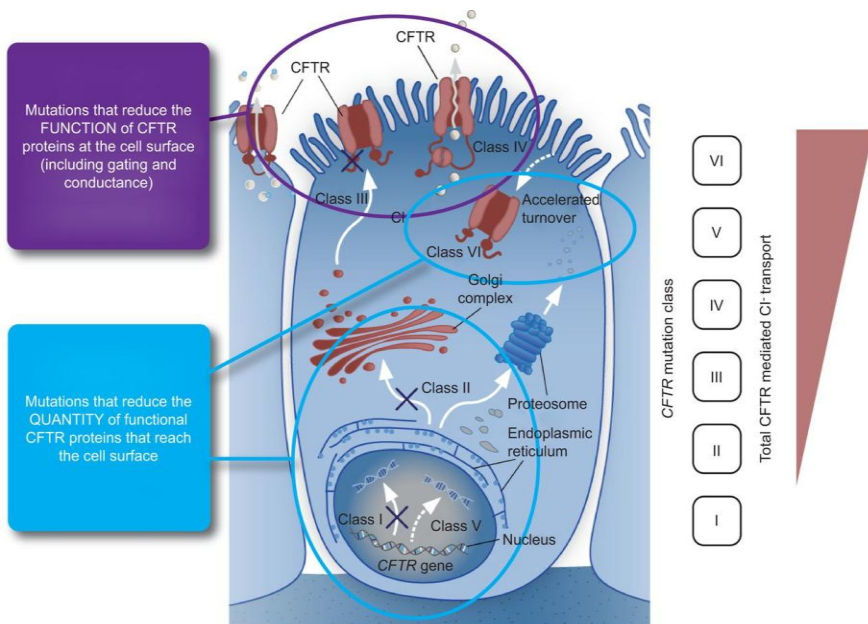


Anti-inflammatory



CFTR-modulator therapy

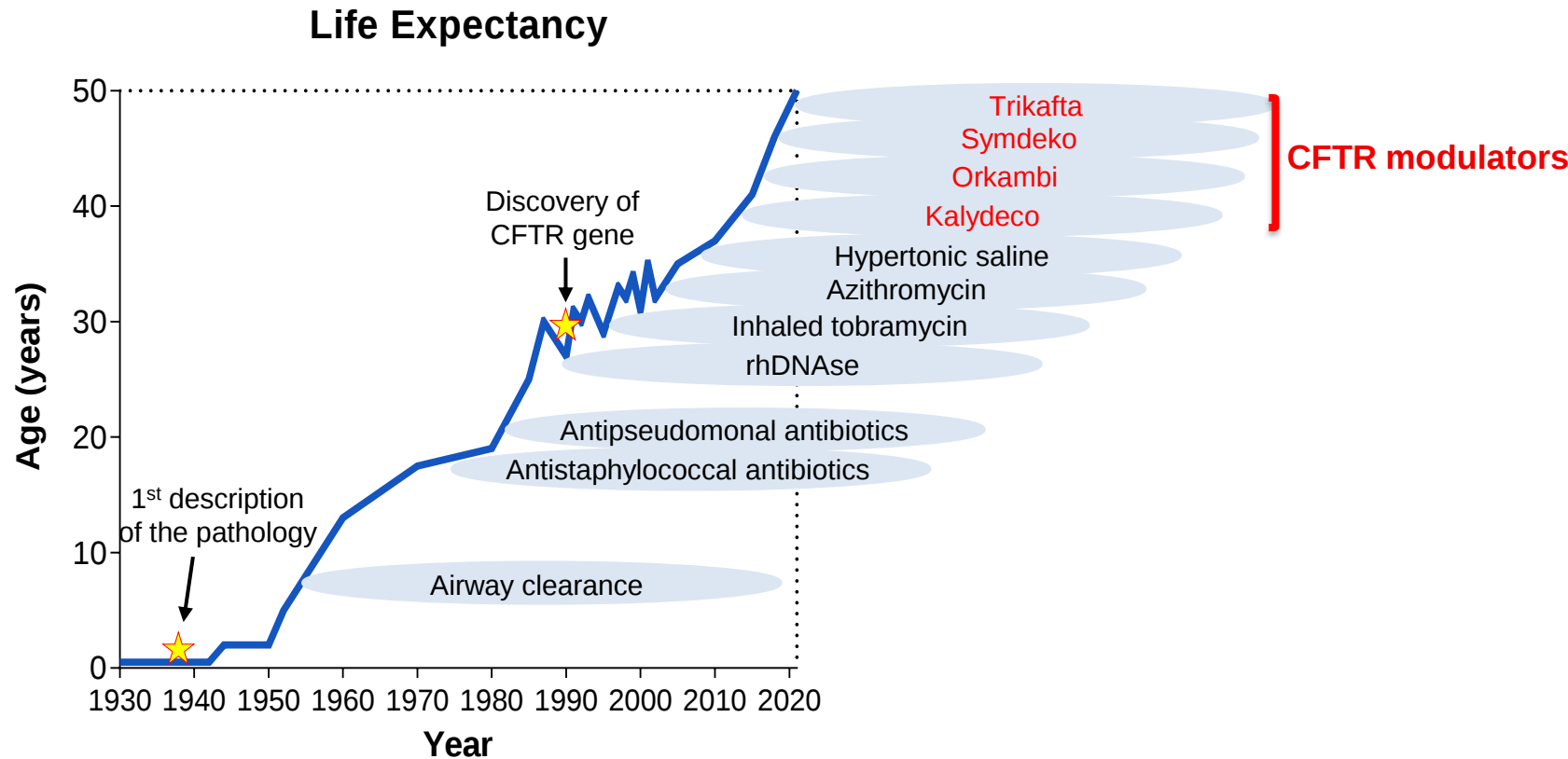
A major breakthrough to address defect in CF



Restore CFTR function

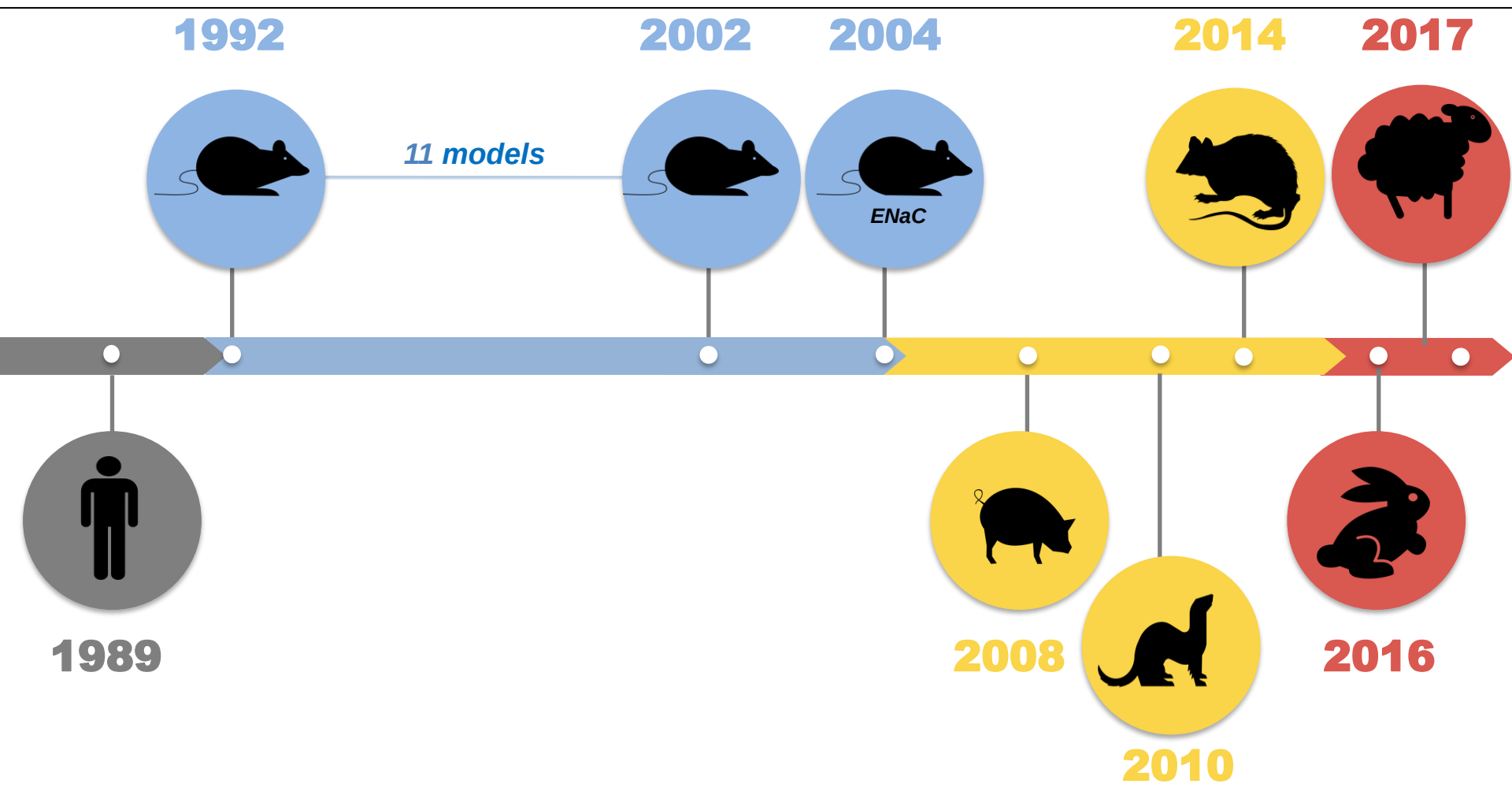
Pre-clinical	Phase One	Phase Two	Phase Three	To Patients
				Ellexacaftor + tezacaftor + ivacaftor (Trikafta®) ›
				Ivacaftor (Kalydeco®) ›
				Lumacaftor + ivacaftor (Orkambi®) ›
				Tezacaftor + ivacaftor (Symdeko®) ›
				VX-121 + tezacaftor + VX-561 ›
				ABBV-2222 + ABBV-3067 ›
				ELX-02 ›
				VX-561 (deutivacaftor) ›
				4D-710 ›
				Arcturus Therapeutics ›
				Icagen, Inc. ›
				Pioneering Medicines ›
				Reata Pharmaceuticals ›
				ReCode Therapeutics ›
				SalioGen Therapeutics ›
				Sionna Therapeutics ›
				Southern Research Institutes ›
				Spirovant Sciences ›
				SpliSense ›

Cystic Fibrosis: therapies



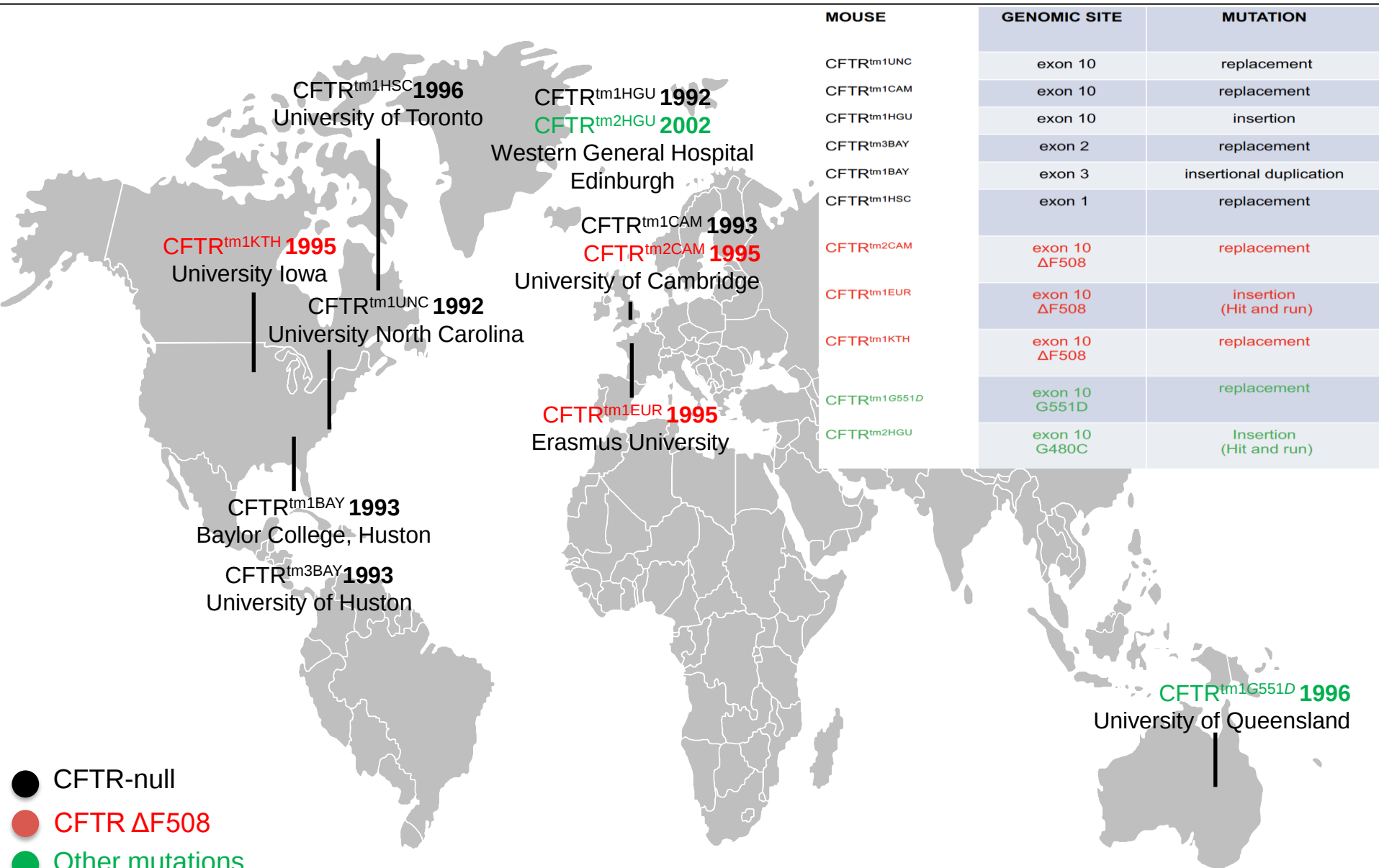
Modified from Lopes-Pacheco, Front Pharmacol 2020

Animal models of Cystic Fibrosis



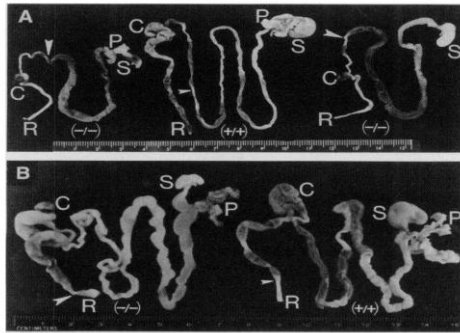
CF benefits from the direct engineering of six different species

