

SHARED DECISION MAKING in CV risk

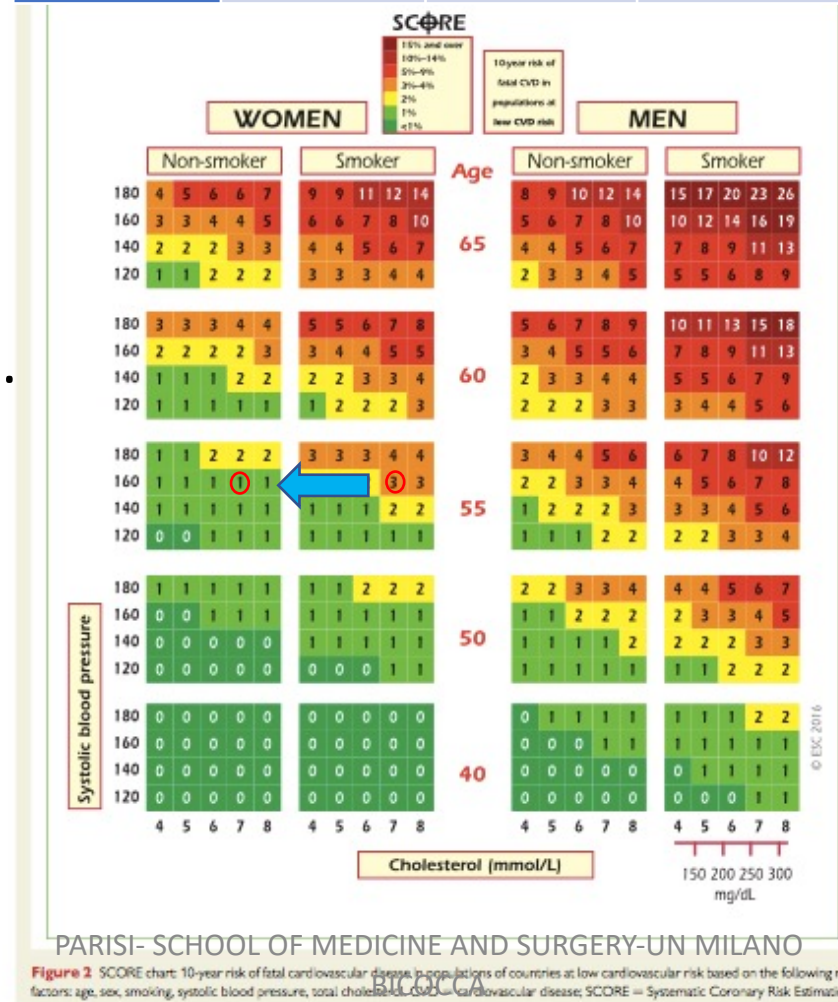
Giuseppe Parisi

Mrs. Cheesy

58 y.o.

Patient name	BP	Cholesterol	smoker	Sex	Risk	
Cheesy	150	250	Yes	Female	3 moderate	++10 aa

If Mrs Cheesy stops smoking...



