

THE STATE OF ART OF SMARTHOMES

Ubiquitous technologies for the health
and assistance of the elders.

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a.a. 2021/2022 - Università degli Studi di Milano-Bicocca - Teoria e Tecnologia della Comunicazione

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INTRODUCTION



A modern interior space featuring a staircase with a glass railing on the left, a dining table with grey chairs in the foreground, and a living area with a white sofa and large windows on the right. The background shows a kitchen area with wooden cabinets. The entire scene is dimly lit, with the text overlaid in white.

“Smart Home refers to the enrichment of a living environment with technology in order to offer improved habitual support to its inhabitants and therefore an improved quality of life for them.”

Source: State of the art of smart homes "- Liyanage C. De Silva, Chamin Morikawa, Iskandar M. Petra.



A photograph of an elderly man with grey hair and a mustache, wearing a teal and white shirt, looking up with a hopeful expression. A hand in a teal sleeve reaches down towards him from the upper left. The entire image is overlaid with a semi-transparent teal filter.

SMARTHOMES ELDERCARE TECHNOLOGIES

The background is a blue-toned illustration. At the bottom, a hand is shown holding a smartphone. The phone's screen displays a grid of icons, including a house, a person, a gear, and a heart. Above the phone, several other icons are floating in the air, connected by thin white lines, suggesting a network or data flow. These icons include a house, a person, a gear, a heart, a speech bubble, a magnifying glass, and a globe. The overall theme is technology and health management.

Technology Integrated Health Management for Dementia (TIHM)

WHAT IS TIHM

TIHM is a **health monitoring and managing system** that gathers informations about individuals and their environment using **a network of internet-enabled devices**, like sensors, monitors and trackers, installed in the home.

THE MAIN GOALS



SAFETY

Keeping people with
dementia safe in their
homes



PREVENTION

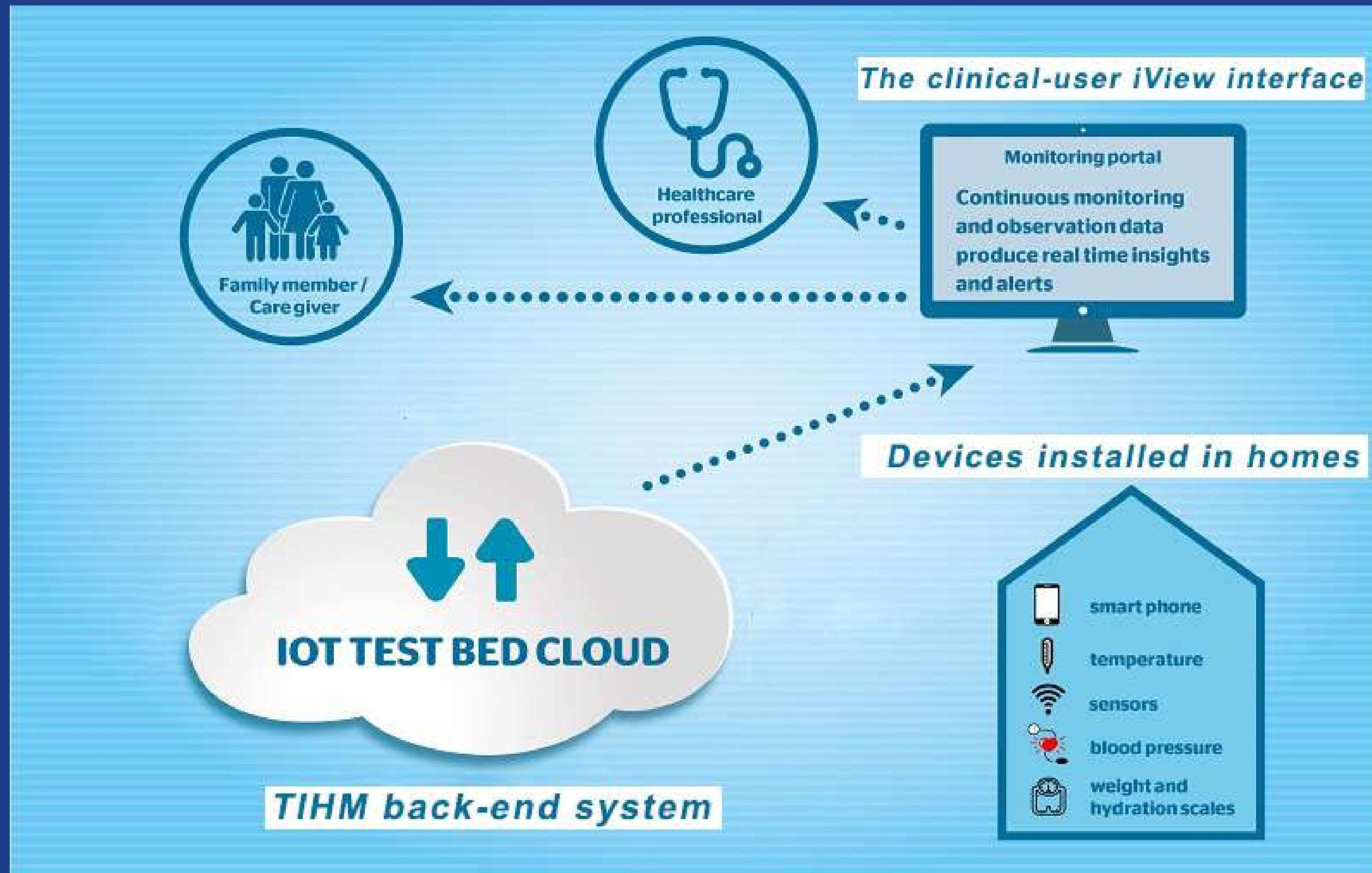
Reducing the number of
unplanned hospital
admissions