Cohorts of CF mice

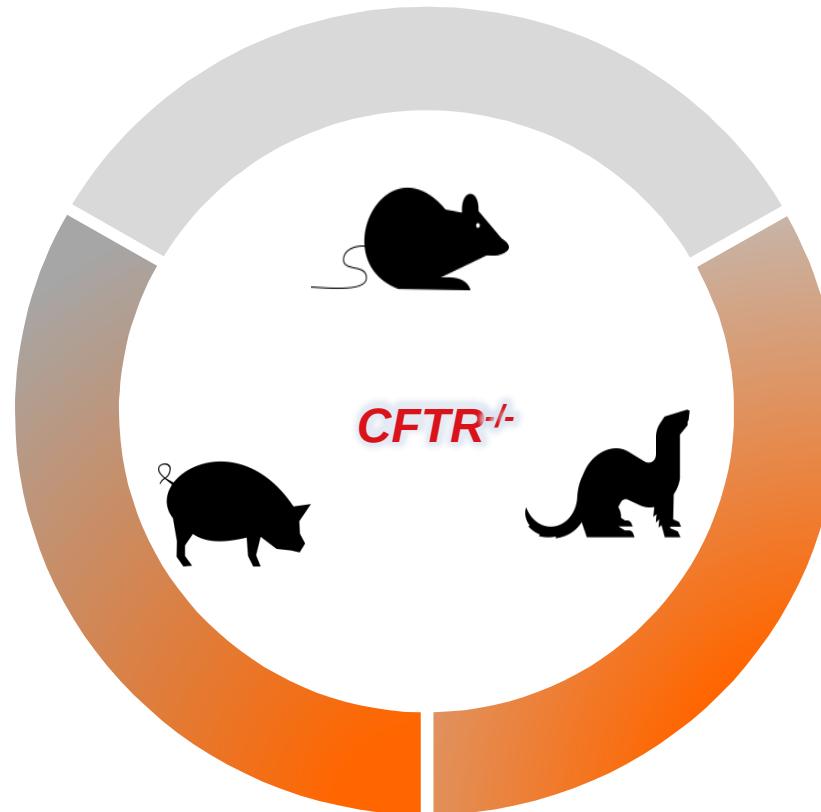
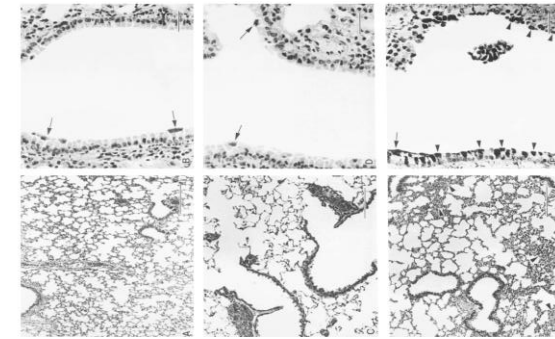


Major concerns with CF animal models

Absence of CF-like lung disease and other disease manifestations



Severe intestinal obstruction
Absence of lung phenotype

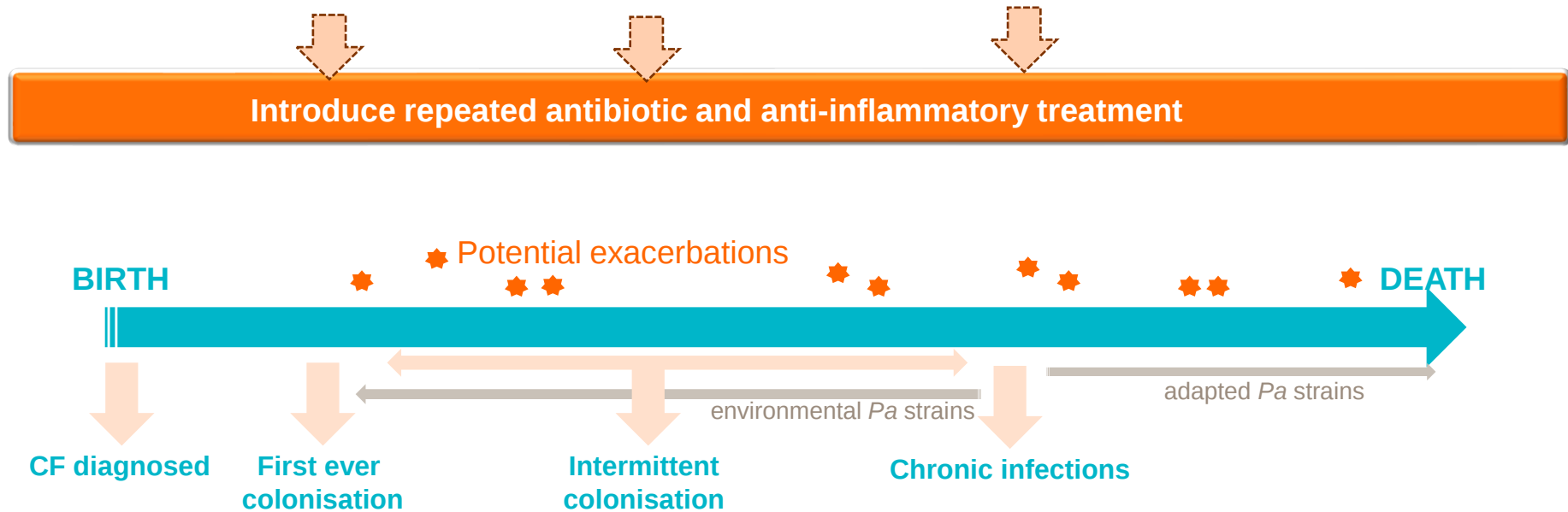


Severe meconium ileus and malabsorption
Moderate mucus-obstruction with high variability
Absence of *P. aeruginosa* infection

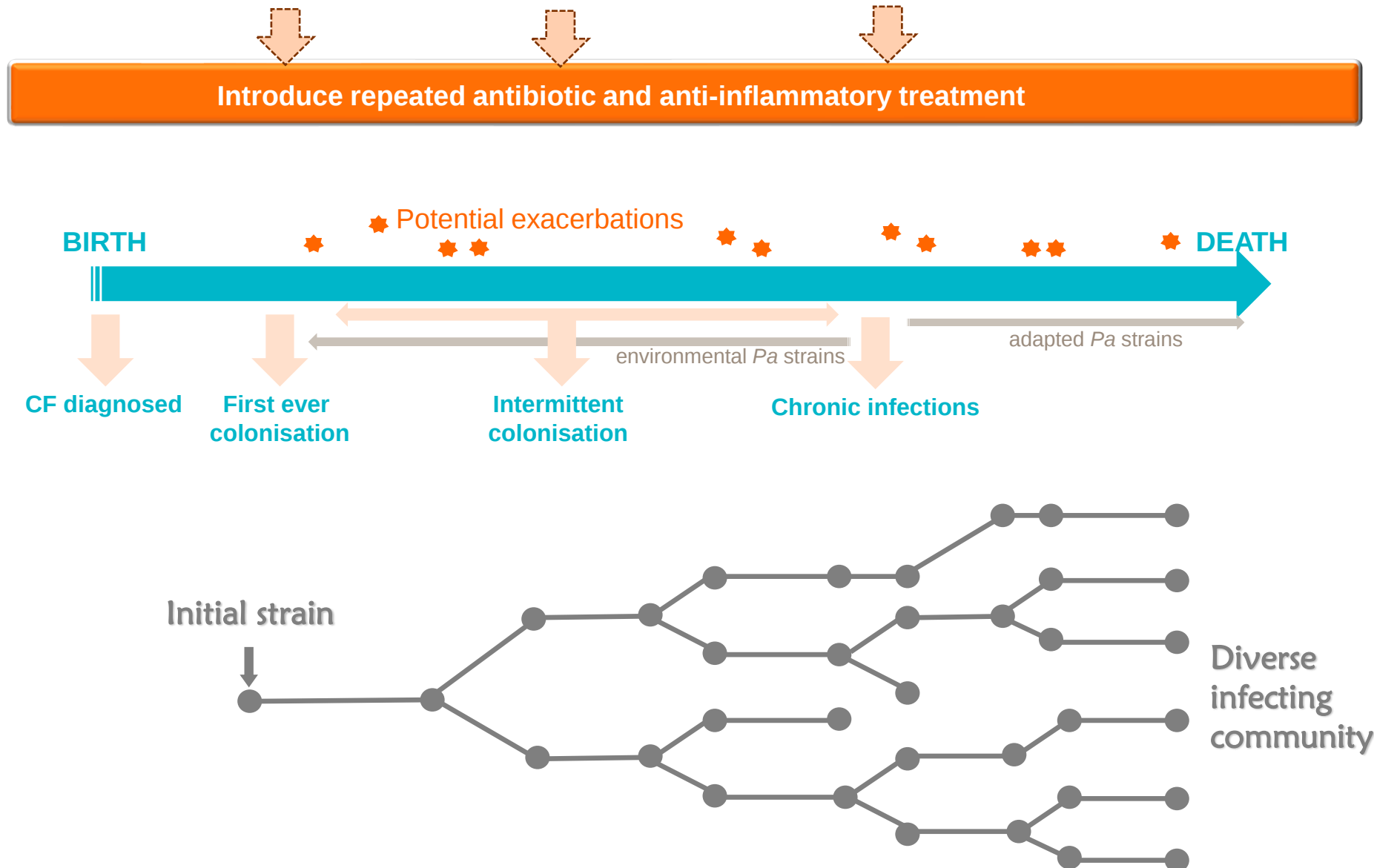
Unmet clinical needs in Cystic Fibrosis

- New and better antimicrobials and anti-inflammatory therapies
 - Identify better therapeutic targets
- Develop more reliable and pre-clinical informative animal models to test efficacy of new therapies
 - There are no clear guidelines for efficacy testing
 - There is failure of clinical phases

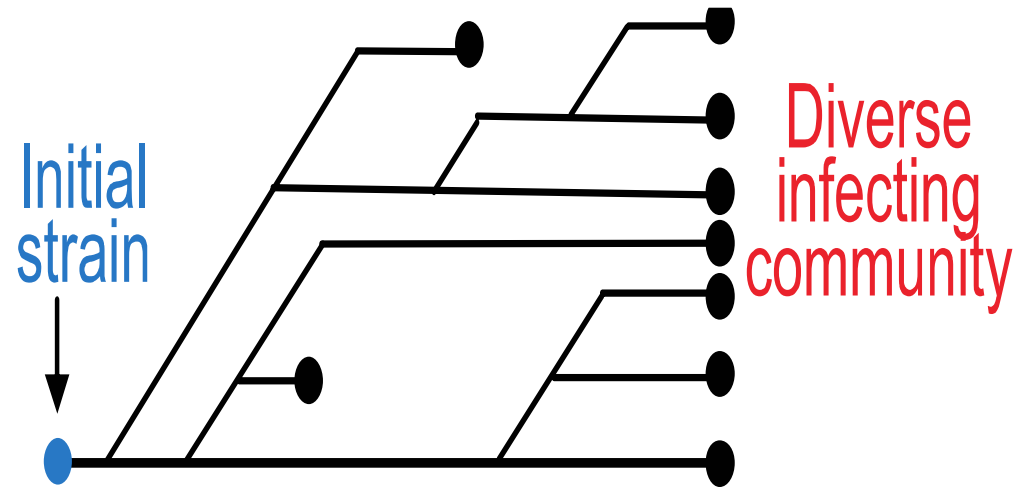
Natural history of *Pseudomonas aeruginosa* infection and response to antibiotic and anti-inflammatory treatment in cystic fibrosis lung



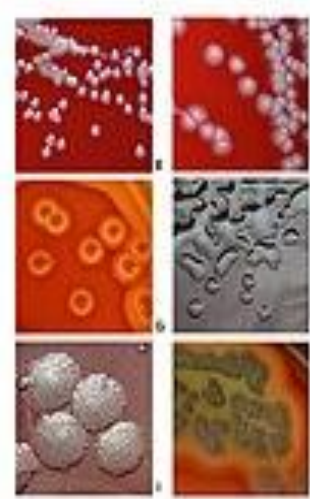
Natural history of *Pseudomonas aeruginosa* infection and response to antibiotic and anti-inflammatory treatment in cystic fibrosis lung



What have we learned about CF infections?