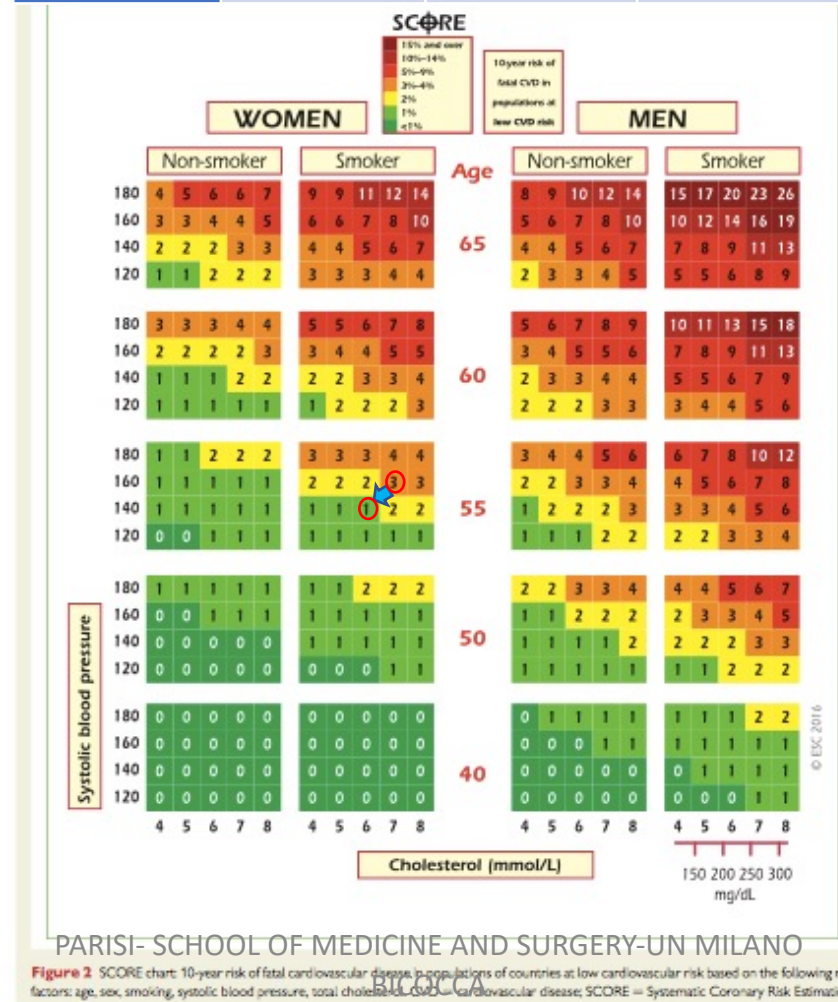
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Mrs. Cheesy

58 y.o.

Patient name	BP	Cholesterol	smoker	Sex	Risk	
Cheesy	150	250	Yes	Female	3 moderate	++10 aa

If Mrs Cheesy changes Treatment and makes Diet....