SUPPORT

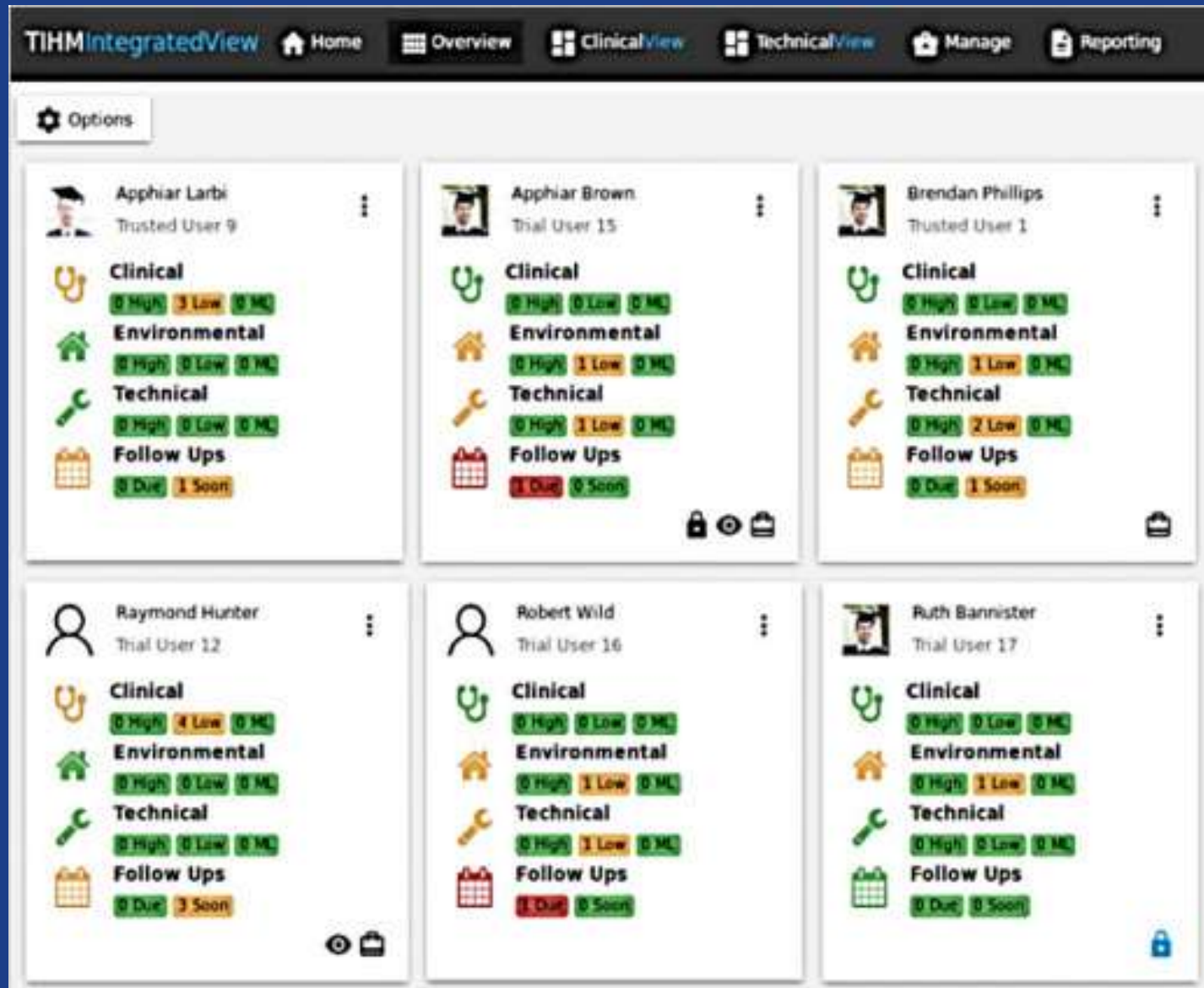
Relieving the burden
on carers

HOW IT WORKS

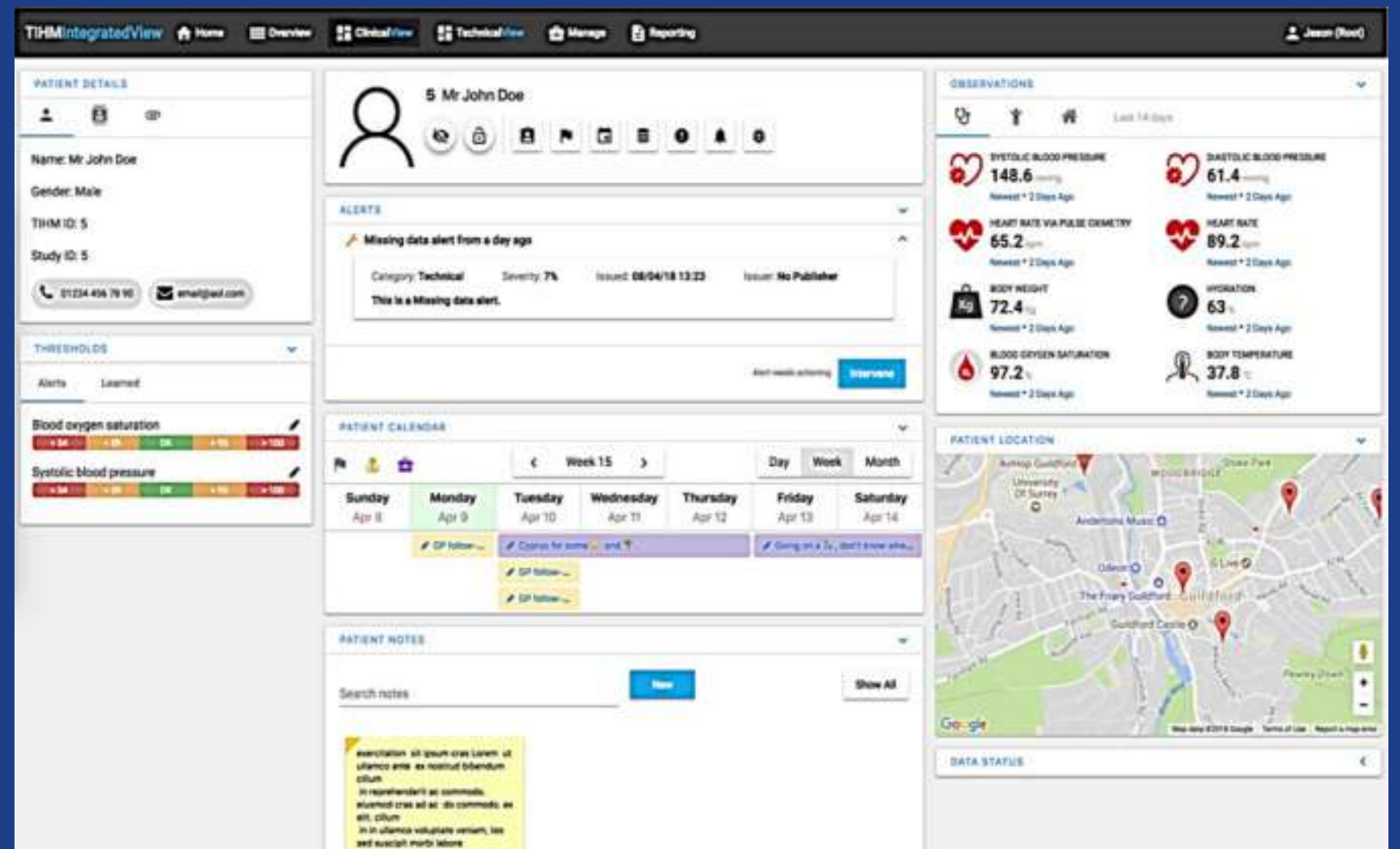


- sensors
- vital sign monitors
- GPS tracker

IView INTERFACE



iView Front Screen



iView personal information screen

CASE STUDY: WALKING AND GETTING LOST

PARTECIPANT DETAILS



Mr. White is 77 years old and lives with his wife, his main carer. He suffers from dementia, and has a pre-established history of walking from his home and is at high risk of falls.



MISSING PERSON ALERT

Mr. White left home unannounced. The monitoring team received a GPS alert and contacted Mrs. White. The monitoring team then worked with Mrs. White and the police to locate her husband using the GPS tracker.

24-HOUR FOLLOW-UP



A 24-hour follow-up phone call was organised as part of the routine to discuss Mr. White's health conditions. The monitoring team made a referral to Social Services for a carer's assessment and an occupational therapy home assessment for Mr. White.

An elderly woman with short blonde hair is looking down at a tablet computer. She has a thoughtful expression, with her hand resting near her chin. The image is overlaid with a semi-transparent blue filter. In the background, another person is blurred, and a potted plant is visible in the lower-left corner.

Designing Smart Home Controls for Elderly

EXISTING SOLUTIONS



Apps on smartphone, laptop and tablet

Keeping up with new devices is hard for old people: touch screens and menus are regarded as **too complicated**.



Speech and gesture recognition

Possibility of the Smart Home to interpret words as commands **that are not meant as such**, and misunderstandings and confirmations by the system add a **delay** to the desired outcome.



Smart objects

Smart Home Controls designed and built for elderly **based on their special requirements**.

INTANGIBLE DESIGN

VS.

TANGIBLE DESIGN

Multiple obstacles, like the increasing **impairment of visual or motor functions**.

Interface items on desktop and mobile apps tend to grow **smaller** as their complexity increases, which further hinders adoption by the elderly.

Using tangible user interfaces introduces a **haptic element** to a user interface.

Elderly have been shown to accept and adopt tangible user interfaces more readily due a **high perceived ease of use and learning**.

FUNCTIONALITY SELECTION



ROTATING

Changing a setting that has several possible values on a discrete or continuous scale, like the volume of a radio, is done via a rotation-based input.



PRESSING

Toggling the power for any kind of device, like lights or TV, is normally done via a switch-off button.