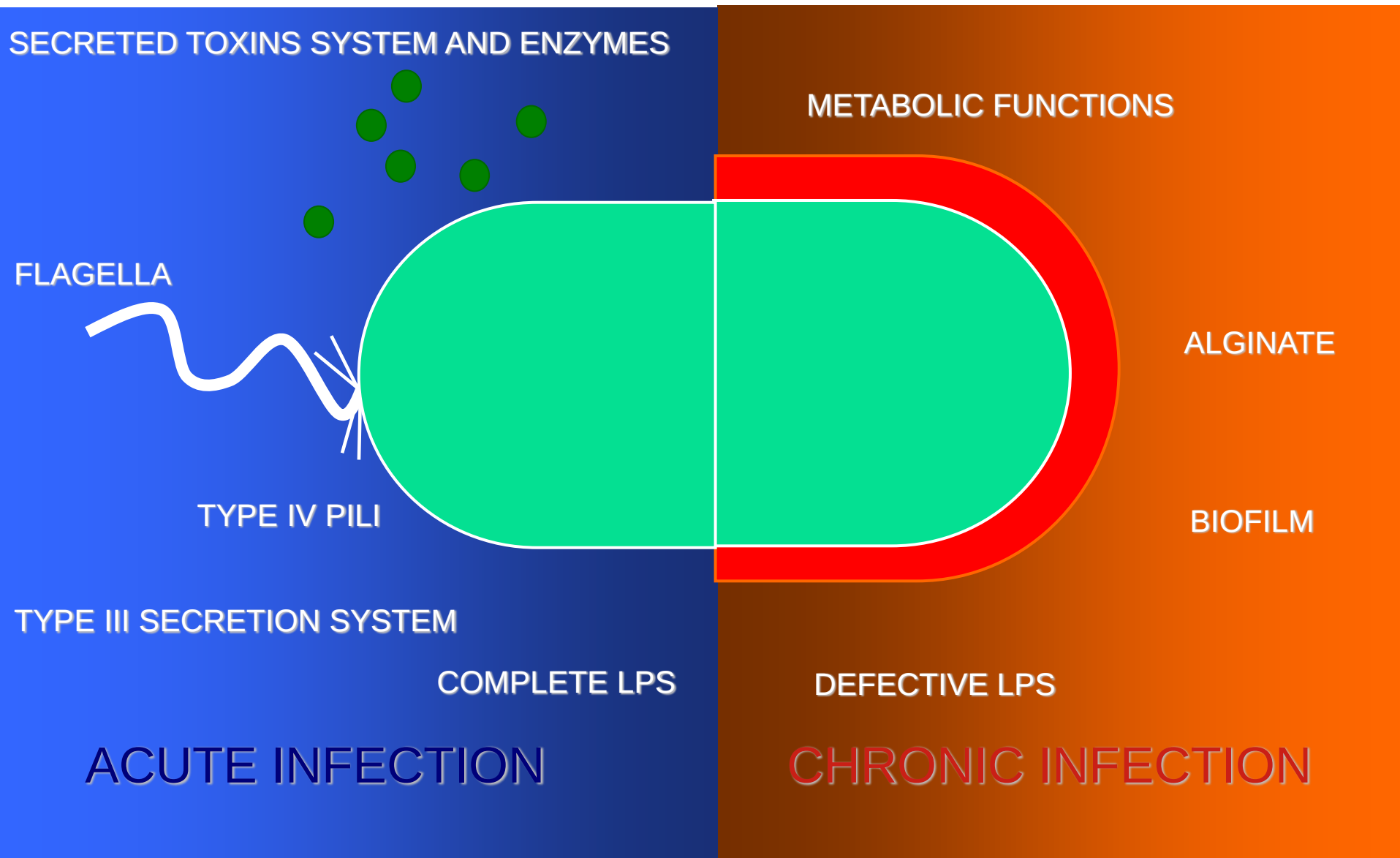
Nguyen & Singh, PNAS, 2006



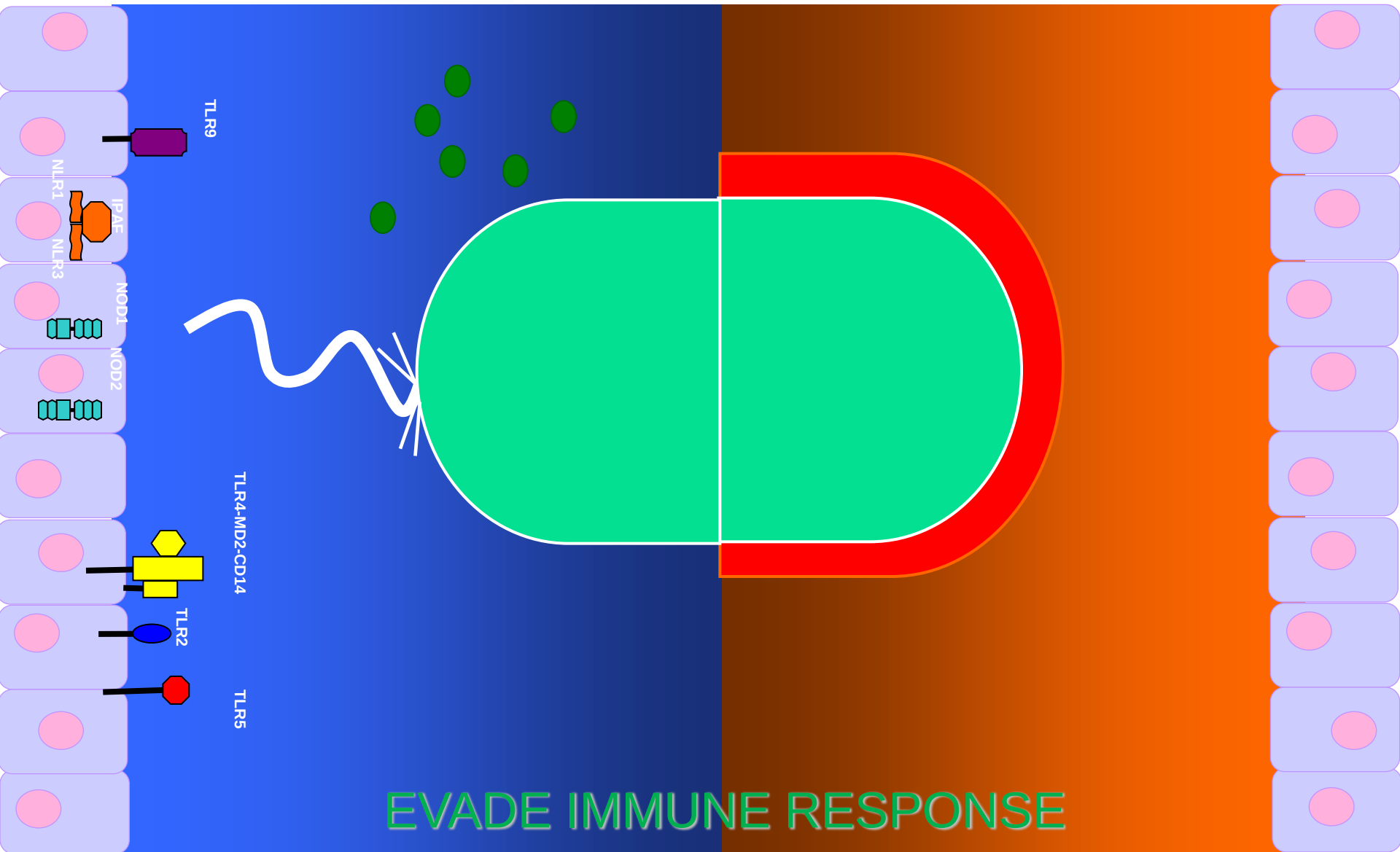
- Mucus
- The immune system
- Differences in oxygen and nutrients
- Antibiotics and other treatment
- Other microbes

Chronic infection is established through adaptation

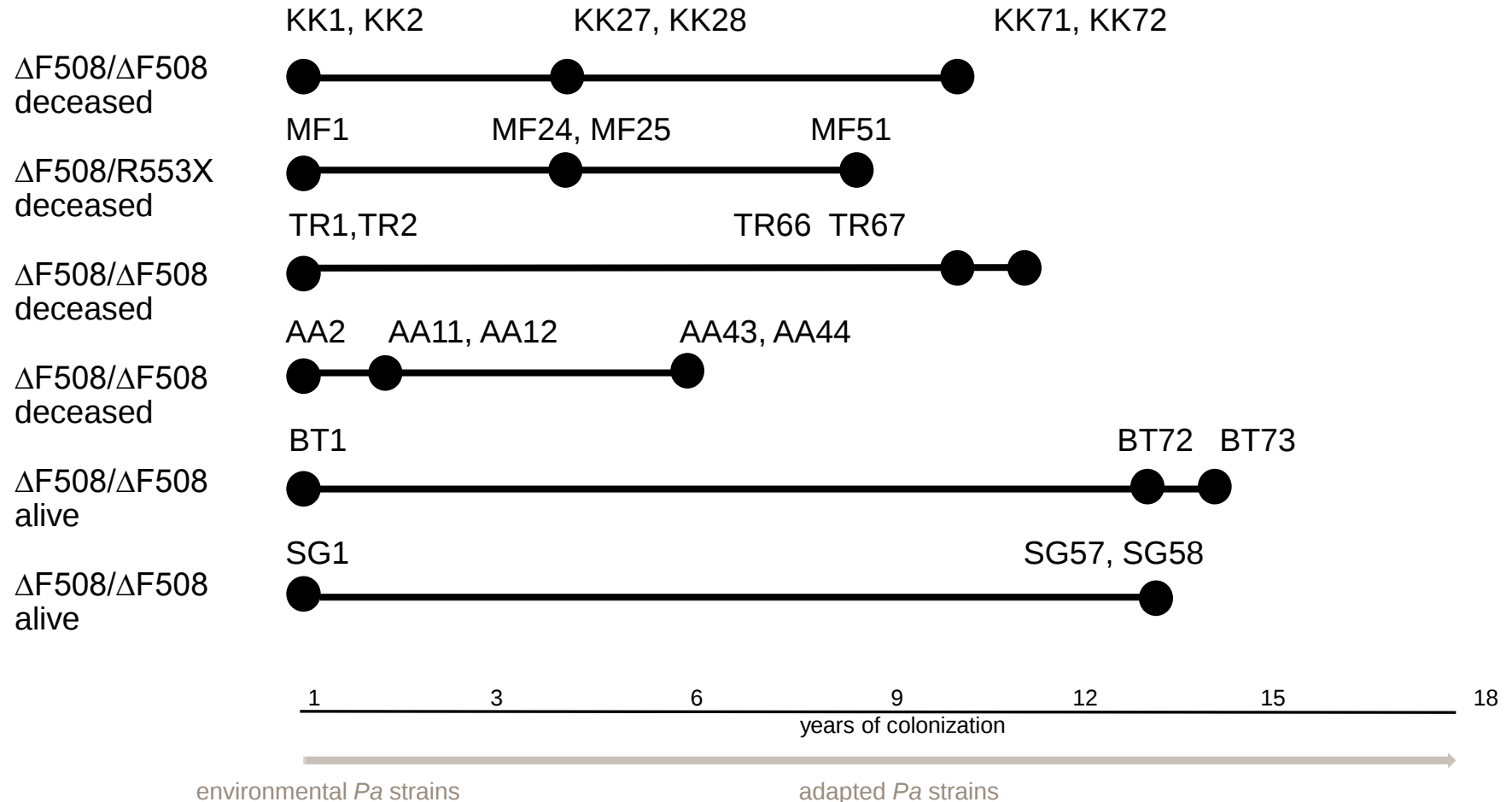
Pseudomonasa aeruginosa adaptation to the lungs of pwCF



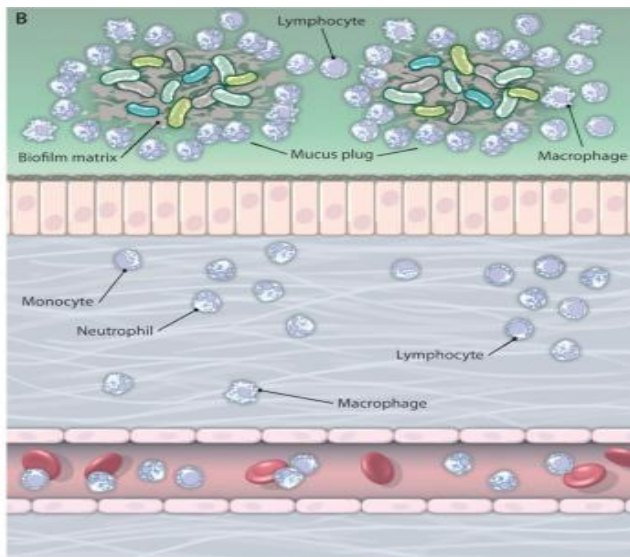
Impact of the *Pseudomonasa aeruginosa* adaptation on the host response



Selection of sequential *P. aeruginosa* strains from CF patients



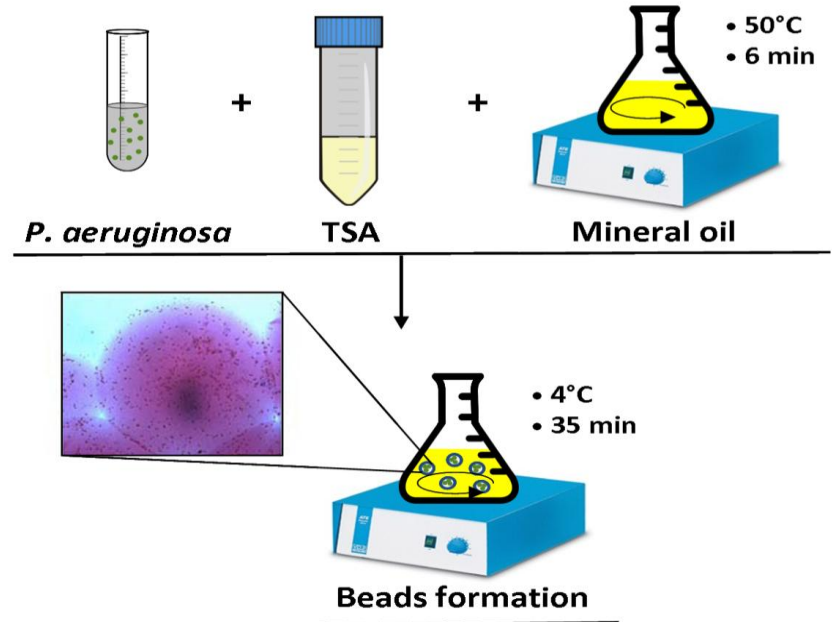
Chronic airways infection in pre-clinical mouse model



CHRONIC INFECTION

Biofilm like structure with bacterial genetic variants
Localized infection in single organ
Weeks or years

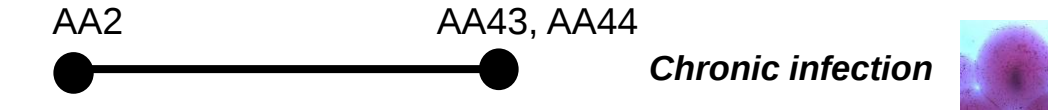
A



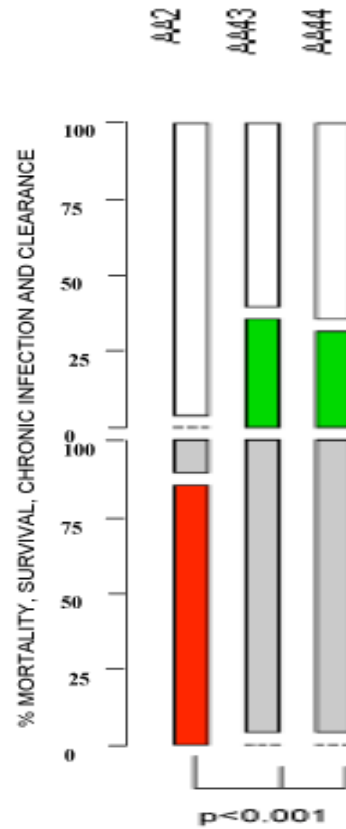
B



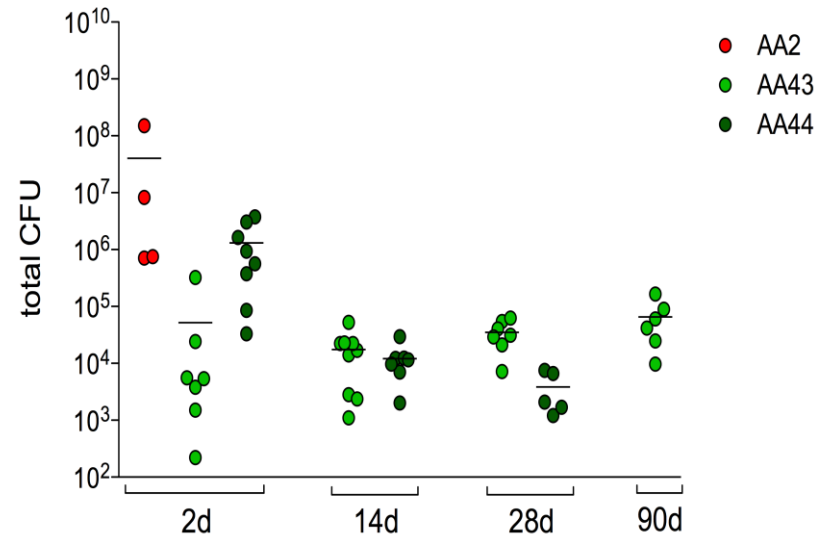
Chronic persistence is influenced by the *P. aeruginosa* strain and mouse model of infection



