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|  | UNIVERSITA' DEGLI STUDI DI MILANO-BICOCCA  | SCHOOL OF MEDICINE AND SURGERY MASTER DEGREE IN MEDICINE AND SURGERY A.A. 2021/2022Case Based Learning and General Clinical Practice |

**UNIT 5- GROUP EXERCISE 3**

 **Father Smith**

**30 min**

*Father Smith (68 years old male patient), a retired priest who has recently gone to live in a nursing home, has to come for a follow up visit after abdominal surgery*

***Mandate***

Read the two consultations, performed in different styles, and map them (Subjectivity, examination, evaluation, design, shared choice)

What stood out to you while reading?

Which are the differences?

Which is the best consultation and why?

***Consultation style 1***

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|  |  | NOTES |
| D1 | Hello father Smith how are you doing? |  |
| P | Fine except for some headaches  |  |
| D2 | How is your tummy?  |  |
| P | Fine  |  |
| D3 | Are your bowels working? |  |
| P |  Yes |  |
| D4 |  Every day ? |  |
| P | Yes  |  |
| D5 | Any Constipation or diarrhoea?  |  |
| P | No  |  |
| D6 | How is your appetite?  |  |
| P | Not very good yet  |  |
| D7 | Do you think that is?  |  |
| P | It's probably the move to the home  |  |
| D8 | Any pain or discomfort at the operation site?  |  |
| P | Not really  |  |
|  | *The doctor now examines the patient’s abdomen*  |  |
| D9 | I think that is a very satisfactory result your bowel function has returned to normal and your weight is constant I would expect your appetite to improve gradually. Any other problems ? |  |
| P | I'm getting these headaches  |  |
| D10 | Can you tell me about them?  |  |
| P | I've been getting them about twice a week at the back of my head and they bother me so I can't do anything and have to lie down  |  |
| D11 | How long do they last?  |  |
| P | About four hoursp  |  |
| D12 | How would you describe the pain?  |  |
| P | It's a throbbing  |  |
| D13 | Do you have any disturbance over vision such as blurring before or during the headaches should?  |  |
| P | No  |  |
| D14 | Any noise or vomiting with the headaches?  |  |
| P | No  |  |
| D15 | How long have you been getting them ? |  |
| P | Ever since I moved into the home  |  |
| D16 | Have you suffered from similar headaches in the past ? |  |
| P | Yes many years ago I remember having similar headaches  |  |
| D17 | Ah yeah miss you are these are what is known as tension headaches they tend to occur at times of stress and may be related to all the recent changes in your life your retirement your surgery and your move into the home your blood pressure and recent blood work are quite normal and I can reassure you that they are not anything serious lying down and taking a simple pain reliever such as aspirin is the best way of dealing with them  |  |
| P | Thank you very much  |  |
| D18 | Come back if they don't settle down in a month or so!  |  |

***Consultation style 2***

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|  |  | NOTES |
| D1 | Hello father Smith. How are you doing?  |  |
| P | Fine, except for some headaches  |  |
| D2 | What about your headaches?  |  |
| P | I've been getting them about twice a week at the back of my head and they bother me, so I can't do anything and have to lie down  |  |
| D3 | You can't do anything? What's that like for you?  |  |
| P | It's frustrating. They are interfering with the writing I'm trying to do, and nobody seems to understand  |  |
| D4 | Understand ? |  |
| P | The other priests are so much older than me. All they can talk about is their aches and pains. I'm ashamed to say they make me sick.  |  |
| D5 | Why ashamed?  |  |
| P | Well, I shouldn't talk that way. They mean no harm. They just don't understand that I wish to write  |  |
| D6 | It must be frustrating  |  |
| P | Yes, it is, and my headaches make it worse  |  |
| D7 | How long have you been getting them?  |  |
| P | Ever since I moved into the home  |  |
| D8 | Why do you think that is ? |  |
| P | I don't know. I haven't really thought about it. Could there be a connexion?  |  |
| D9 | I think there could they sound like typical tension headaches  |  |
| P | The whole situation at the home does trouble me  |  |
| D10 | Would you like to talk more about it ? |  |
| P | No. not now, but perhaps later  |  |
| D11 | Alright let me ask you a few more questions about the headaches. Have you ever had them before?  |  |
| P | Yes many years ago |  |
| D12 | Do you remember the circumstances? Can you tell me about those?  |  |
| P | I can't remember, it was so long ago  |  |
| D13 | Do you get any disturbance of vision before or during the headaches?  |  |
| P | No  |  |
| D14 | Any nausea or vomiting with the headaches?  |  |
| P | No  |  |
| D15 | How long do they last?  |  |
| P | About four hours  |  |
| D16 | Have you found anything that relieves them?  |  |
| P | They do go if I lie down  |  |
| D17 | Everything points to tension headaches. Were you concerned that they might be anything serious?  |  |
| P | Well, one does wonder, especially after the scare with my bowel. But you have reassured me. I feel better about them now  |  |
| D18 | How are things with your tummy?  |  |
| P | Fine  |  |
| D19 | Are your bowels working? |  |
| P |  Yes |  |
| D20 |  Everyday ? |  |
| P | Yes  |  |
| D21 | Any constipation or diarrhoea?  |  |
| P | No  |  |
| D22 | How is your appetite?  |  |
| P | Not very good yet  |  |
| D23 | Why do you think that is?  |  |
| P | It's probably the move to the home  |  |
| D24 | Any pain or discomfort at the operation site?  |  |
| P | Not really  |  |
| D25 | That doesn't sound too convincing  |  |
| P | Well, I do have a numb feeling around the scar  |  |
|  | *The doctor now examines the patient’s abdomen* |  |
| D26 | I think that it is very satisfactory: your scar is well heeled. The numbness is caused by little nerves supplying the skin being cut during the operation. Nothing serious. Your bowel function has returned to normal. Any questions?  |  |
| P | No doctor. I'm really pleased with the result  |  |
| D27 | Do feel free to come back if you are still troubled about those headaches or about those feelings  |  |