"THE CUBE"



Each of the six sides represents one device



After choosing a device, the user can issue a command by either rotating the topmost ring or by pressing down on the middle part

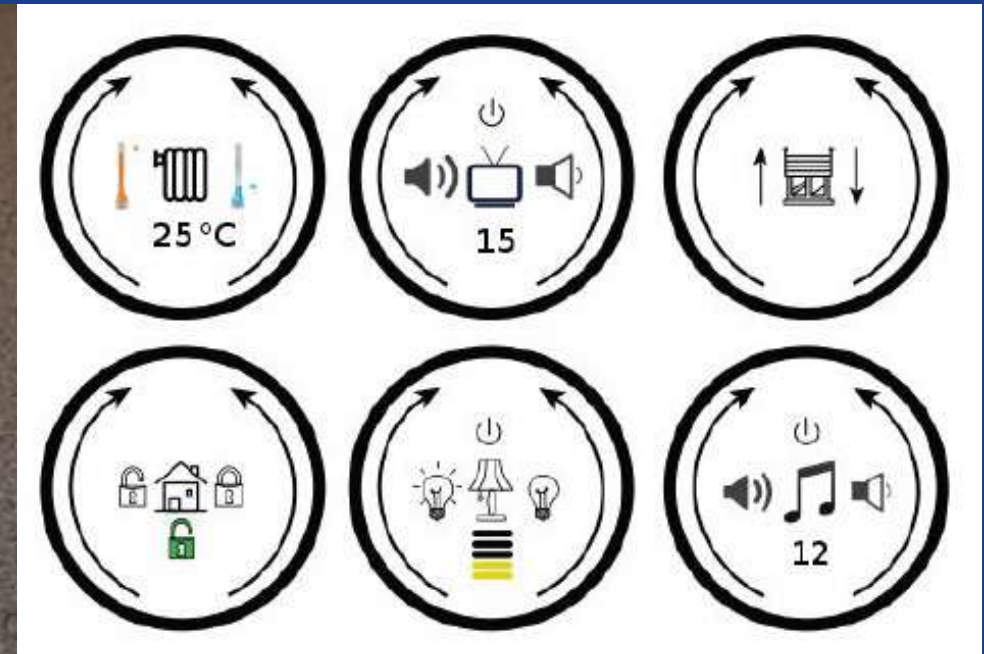


Feedback is handled via vibration and changes on the display

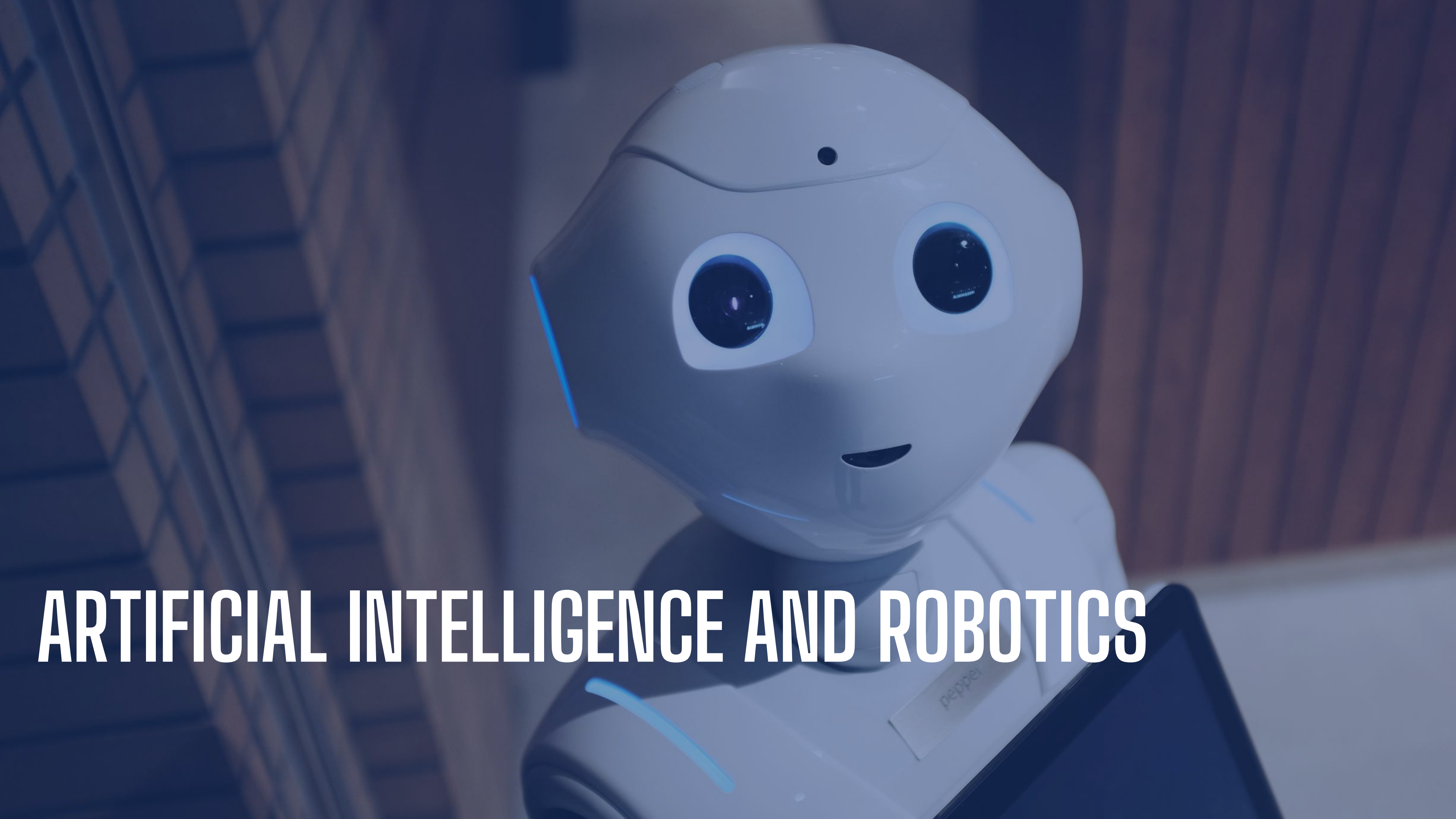
Labels that were glued on the sides of the cube mock-up