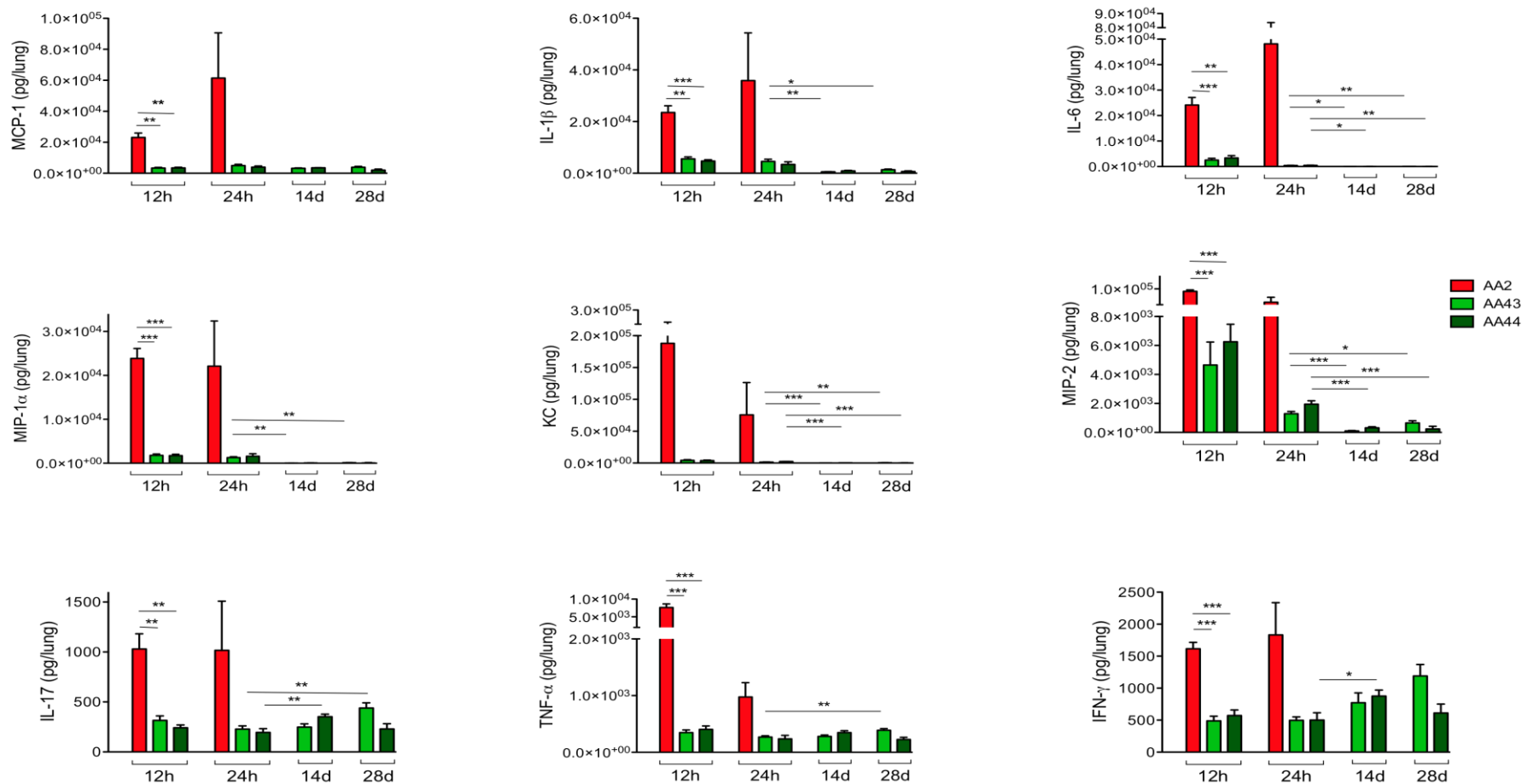
$\Delta F508/\Delta F508$
deceased



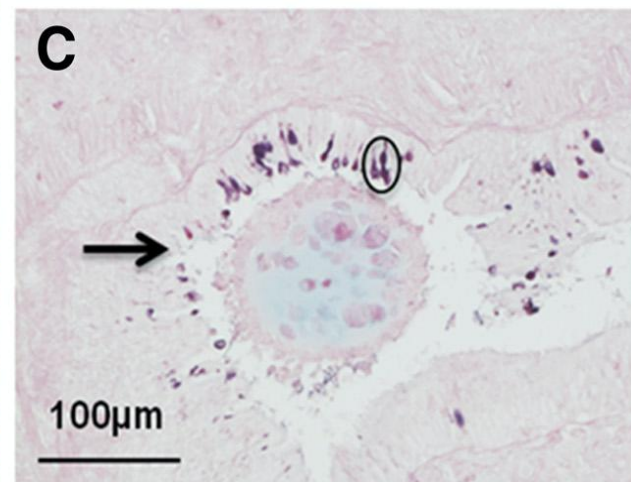
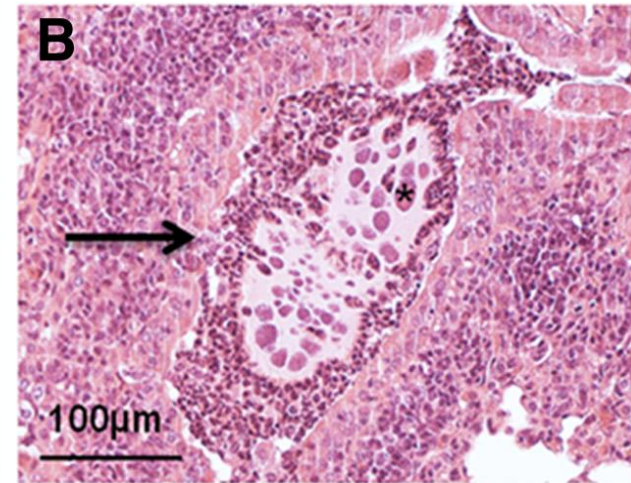
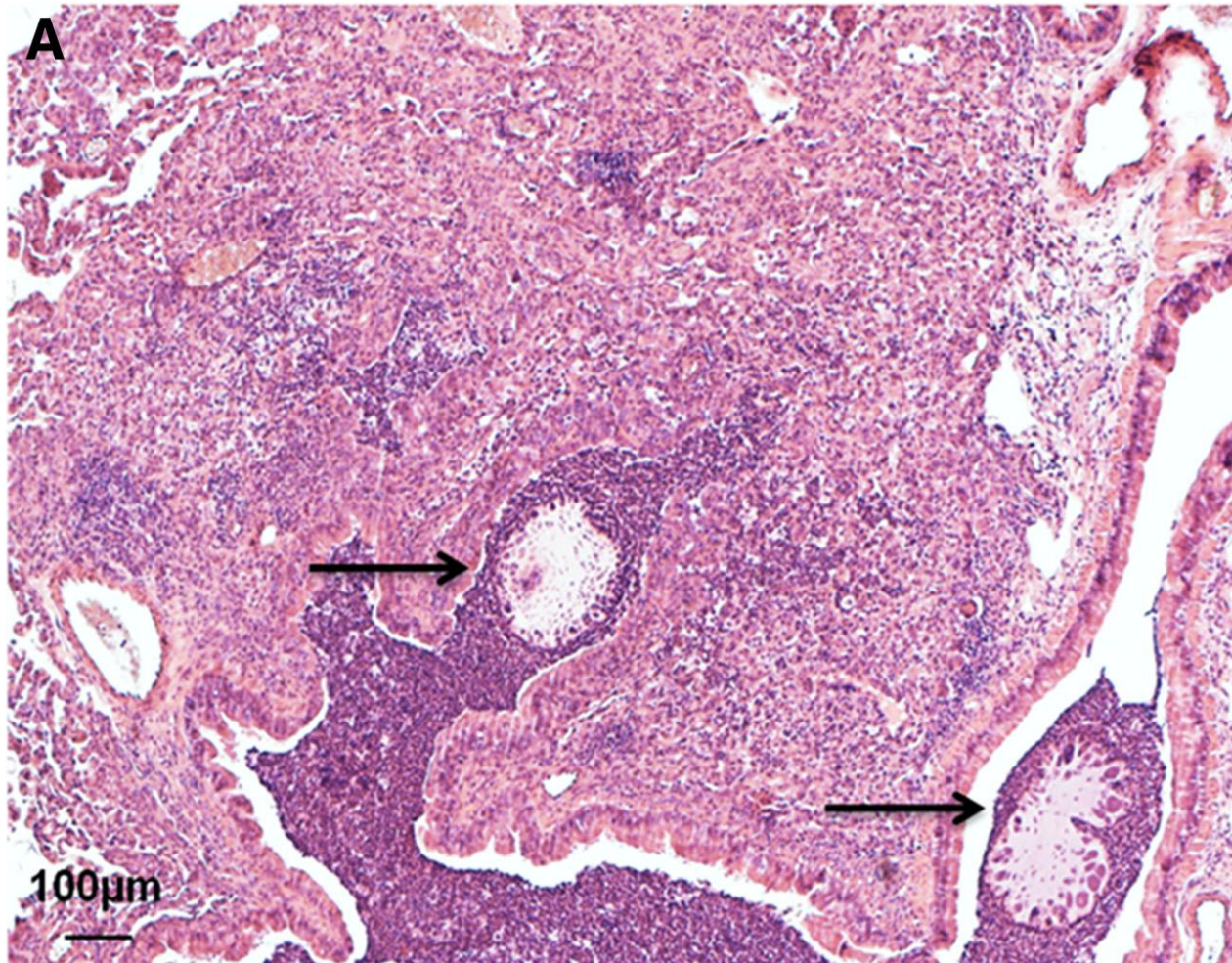
CLEARANCE
CHRONIC INFECTION
MORTALITY
SURVIVAL



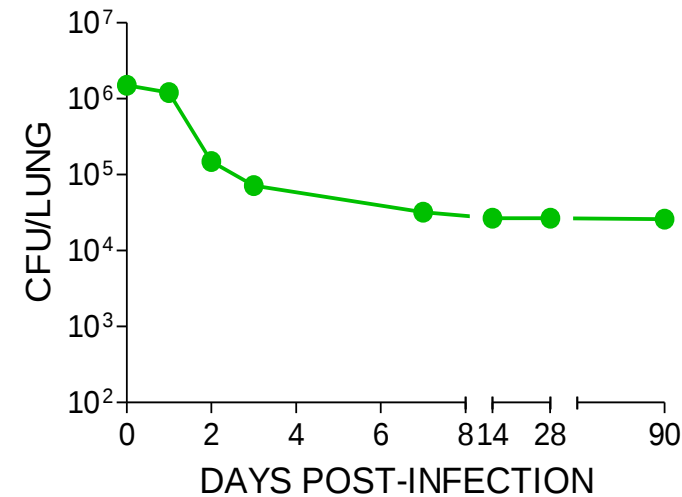
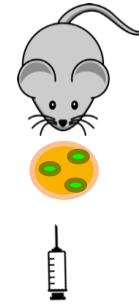
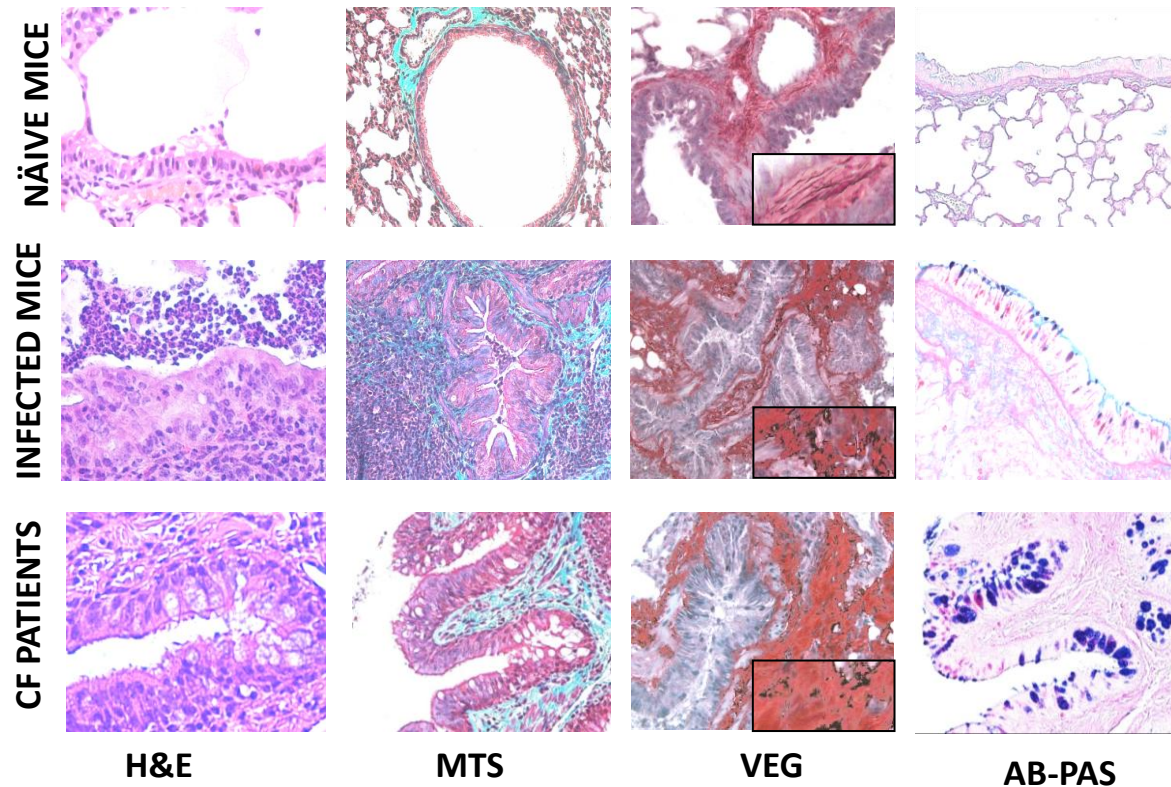
Host response is influenced by the *P. aeruginosa* strain and mouse model of infection



Lung pathology after long-term chronic *P. aeruginosa* infection



Lung pathology after long-term chronic *P. aeruginosa* infection



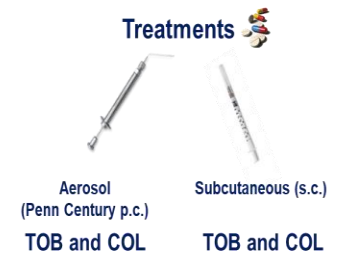
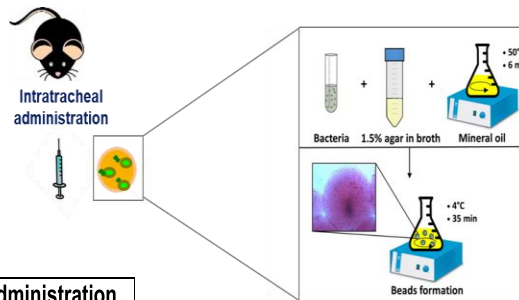
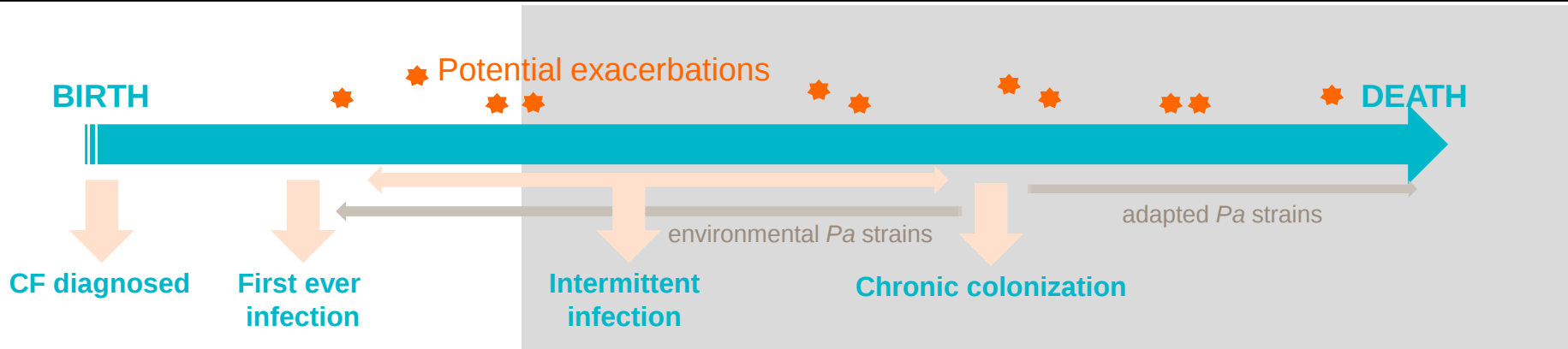
- stable infection and inflammation
- epithelial hyperplasia and structure degeneration
- goblet cells metaplasia

Can murine models of respiratory infection predict clinical efficacy in humans?