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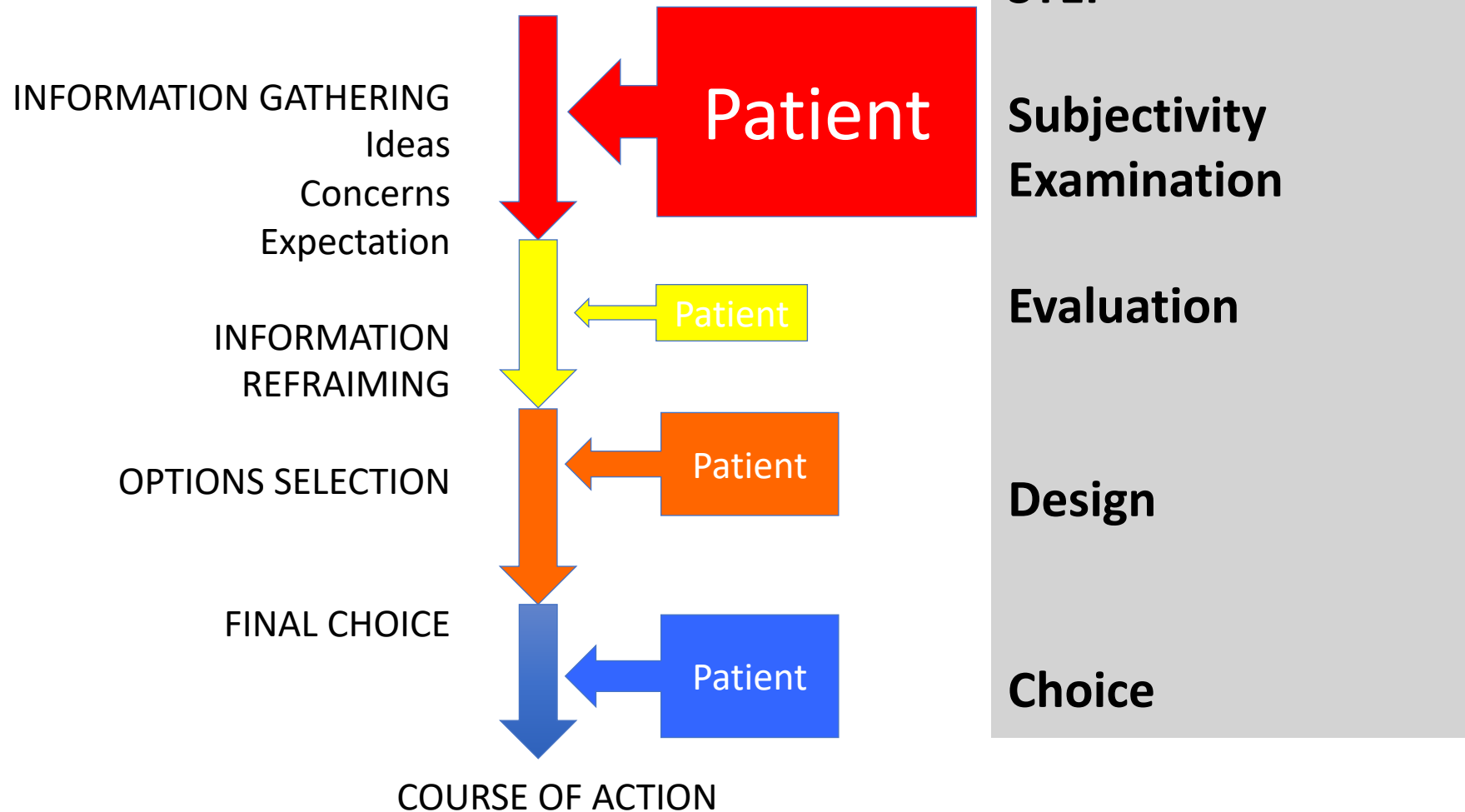
Two options! How to decide?

Two options!
How to
decide?

WITH THE
PATIENT!