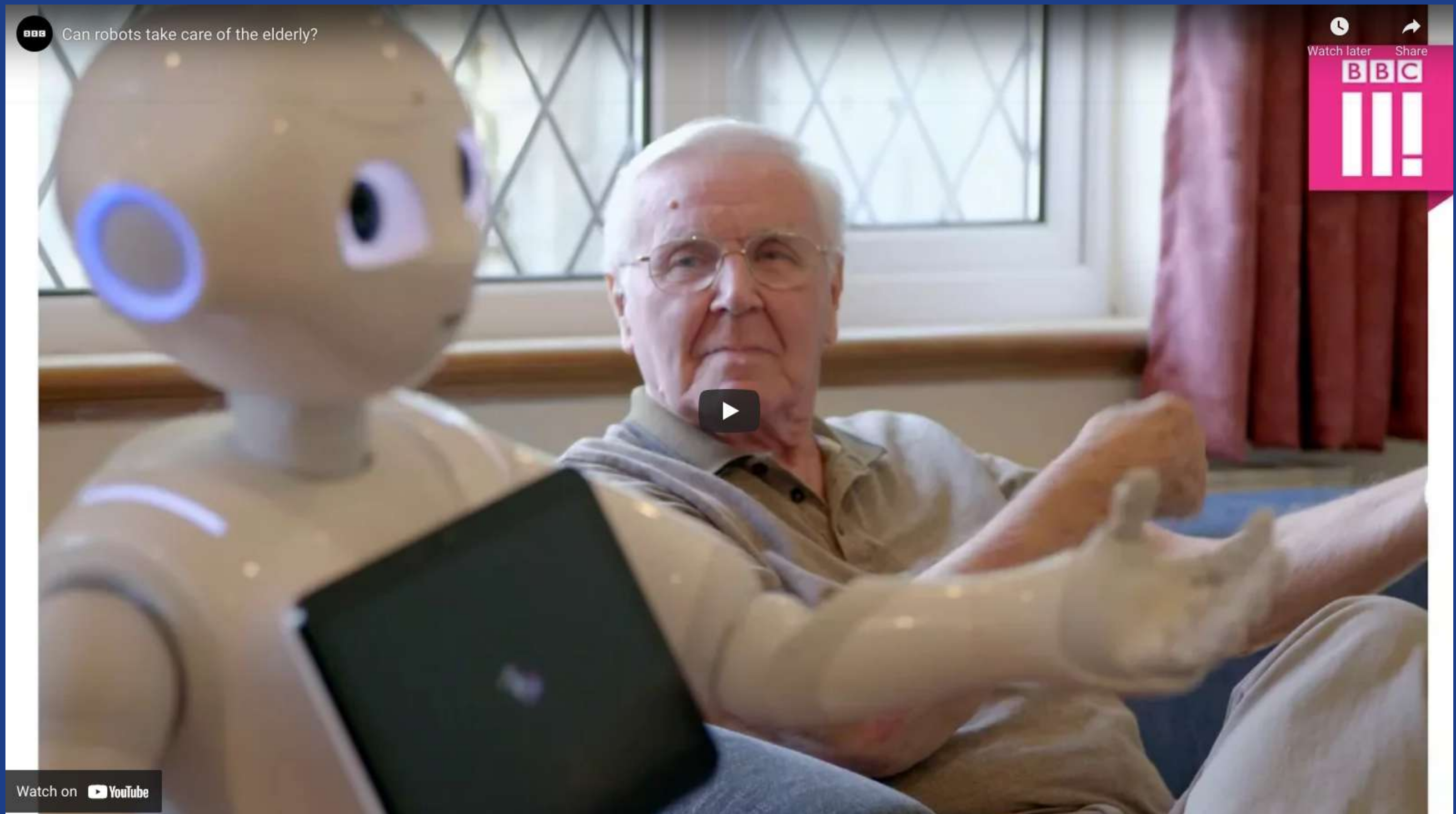
Final prototype with rotating rings, a small screen on one side and a USB connection on the bottom



Non-functional mock-up of cube remote control concept



ARTIFICIAL INTELLIGENCE AND ROBOTICS



Source: BBC

<https://youtu.be/XuwP5iOB-gs>

CAN ROBOTS TAKE CARE OF THE
ELDERLY? AND CAN IA TECHNOLOGIES
BE INTEGRATED IN A MORE **COMPLEX**
UBIQUITOUS SYSTEM?