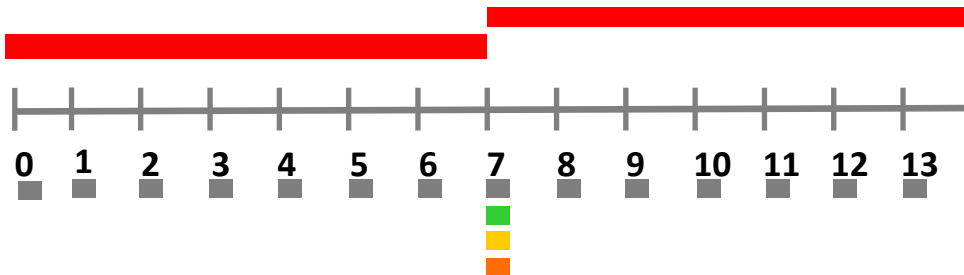
- How different administration routes – local vs parenteral - impact on host response and pathogen clearance
- How different schedules of treatment – soon after infection vs during chronic colonization – affect efficacy

Mouse model of chronic infection and schedule of early and late treatment



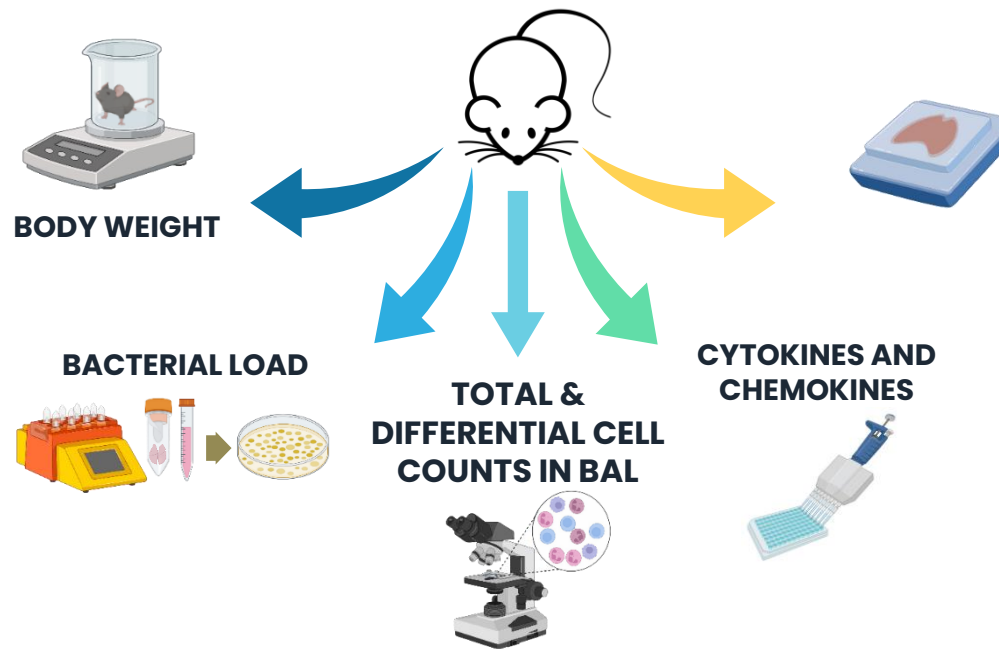
Strain	TOB MIC	Route of administration and dose		COL MIC	Route of administration and dose	
		Local	Systemic		Local	Systemic
PAO1	0.25	2 mg/kg	20 mg/kg	0.125	1 mg/kg	10 mg/kg
MDR-RP73	2	16 mg/kg	160 mg/kg	0.125	1 mg/kg	10 mg/kg

susceptible strains



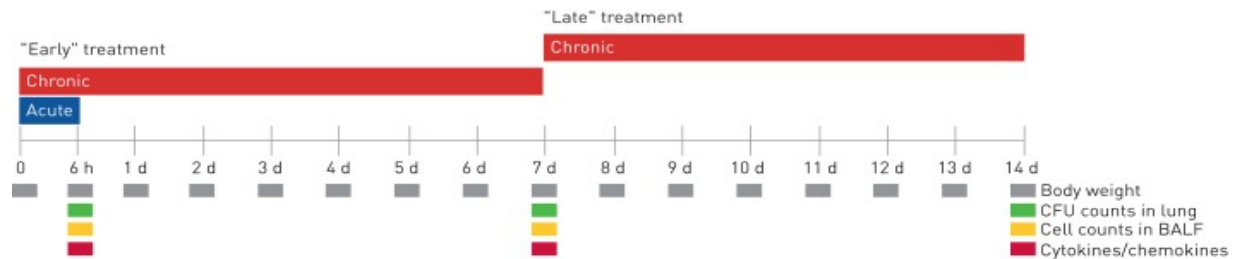
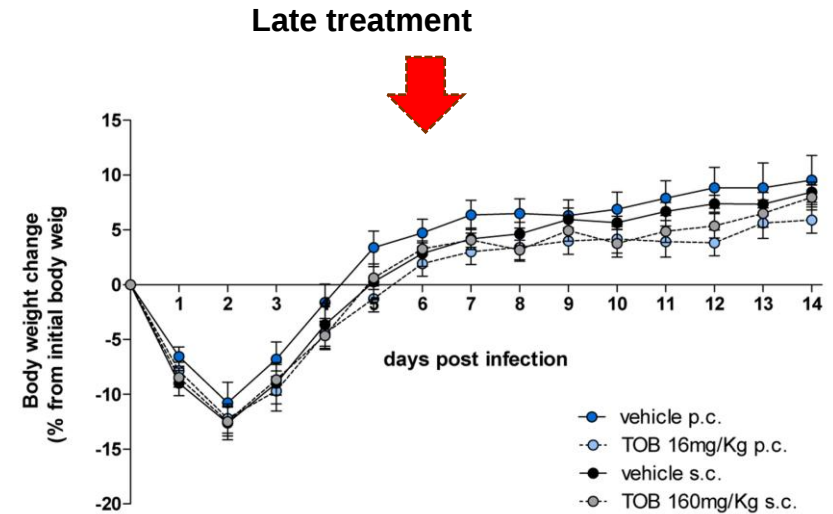
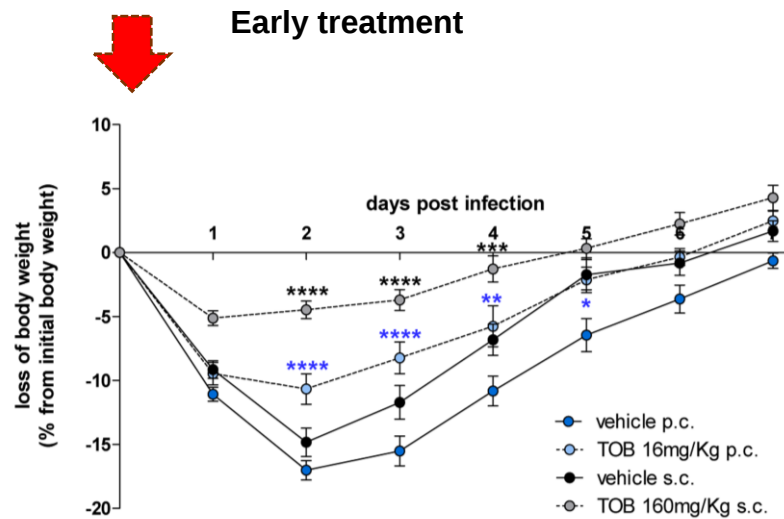
■ Body weight
 ■ CFU counts in lung
 ■ Cell counts in BALF
 ■ Cytokines/chemokine

Read-out for efficacy studies in pre-clinical mouse model



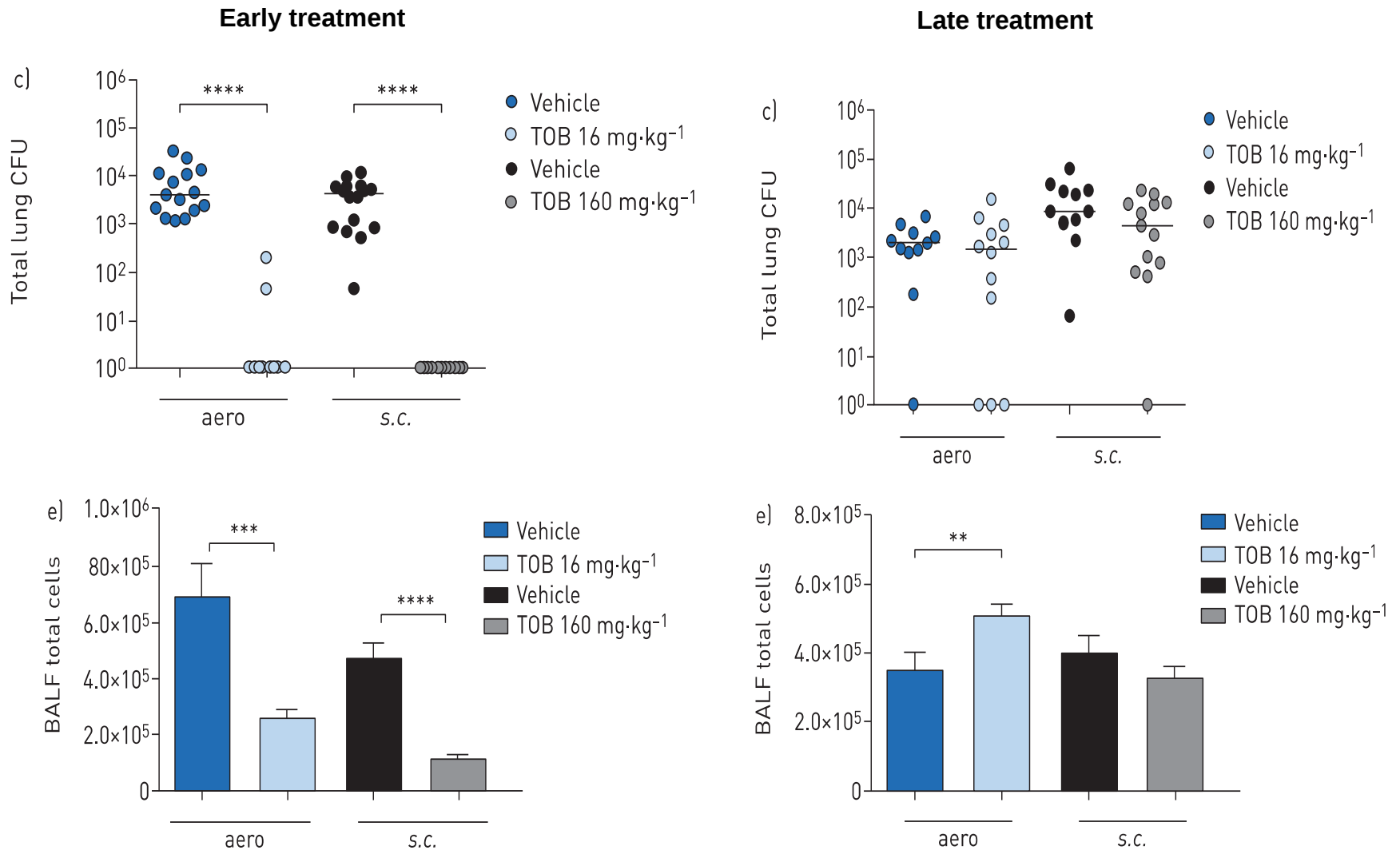
Early and late treatment in mouse model of chronic infection

