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|  | UNIVERSITA' DEGLI STUDI DI MILANO-BICOCCA | SCHOOL OF MEDICINE AND SURGERY  MASTER DEGREE IN MEDICINE AND SURGERY A.A. 2019/2020  Case Based Learning and General Clinical Practice |

**GROUP EXERCISE 1**

**20 min**

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Read attentively the script of “I’m worried about lymphoma”

Identify the elements of the consultation painting grey (opening and closing phases), red (subjectivity element), green (examination element), yellow (evaluation element), orange (design element), blu (shared choice element) the interventions of the doctor

**I’m worried about lymphoma**

P: Good afternoon doc!

D: Good afternoon…. Sit down please… Tell me!

P: I am Ortolani… You don’t know me… My wife called you in the morning because I have a sore throat …

D: Yes, I remember! Tell me what is going on!

P: I have a sore throat, I have several nodes here in the neck… I have a pain swallowing, I’m not even able to swallow my saliva!

D: Any temperature?

P: Yes, I have, I had 39° degrees, and with Paracetamol it decreased, but during the night it went up again…. I am worried about my health in this period!

D: you said in this period, so I guess there is something wrong….

P: Yes, it has been for several weeks…

D: Ok, let’s have a look at your throat, because this is the first problem!

THE DOCTOR VISITS

D: The throat is red and there are white spots (white plaque)!

P: What is the meaning of plaques?

D: Plaques tell us that it is likely ~~a~~ bacterial tonsillitis!

P: …and nodes?

D: tonsillitis is rather frequent in this season… I ‘ll take a look at the nodes…

P: I have everything here…

D: .I would not be worried, these are lymph nodes reacting to infection and grown up. To have several larger lymph nodes, fever and plaques tell us that you have ~~a~~ tonsillitis.

P: I’m worried!

D: you are worried… but why?

P: I’m tired, I made lab test because I am a blood donor, it was ok, but… I’m worried!

D: …worried

P: …tired…I am worried to have a lymphoma. Is it true that the first symptoms are infections and larger lymph nodes?

D: …yes, but now, visiting you, the clinical general situation leads me to think of tonsillitis!

P: …and the tiredness?

D: Tiredness could be also another problem, we can discuss about it, but let’s try to solve a problem at a time: first we are going to treat this pharyngitis that will recover completely in one week with the antibiotic, then we will try to solve the other problems!

P: I trust you, you are the doc!

D: I see that in the past you took Zimox! Did you have problems?

P: No I did not have problems!

D: Ok, you can take it: you must take a pill three times a day for a week!

P: And what can I eat and drink?

D: Eat what you prefer, cold meals help you… For pain and temperature you can take paracetamol! However, we can keep in touch and we ‘ll have to re-evaluate the situation in a few days…

P: Yes, I‘d prefer…

D: What about your tiredness?

HERE THE DOCTOR MANAGES WITH THE SECOND PROBLEM: TIREDNESS…