THE ROBOCARE PROJECT

An Italian research project aimed at developing and studying the applicability of AI techniques for the care of the elderly.



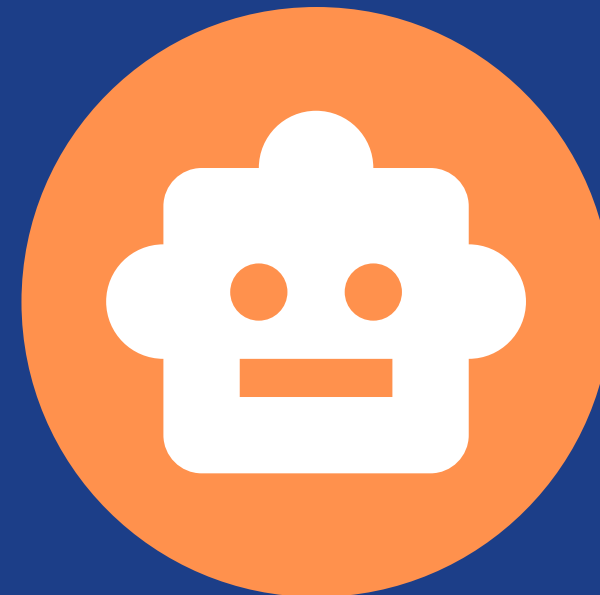


The development of the enabling **domotic components** for deployment in the target scenarios

MAIN POINTS

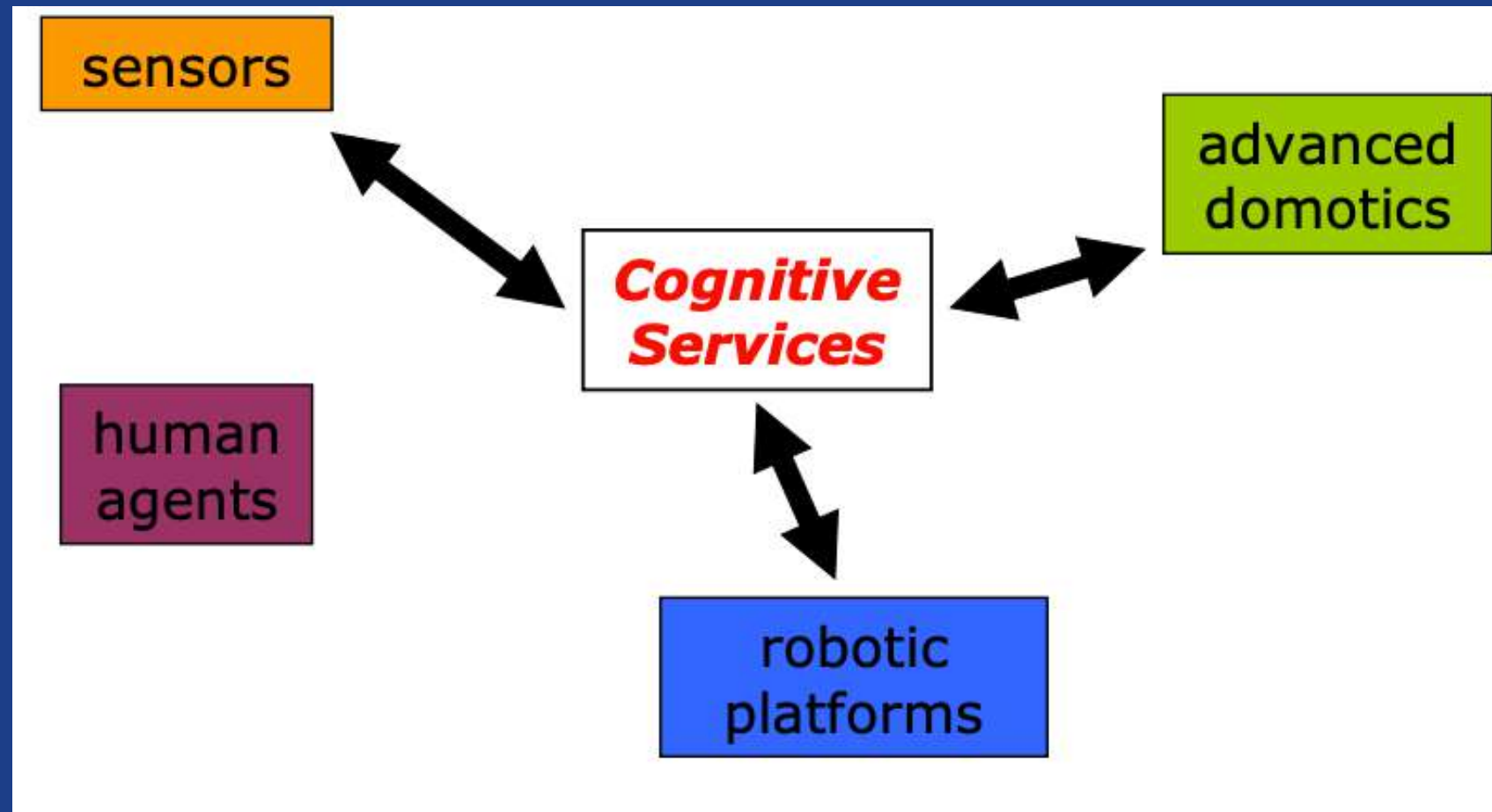


Development of **distributed systems** which **software** and **robotic agents** contribute to the common goal of generating active services in environments in which humans may need assistance and guidance.