Body weight



Early and late treatment in mouse model of chronic infection

Bacterial load and cells in broncho-alveolar lavage



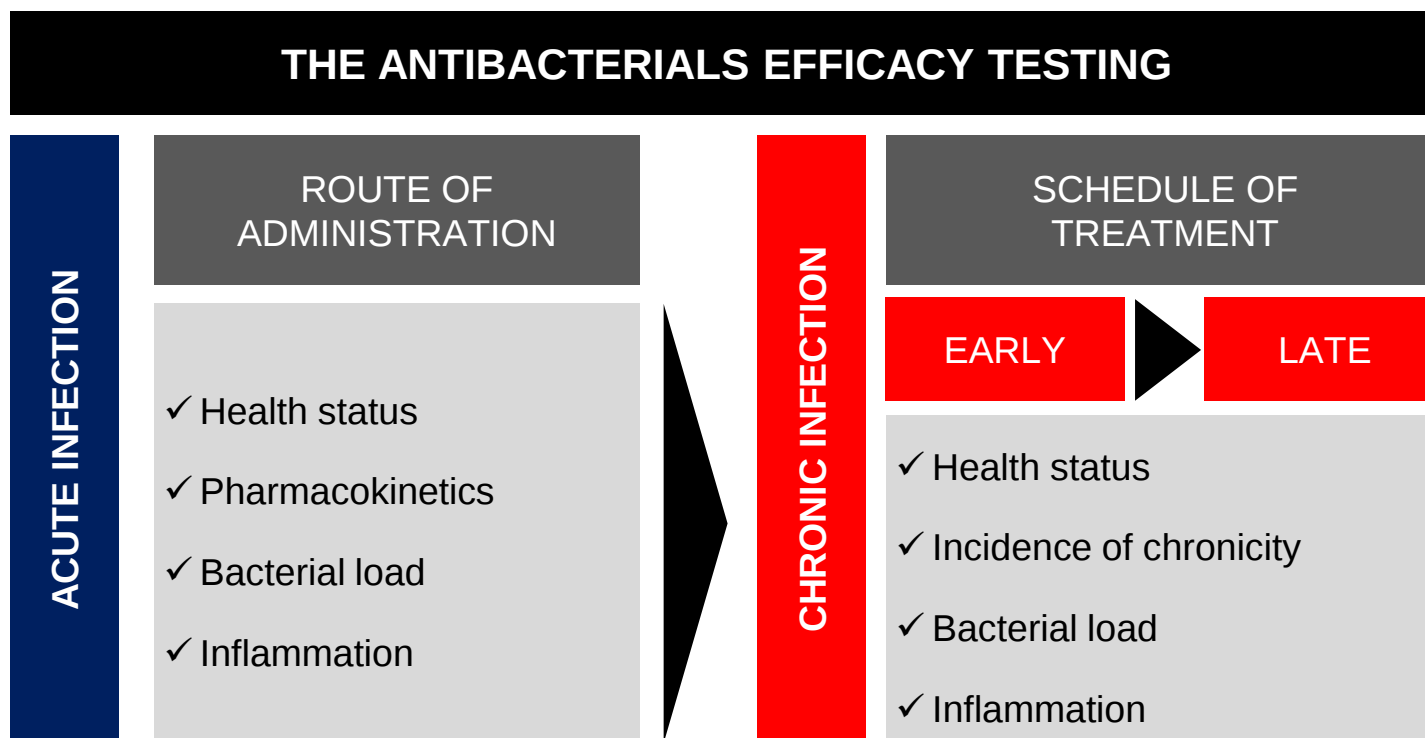
Early and late treatment in mouse model of chronic infection

Cytokines and chemokines

Cytokine / Chemokine	Early treatment				Late treatment			
	Level (mean pg/500 µg ± SEM)							
	Vehicle p.c.	TOB p.c.	Vehicle s.c.	TOB s.c.	Vehicle p.c.	TOB p.c.	Vehicle s.c.	TOB s.c.
IL-1α	16.58±2.86	7.31±0.32**	12.48±1.95	6.34±0.47*	8.99±0.36	10.27±0.82	9.43±0.45	10.06±1.05
IL-1β	7.07±1.07	8.90±0.74	6.34±0.41	7.94±1.07	10.00±0.59	10.64±1.21	9.59±0.79	10.91±1.46
IL-2	4.33±0.09	7.49±0.89**	5.49±0.59	5.86±0.04	9.35±0.57	9.72±0.75	8.27±0.46	9.31±1.19
IL-3	2.24±0.14	2.52±0.18	2.44±0.17	2.89±0.07	3.49±0.16	3.55±0.24	3.54±0.31	3.71±0.30
IL-5	2.40±0.22	2.51±0.06	2.37±0.09	3.10±0.15**	3.14±0.13	3.03±0.18	2.80±0.48	3.11±0.39
IL-6	4.88±0.20	3.72±0.35*	4.45±0.34	3.15±0.08*	4.00±0.22	4.40±0.09	3.67±0.12	3.99±0.32
IL-9	16.49±0.48	19.44±1.21*	17.78±0.25	15.18±0.11	23.52±1.54	25.82±1.11	21.11±1.16	21.67±1.09
IL-10	9.44±0.53	9.65±0.83	10.65±0.60	10.41±0.47	8.38±0.29	8.88±0.88	7.92±1.14	8.74±1.11
IL-12p40	68.07±6.68	37.67±3.42***	59.37±4.66	32.50±2.47**	39.70±3.41	47.98±2.46	48.51±2.99	44.41±6.32
IL-12p70	26.77±2.45	20.46±1.77	26.56±2.86	22.80±1.42	24.39±2.27	28.76±2.99	21.45±3.02	23.51±3.02
IL-13	63.53±4.62	81.55±4.38*	74.97±3.83	83.52±3.25	71.57±2.65	80.26±4.35	72.43±4.10	73.37±6.23
IL-17A	15.08±2.24	6.01±0.17**	16.82±1.37	7.60±0.82**	10.31±0.52	9.25±0.66	12.59±0.51	11.31±1.10
eotaxin	637±67.26	489±59.16	634±31.45	448±47.34	451±20.08	482±48.88	397±20.91	394±28.88
G-CSF	8.50±0.95	7.26±0.00	8.26±0.51	7.26±0.00	7.73±0.37	7.36±0.00	7.36±0.00	7.36±0.00
GM-CSF	11.82±1.16	12.22±1.47	12.28±0.64	14.61±0.91	12.57±1.09	12.30±0.23	9.40±1.04	12.39±1.73
IFN-γ	24.84±1.72	28.83±1.84	26.24±0.94	23.24±0.36	34.24±1.36	38.43±1.71	30.13±1.81	32.32±2.49
KC	87.11±17.82	22.96±3.38***	49.11±7.62	23.85±3.43	33.99±4.66	31.75±5.09	26.09±2.53	23.63±2.23
MCP-1	150±15.00	108±12.14	123±10.31	121±9.36	139±7.78	152±19.78	129±11.02	128±6.85
MIP-1α	21.19±4.72	3.32±0.30**	17.06±4.22	2.56±0.27*	2.83±0.46	4.64±0.77	4.74±0.68	3.49±0.54
MIP-1β	27.40±1.99	26.89±3.08	30.13±2.78	20.10±0.89*	25.51±1.33	28.58±1.10	24.45±0.91	25.58±1.81
RANTES	324±67.69	69.49±6.66***	234±33.58	65.56±8.55*	76.33±6.34	75.65±3.13	75.11±4.74	77.92±7.76
TNF-α	44.31±4.31	34.57±1.71*	43.25±0.31	32.25±2.79*	54.38±4.27	59.62±2.66	50.12±2.79	51.15±4.00

■ significant differences compared to vehicle

Guidelines of antibacterial efficacy testing in mouse model of respiratory infection



Mice can explain the human response: the case of BIIL-284



- LTB4-receptor inhibition for reducing airways inflammation
- Phase II clinical trial with LTB4-receptor antagonist BIIL-284 (Boehringer)
- Oral BIIL-284 daily for 24 weeks
- Read-outs: change in FEV_1 and pulmonary exacerbation

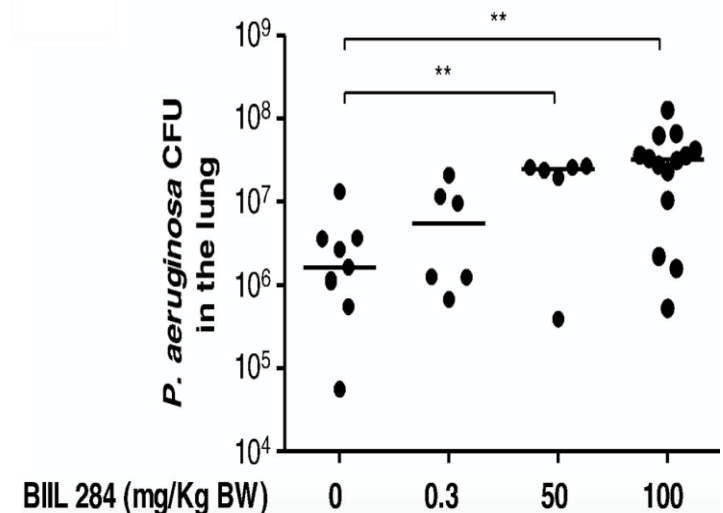
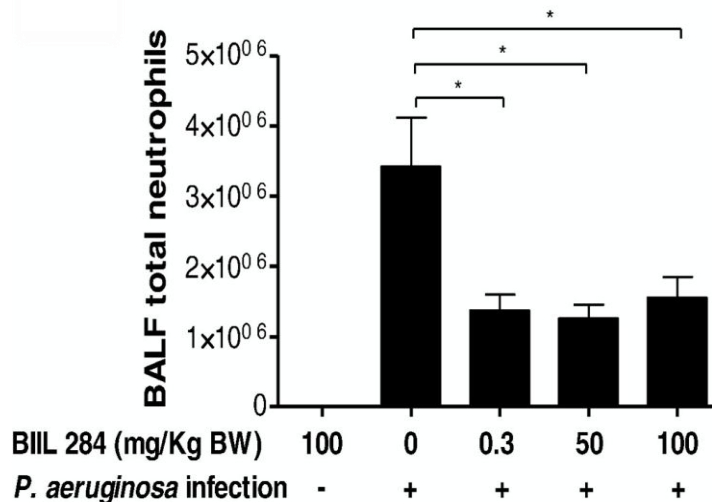
- 
- Terminated early for serious adverse events and increased pulmonary exacerbation

Mice can explain the human response: the case of BIIL-284

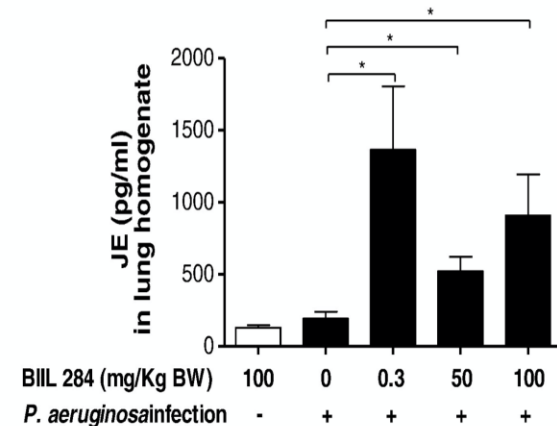
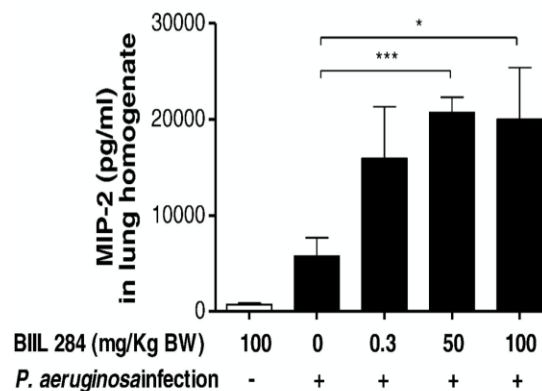
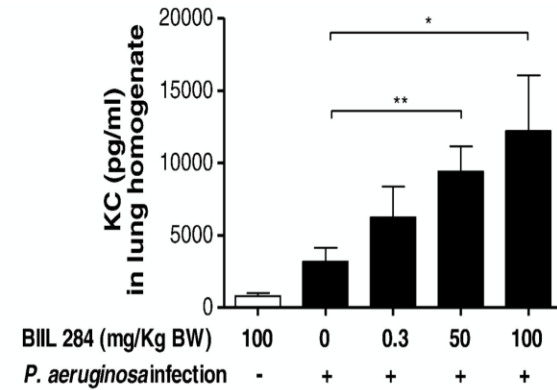
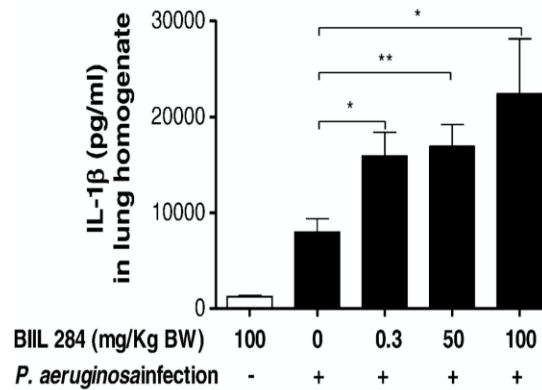
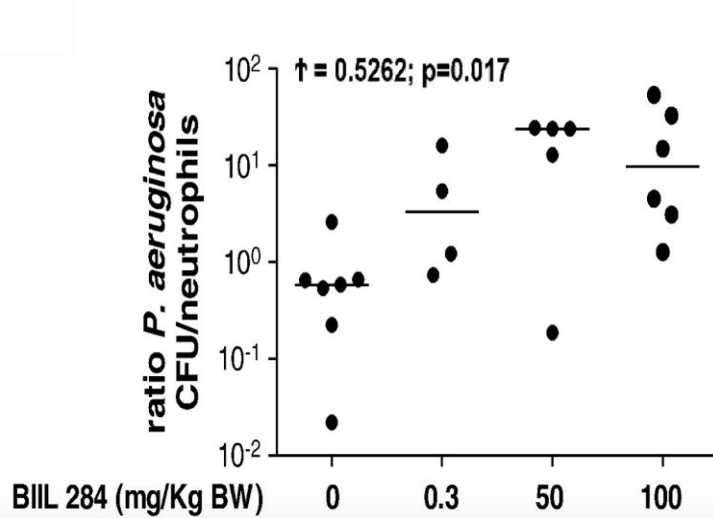


- LTB4-receptor inhibition for reducing airways inflammation
- Phase II clinical trial with LTB4-receptor antagonist BIIL-284 (Boehringer)
- Oral BIIL-284 daily for 24 weeks
- Read-outs: change in FEV₁ and pulmonary exacerbation

- Terminated early for serious adverse events and increased pulmonary exacerbation