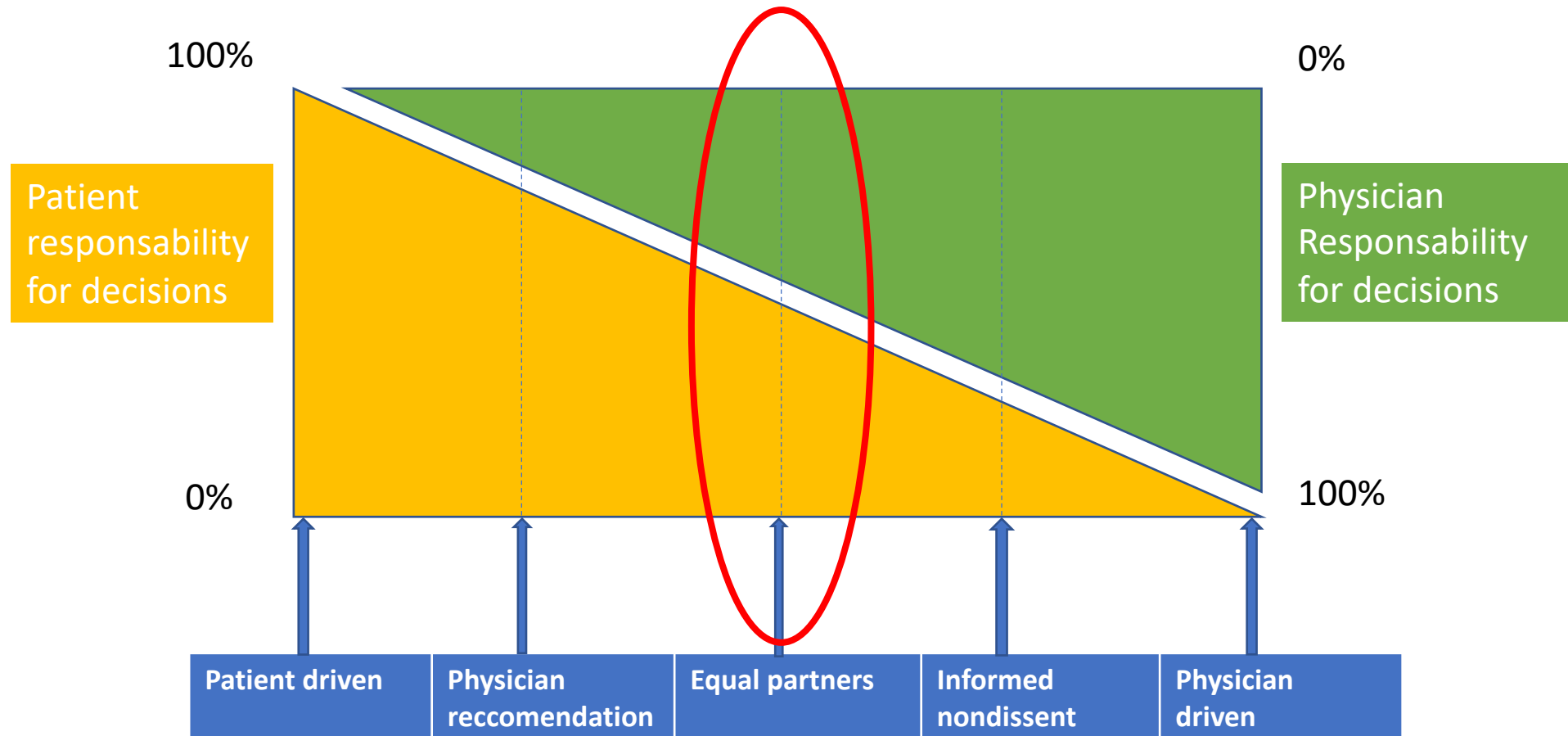


SDM: a process **with** the patient



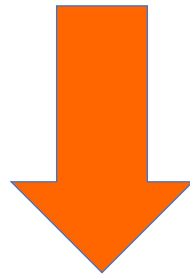
The shared decision-making continuum

da: Kon AA. The shared decision-making continuum. *JAMA - J Am Med Assoc.* 2010;304(8). doi:10.1001/jama.2010.1208.
(modificato)



Professional tasks in SDM

- Inform
- Obtain consent
- Involve the patient



- During the conversation with the patient
- In interaction with the patient, i. e. listening to his/her feedback



“GINGER E FRED” - PRAGA

Information

YES!

- Context dependent
- Personalized
- Honest
- Clear
- Understandable

NO!

- Too much
- Unrequested information
- Technical words

Consent

“An intervention in the health field may only be carried out after free and informed consent to it..”

Oviedo 1997



Italian law 2001+ Law Gelli 2017



Convention for the Protection of Human Rights and Dignity of the Human Being with regard to the Application of Biology and Medicine: Convention on Human Rights and Biomedicine

Oviedo, 4.IV.1997

The Treaty of Lisbon amending the Treaty on European Union and the Treaty establishing the European Community entered into force on 1 December 2009. As a consequence, as from that date, any reference to the European Community shall be read as the European Union.

Involvement/engagement

1. Inform the patient in order to involve him/her
2. If the patient participates share the decision
3. Communicate options
4. Discuss pros and cons
5. Check understanding and clarify
6. The decision is taken by the doctor or the patient or both

*Integrated model of SDM
(Makoul 2006)*

Take-home messages

SDM

- I Ideas
 - C Concerns
 - E Expectation
- I Information
 - C Consensus
 - E Engagement