Integration of robotic, **sensory** and automated reasoning components into the domestic and scenario.

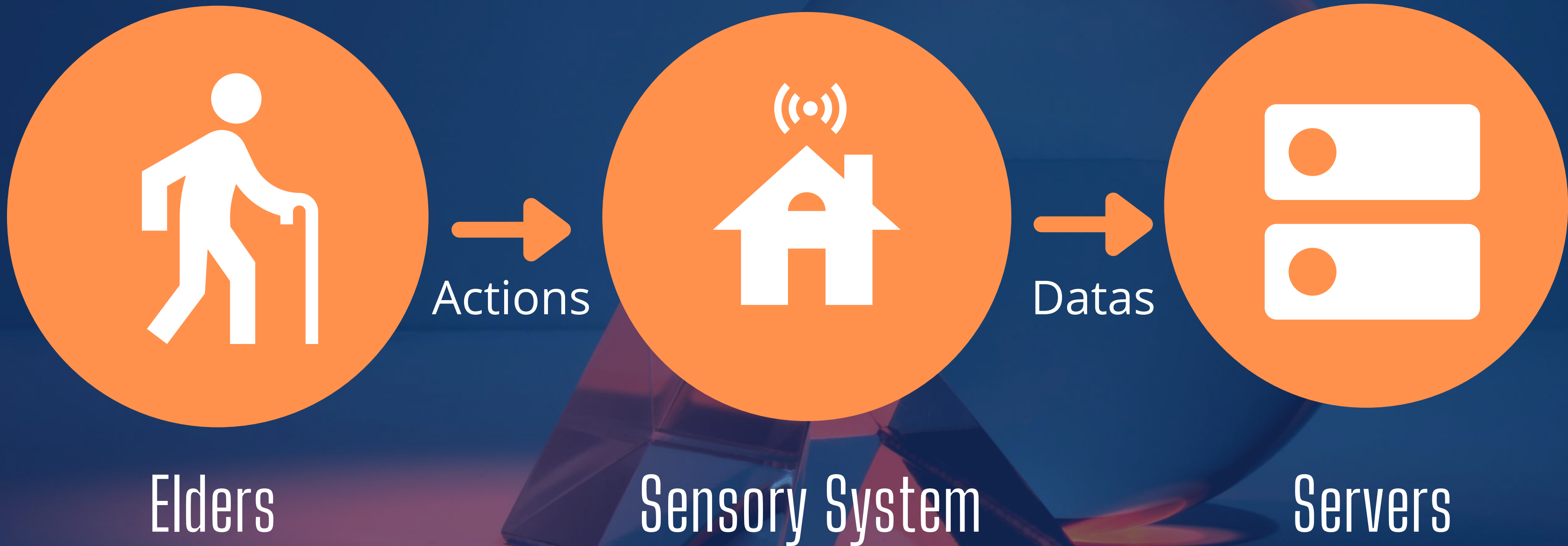
Active Supervision Framework



Some of the robotic platforms employed in the RoboCare Project



A SUMMARY





Datas



Automation



"In the domestic environment, we envisage a proactive support for the elderly person, thanks to which he or she can count on a **set of tools** (robotic assistants, intelligent sensors and so on) which provide a **cognitive (as well as physical) support**. These supporting functionalities range from "intelligent" reminding to automation of routine tasks."

Source: "The RoboCare Project
Cognitive Systems for the Care of the Elderly"

ACCENTURE ELDER CARE PILOT





Accenture Uses Artificial Intelligence to Help the Elderly Better Navigate ...