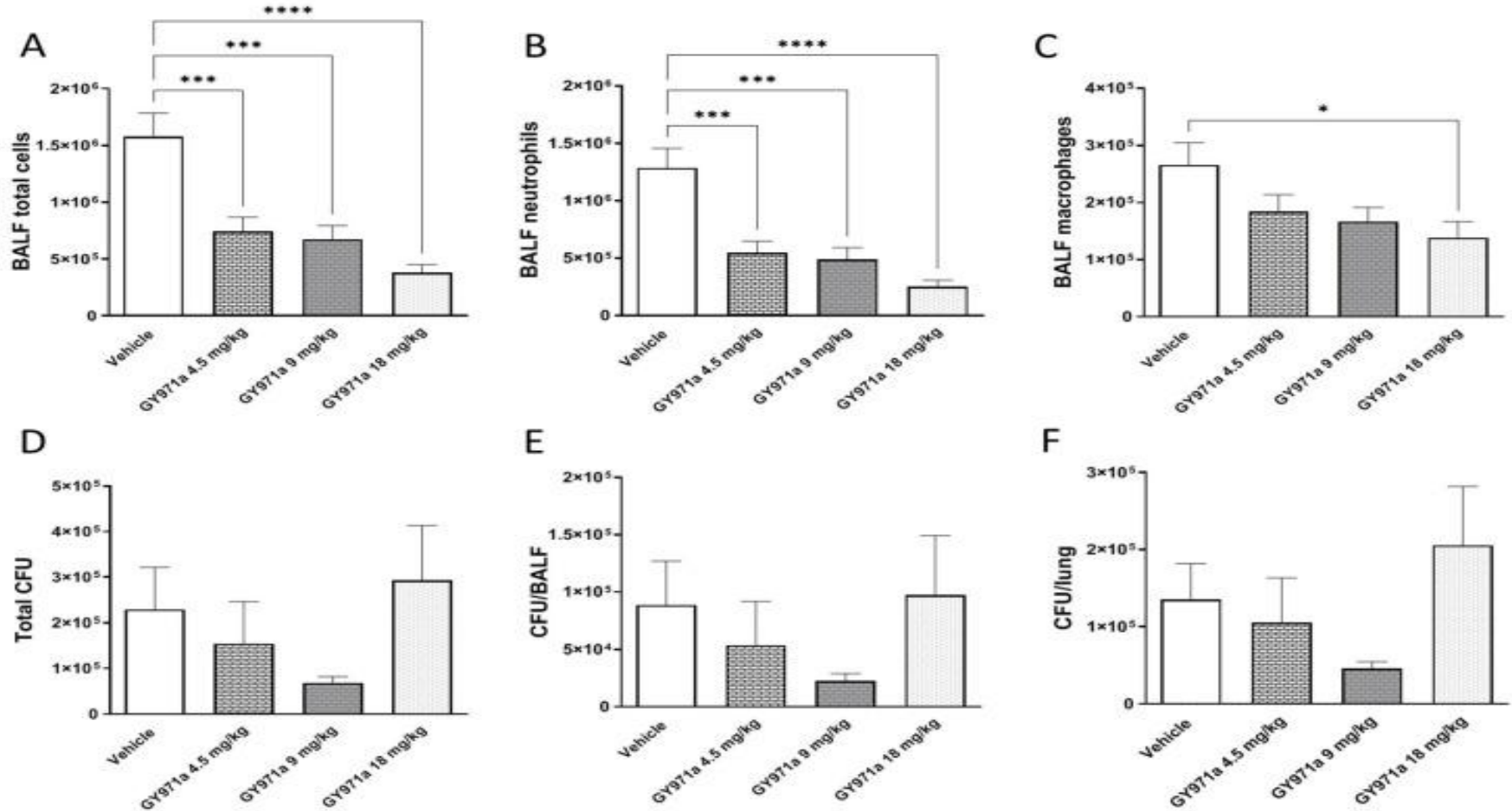


Mice can explain the human response: the case of BIIL-284



***Robust pre-clinical safety and efficacy assessment
in models of infection is paramount***

GY971 as anti-inflammatory agents in the treatment of Cystic Fibrosis lung disease



GY971 as anti-inflammatory agents in the treatment of Cystic Fibrosis lung disease

Cytokine/Chemokine	Concentration $\text{pg} \times 700 \mu\text{g}^{-1}$			
	Vehicle (H ₂ O/DMSO 4%)	4.5 mg/Kg GY971a	9 mg/kg GY971a	18 mg/kg GY971a
IL-1 α	88.45 $\pm$ 10.30	65.95 $\pm$ 7.91	54.31 $\pm$ 7.29 *	43.51 $\pm$ 3.03 **
IL-1 β	9.21 $\pm$ 1.49	6.95 $\pm$ 1.05	4.91 $\pm$ 0.59 *	4.89 $\pm$ 0.75 *
IL-2	6.27 $\pm$ 0.28	5.58 $\pm$ 0.30	5.76 $\pm$ 0.24	5.28 $\pm$ 0.20 *
IL-3	5.11 $\pm$ 0.40	4.58 $\pm$ 0.24	4.36 $\pm$ 0.41	3.67 $\pm$ 0.25 *
IL-4	1.29 $\pm$ 0.09	1.23 $\pm$ 0.12	0.93 $\pm$ 0.14	0.87 $\pm$ 0.11 *
IL-5	8.46 $\pm$ 0.68	8.13 $\pm$ 0.37	7.89 $\pm$ 0.63	7.26 $\pm$ 0.44
IL-6	110.0 $\pm$ 27.68	64.30 $\pm$ 10.86	49.64 $\pm$ 9.34 *	69.79 $\pm$ 8.27
IL-9	38.58 $\pm$ 1.01	35.43 $\pm$ 1.74	32.17 $\pm$ 2.04 *	29.64 $\pm$ 0.69 ***
IL-10	20.76 $\pm$ 0.95	17.55 $\pm$ 1.23	16.41 $\pm$ 1.56 *	14.79 $\pm$ 1.05 **
IL-12p40	71.29 $\pm$ 4.32	61.72 $\pm$ 5.31	52.88 $\pm$ 4.67 *	45.67 $\pm$ 2.62 ***
IL-12p70	167.6 $\pm$ 16.08	123.7 $\pm$ 12.91	110.1 $\pm$ 13.58 **	94.45 $\pm$ 6.61 **
IL-13	88.02 $\pm$ 3.81	82.53 $\pm$ 2.63	80.58 $\pm$ 4.30	78.14 $\pm$ 3.36
IL-17A	5.49 $\pm$ 0.63	4.27 $\pm$ 0.26	3.98 $\pm$ 0.30 *	3.84 $\pm$ 0.17 *
Eotaxin	1627 $\pm$ 160.8	1638 $\pm$ 124.4	1618 $\pm$ 87.33	1414 $\pm$ 65.28
G-CSF	444.1 $\pm$ 86.41	259.1 $\pm$ 36.89	297.8 $\pm$ 58.72	181.7 $\pm$ 19.88 *
GM-CSF	48.66 $\pm$ 5.94	45.70 $\pm$ 1.52	33.60 $\pm$ 4.60 *	42.55 $\pm$ 3.18
IFN- γ	30.10 $\pm$ 1.43	27.02 $\pm$ 1.51	23.76 $\pm$ 1.65 **	22.51 $\pm$ 0.96 **
KC	2413 $\pm$ 456.1	2085 $\pm$ 263.6	1486 $\pm$ 150.8	2048 $\pm$ 248.3
MCP-1	1813 $\pm$ 322.6	1171 $\pm$ 136.4	979.0 $\pm$ 144.3 *	692.2 $\pm$ 78.41 **
MIP-1 α	186.9 $\pm$ 36.52	131.7 $\pm$ 23.94	107.0 $\pm$ 12.10	92.11 $\pm$ 10.33 *
MIP-1 β	291.2 $\pm$ 30.26	254.0 $\pm$ 28.16	219.8 $\pm$ 20.41	212.2 $\pm$ 15.66
RANTES	110.3 $\pm$ 10.35	123.0 $\pm$ 9.93	109.9 $\pm$ 9.72	101.9 $\pm$ 9.40
TNF- α	104.6 $\pm$ 9.05	93.45 $\pm$ 6.93	95.61 $\pm$ 11.04	84.06 $\pm$ 5.22

The European Medicines Agency (EMA) Grants Orphan Drug Designation to GY971 for Cystic Fibrosis

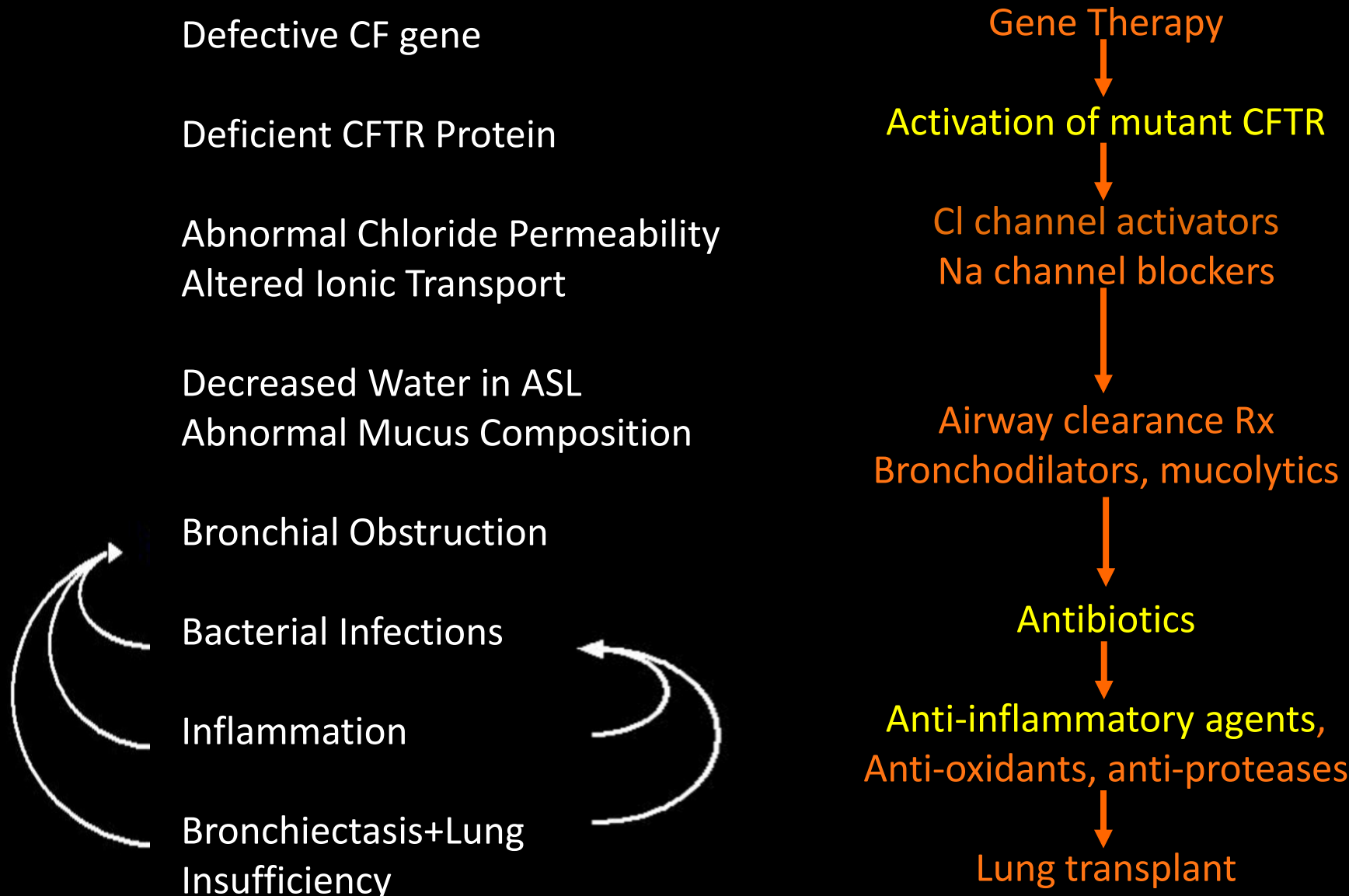
- **Special status** granted to drugs intended to treat **rare diseases**
- Aims to **incentivize research** where commercial interest is limited.

Key Benefits for Developers

- Market exclusivity (10 years in the EU, 7 in the US)
- Regulatory support (scientific advice, fee reductions)
- Access to incentives, grants, and facilitated approval pathways



The CF pathogenesis cascade & current therapies



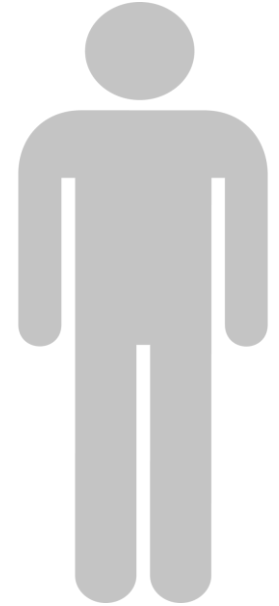
The case of CFTR modulators



Efficacy testing



Replacement of *in vivo* studies



- target identification
- compound screening
- candidate selection

The case of CFTR modulators

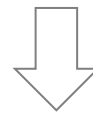


Efficacy testing



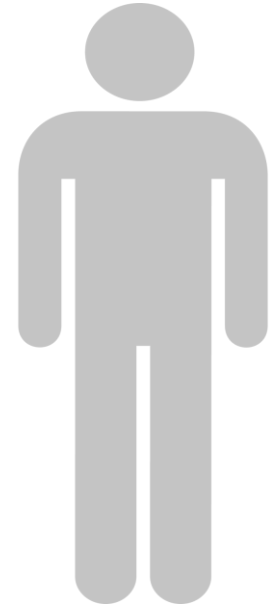
Replacement of *in vivo* studies

species	CFTR identity (%)
human	100
mouse	78

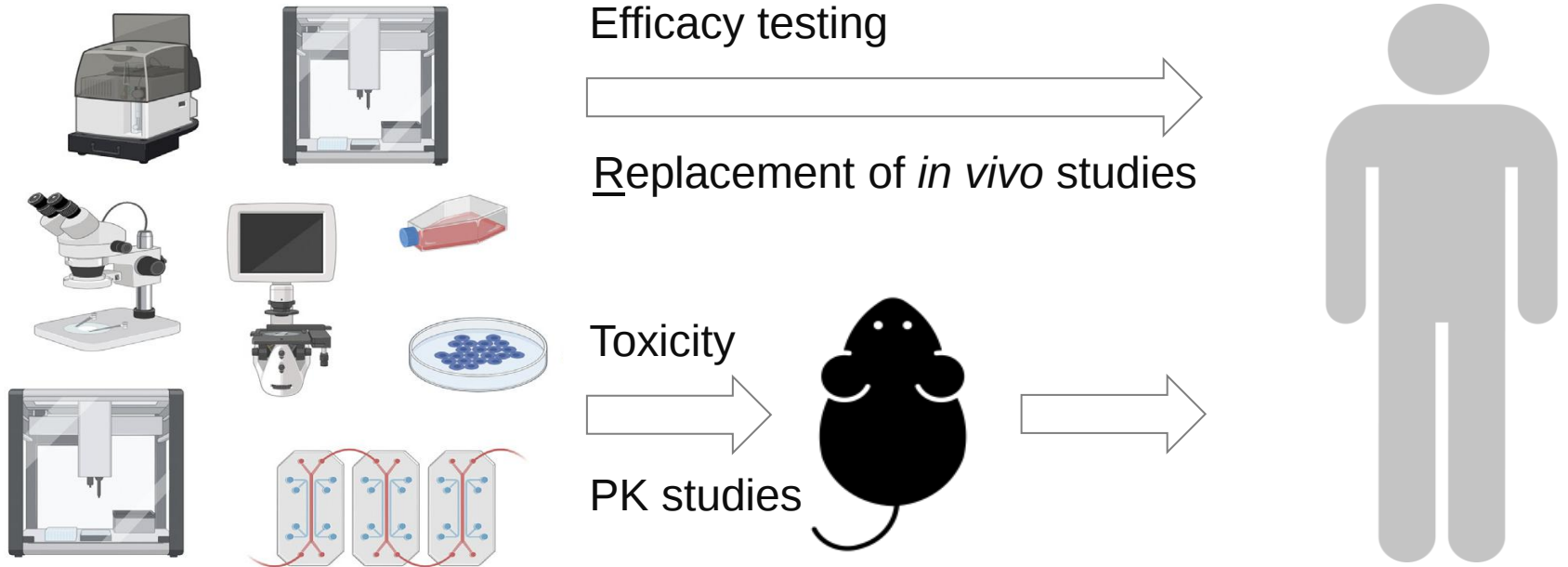


- target identification
- compound screening
- candidate selection

Human CFTR



The case of CFTR modulators



- target identification
- compound screening
- candidate selection

- Phase I, II, III clinical trials
- dosage & safety monitoring
- post-approval surveillance

