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|  | UNIVERSITA' DEGLI STUDI DI MILANO-BICOCCA | SCHOOL OF MEDICINE AND SURGERY  MASTER DEGREE IN MEDICINE AND SURGERY A.A. 2021/2022  Case Based Learning and General Clinical Practice |

**UNIT 5- GROUP EXERCISE 2**

**ITALO**

**30 min**

**Part 1.**

One day, I went to Italo's home to visit him.

Italo is an 83 year old patient with several chronic diseases.

Staring at me, he says: “I have shortness of breath and this shortness of breath is becoming more and more disturbing. I have plenty of mucus and it affects my breathing. This mucus used to be white, but now it is yellow or green… The medical therapy is not useful and my symptoms are worsening. The symptoms are worsening even though I am taking my medication. Five days ago, you doctor, gave me 5 pills of Furosemide instead of 3, and I feel very tired. If possible, I want to stop taking this drug because I think that it makes me tired. Also my sons never visit me anymore, and I am taking too many drugs, I can't live this way anymore… It's better to just die! I have pain at the back of my chest near my shoulder, sometimes it feels like I am being pierced with a knife in my chest and other times it feels like a stinging pain… I tried to take Paracetamol with Codeine but it was not effective. The pain remained the same. I would like something stronger but I would prefer it not to be a NSAID (Non Steroidal Anti-inflammatory drug) because I have problems with my stomach! I have a distended abdomen and I have been constipated for 3 days. In addition, I got a fever 2 days ago...”

He stopped and glanced at me to see my reaction.

*What do you say?*

**Part 2**

I examin the patient.

He had a dibetic ulcer on his left foot.

Auscultation of the thorax was not normal but there were no new findings compared to the last thorax auscultation.

26 breaths per minute

Oxygen saturation was 88-90%

Pulse was 90 beats per minute

Systolic pressure was 105 while the diastolic pressure was 60

Temperature was 37.7 degree Celsius

His legs were oedematous

*List the problems of Italo, prioritize them and your list your action for each problem*

1……………………………………………………………………………..Action: ………………………………………………………..

2……………………………………………………………………………..Action: ………………………………………………………..

3……………………………………………………………………………..Action: ………………………………………………………..

4……………………………………………………………………………..Action: ………………………………………………………..

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*What is your overall evaluation?*

*What would you tell the patient?*