Share



to get closer to our loved ones

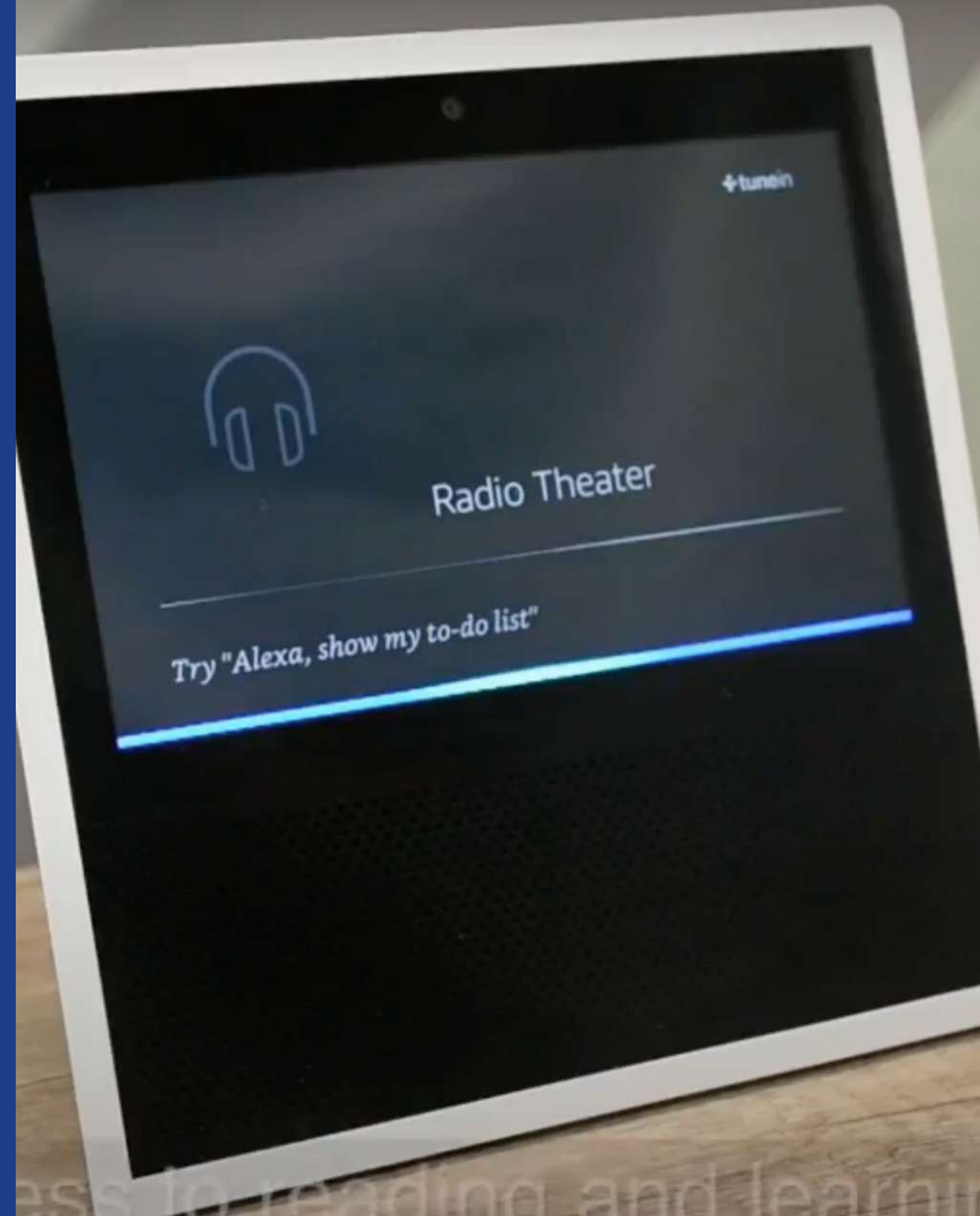
Watch on  YouTube

Source: Youtube

<https://youtu.be/eFaKCKz6Yzg>

"Accenture has completed a pilot program that uses artificial intelligence (AI) and the ease of voice to help older people manage the daunting challenges of navigating their care delivery and well-being. The Accenture Liquid Studio in London developed an AI-powered platform (the Accenture Platform) that can learn user behaviors and preferences and suggest activities to support the overall physical and mental health of individuals ages 70 and older."

Source:www.businesswire.com



CLOUD TECHNOLOGY



Source:

[https://commons.wikimedia.org/wiki/File:Accenture
.svg](https://commons.wikimedia.org/wiki/File:Accenture.svg)



Source:

[https://commons.wikimedia.org/wiki/File:Amazon_Web_Services
_Logo.svg](https://commons.wikimedia.org/wiki/File:Amazon_Web_Services_Logo.svg)



Homecare Application



Detect Anomalies



Cognitive Empowerment



Tasks Automation



FUTURE PERSPECTIVES

WHAT OLDER PEOPLE WANT



**SOCIAL IMAGE
AND
AUTONOMY**



**PRIVACY
AND
TRUST**

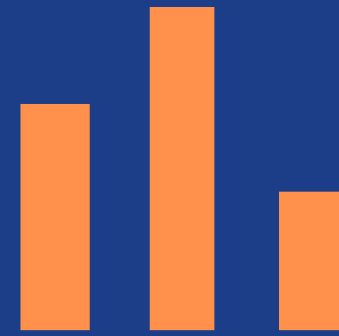


**CUSTOMIZATION
AND
AFFORDABILITY**

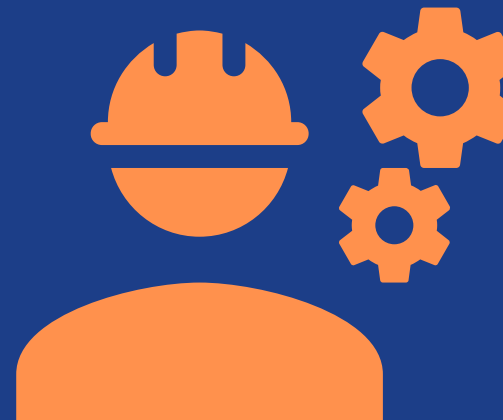


**SOCIAL
INTERACTIONS**

THE FUTURE IS WEARABLE AND CONTEXT AWARE



Systems that perform data transmission or processing without human intervention.



Components with 'intelligence' in the sense of context awareness or decision support properties.



Wearable, portable, or implantable devices,
Mobile or stationary devices, such as sensors, actuators or other.



SMARTHOMES AS
PART OF THE HEALTH
CARE NETWORK

Teleconsultations,
virtual and home visits by
professionals

Hospital-based management **only for**
acute illness or investigations
which **cannot be undertaken at home.**

Devices providing **support** for
making **decisions** and
diagnoses

HOME IS WHERE THE SMART IS.

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