Antibiotic

- Mouse model impacts on efficacy studies
- Treatment schedule affects efficacy

Anti-inflammatory

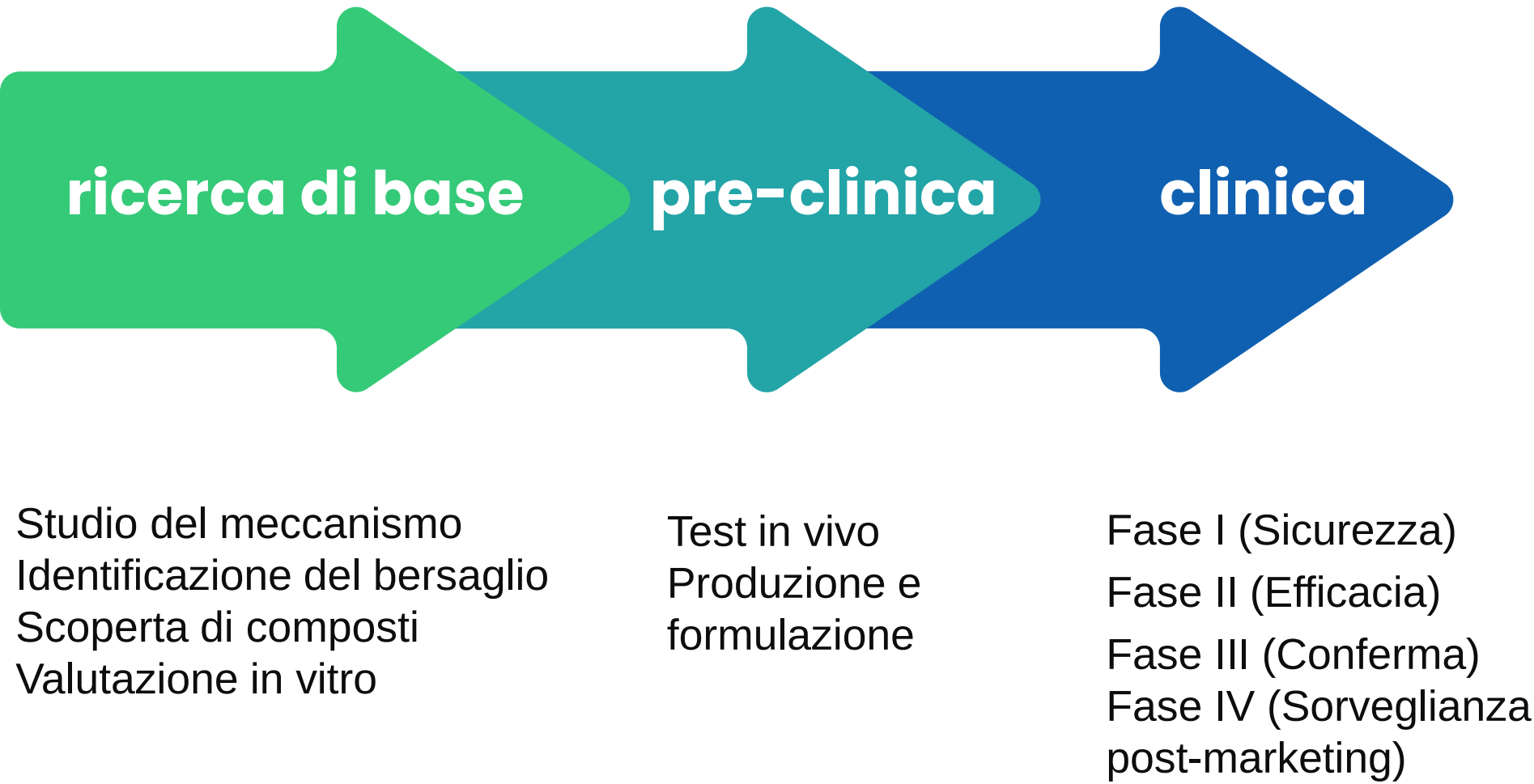
- Anti-inflammatory therapy should be implemented with great caution
- Risk of favoring bacterial infections
- Comparison with benchmark should be implemented

Therapies for CF

- Mice do not respond to modulators of hCFTR
- Mice can be used for toxicity PK studies during *P. aeruginosa* infection

CFTR - modulator

Le fasi della ricerca



A cosa serve la sperimentazione animale?

1

Studio del meccanismo

Identificazione del difetto genetico e valutazione fisiopatologica. Le mutazioni genetiche vanno valutate in un organismo complesso, con tutti gli organi e sistemi che influenzano la malattia

2

Valutazione di un nuovo farmaco

L'efficacia di una terapia può manifestarsi pienamente solo in un organismo completo, dotato di tutti gli organi che possono ricevere e modificare la terapia stessa. L'effetto può non essere evidente nelle cellule isolate utilizzate nei primi esperimenti in vitro

E' sostituibile?

1

Studio del meccanismo

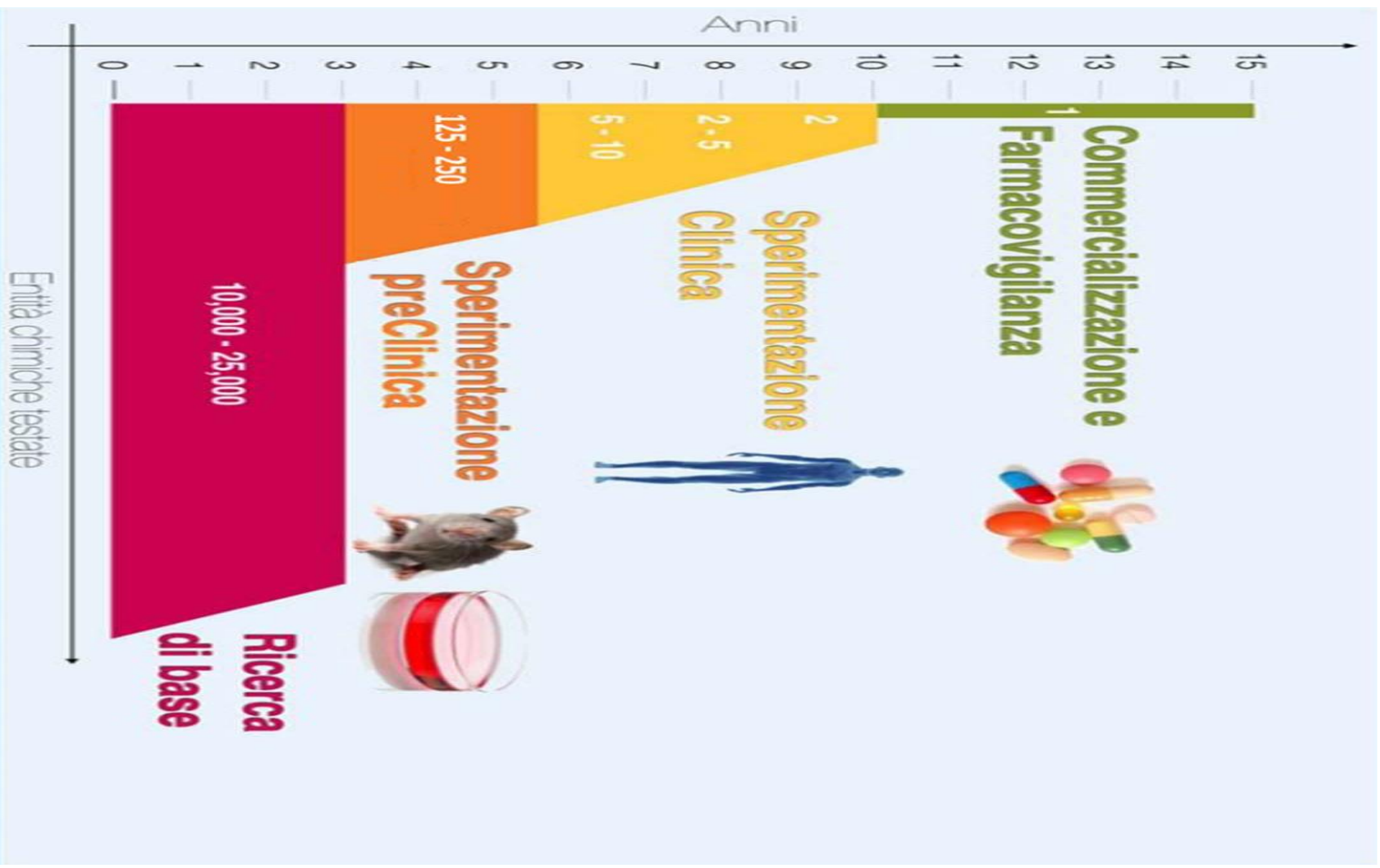
Le cellule sono isolate, ma nella natura interagiscono con altre cellule e organi che possono influenzarne la funzione. È essenziale verificare un meccanismo in un organismo completo e sufficientemente complesso.

2

Valutazione di un nuovo farmaco

Gli esperimenti negli animali sono richiesti per legge prima di passare alla sperimentazione clinica. La legge assicura che le terapie che arrivano al paziente siano efficaci e non siano dannose

Lo sviluppo di un farmaco

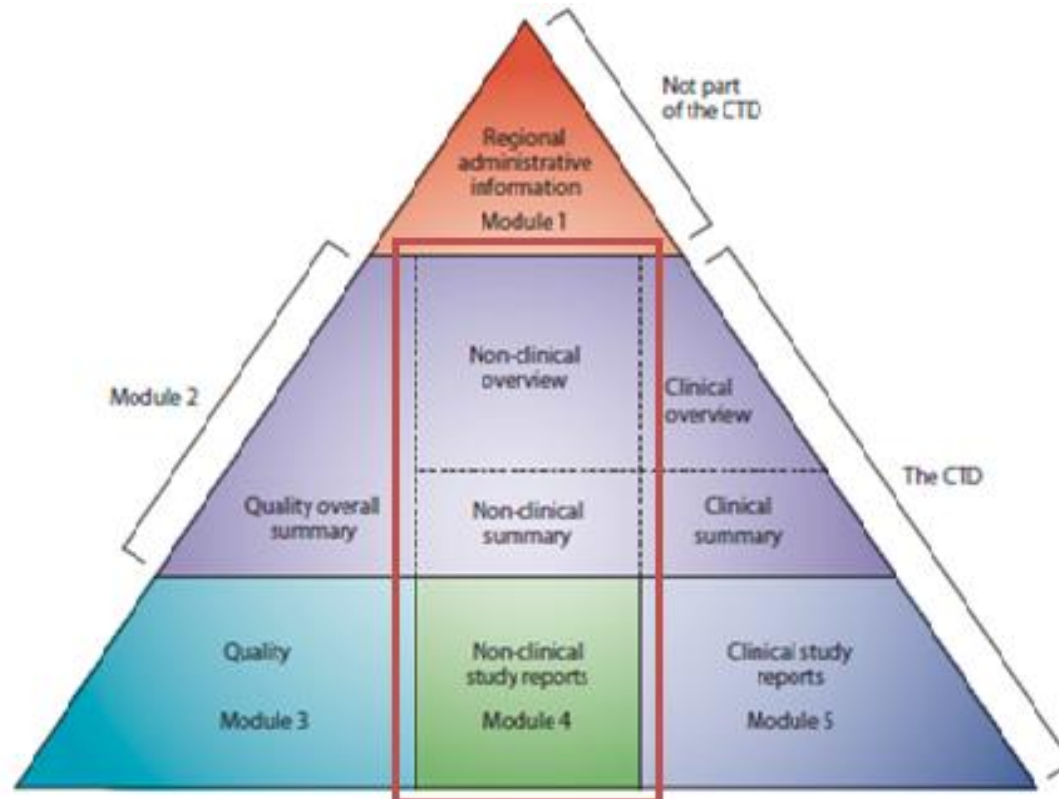


Obiettivi degli studi *pre-clinici*

- Il medicinale "**funziona**"? → la risposta verrà dalle valutazioni di **efficacia**.
- Come può essere **somministrato** il prodotto medicinale? E come **reagisce** il corpo ad esso? → queste risposte verranno dagli studi ADME (Assorbimento, Distribuzione, Metabolismo ed Escrezione).
- Il medicinale è **sicuro**? → gli studi di **tossicologia/farmacologia** della sicurezza forniranno la risposta indicando la dose singola/ripetuta, valutando genotossicità – alla cellula e mutazioni geniche-, cancerogenicità – possibilità di causare cancro.
- Stabilisce la **prima dose** da utilizzare negli **studi di Fase I** sugli esseri umani al fine di proteggere i partecipanti, senza effetti avversi osservabili.

Linee guida regolatorie per un nuovo candidato medicinale

Prima che un nuovo **candidato medicinale** possa essere venduto sul mercato o prescritto ai pazienti, l'azienda farmaceutica deve presentare un documento che include dati sulla **Qualità, Sicurezza ed Efficacia** all'EMA. Deve dimostrare di avere un'efficacia superiore rispetto ai farmaci già presenti nel mercato.



Sperimentazione animale: la normativa

La sperimentazione è una pratica prevista dalla legge:

- legge europea, la [Direttiva 2010/63/EU](#) Protection of animals used for scientific purposes
- normativa italiana con il [decreto legislativo n. 26 del 2014](#) attuazione della direttiva [2010/63/EU](#) sulla protezione degli animali utilizzati a fini scientifici.

Il progetto applica il principio delle 3R

Replacement, Reduction, Refinement

Sostituzione

Metodi che evitano o sostituiscono l'uso degli animali

Riduzione

Metodi che minimizzano il numero di animali utilizzati in ogni studio

Affinamento

Metodi che minimizzano dolore e distress e migliorano il benessere

Considerazioni etiche: il principio delle 3R

Replacement, Reduction, Refinement Sostituzione, Riduzione, Miglioramento

- ✓ **EU Directive: Article 4** (Principle of replacement, reduction and refinement):
 1. Gli stati membri devono assicurare che, quando possibile, siano utilizzati metodi scientifici o strategie di test che non implicino l'uso di animali vivi
 2. Gli stati membri devono assicurare che il numero di animali coinvolti sia ridotto al minimo
 3. Gli stati membri devono assicurare l'utilizzo di procedure che riducano al minimo il dolore, lo stress o il distress negli animali.
- ✓ **Dl.vo 26/2014: Articolo 1** (Oggetto e campo di applicazione)
 1. Sostituzione, Riduzione e perfezionamento
 2. E' consentito l'utilizzo degli animali a fini scientifici o educativi soltanto quando, per ottenere il risultato cercato, non sia possibile utilizzare altro metodo o una strategia di sperimentazione scientificamente valida, ragionevolmente e praticamente applicabile che non implichi l'impiego di animali vivi.