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|  | UNIVERSITA' DEGLI STUDI DI MILANO-BICOCCA | SCHOOL OF MEDICINE AND SURGERY  MASTER DEGREE IN MEDICINE AND SURGERY A.A. 2019/2020  Case Based Learning and General Clinical Practice |

**GROUP EXERCISE 2**

**20 min**

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Read attentively the script of “I’m worried about lymphoma”

What would you do if you were the doc?

To prescribe or not to prescribe antibiotic? And why?

**I’m worried about lymphoma**

P: Good afternoon doc!

D: Good afternoon…. Sit down please… Tell me!

P: I am Ortolani… You don’t know me… My wife called you in the morning because I have a sore throat …

D: Yes, I remember! Tell me what is going on!

P: I have a sore throat, I have several nodes here in the neck… I have a pain swallowing, I’m not even able to swallow my saliva!

D: Any temperature?

P: Yes, I have, I had 39° degrees, and with Paracetamol it decreased, but during the night it went up again…. I am worried about my health in this period!

D: you said in this period, so I guess there is something wrong….

P: Yes, it has been for several weeks…

D: Ok, let’s have a look at your throat, because this is the first problem!

THE DOCTOR VISITS

D: The throat is red and there are white spots (white plaque)!

P: What is the meaning of plaques?

D: Plaques tell us that it is likely ~~a~~ bacterial tonsillitis!

P: …and nodes?

D: tonsillitis is rather frequent in this season… I ‘ll take a look at the nodes…

P: I have everything here…

D: .I would not be worried, these are lymph nodes reacting to infection and grown up. To have several larger lymph nodes, fever and plaques tell us that you have ~~a~~ tonsillitis.

P: I’m worried!

D: you are worried… but why?

P: I’m tired, I made lab test because I am a blood donor, it was ok, but… I’m worried!

D: …worried

P: …tired…I am worried to have a lymphoma. Is it true that the first symptoms are infections and larger lymph nodes?

D: …yes, but now, visiting you, the clinical general situation leads me to think of tonsillitis!

P: …and the tiredness?

D: Tiredness could be also another problem, we can discuss about it, but let’s try to solve a problem at a time: first we are going to treat this pharyngitis that will recover completely in one week with the antibiotic, then we will try to solve the other problems!

P: I trust you, you are the doc!

D: I see that in the past you took Zimox! Did you have problems?

P: No I did not have problems!

D: Ok, you can take it: you must take a pill three times a day for a week!

P: And what can I eat and drink?

D: Eat what you prefer, cold meals help you… For pain and temperature you can take paracetamol! However, we can keep in touch and we ‘ll have to re-evaluate the situation in a few days…

P: Yes, I‘d prefer…

D: What about your tiredness?

HERE THE DOCTOR MANAGES WITH THE SECOND PROBLEM: TIREDNESS…